

Individual Top Times

Garioch Amateur Swimming Club [NGHX]

Show Long Course Only

Time	P/F/S	Event		
Orla Adams (17) F				
29.09 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet
1:02.07 L	F	100 Free	08/04/2010	SNAGS 2010
2:10.45 L	F	200 Free	05/11/2011	Firecracker Open 2011
4:31.65 L	F	400 Free	14/01/2012	2012 West District Grand Prix
9:32.85 L	F	800 Free	08/04/2010	SNAGS 2010
33.14 L	F	50 Back	05/11/2011	Firecracker Open 2011
1:07.53 L S	S	100 Back	22/06/2010	Scottish Gas National LC Open 2010
2:20.43 L	F	200 Back	07/04/2011	Scottish National Age Group
34.89 L S	F	50 Breast	08/04/2009	Scottish National Age Group
1:15.04 L	P	100 Breast	27/07/2011	ASA Nationals 2011
2:42.08 L	P	200 Breast	16/03/2009	British Championships 2009
31.17 L S	F	50 Fly	05/11/2011	Firecracker Open 2011
1:08.77 L S	F	100 Fly	30/06/2011	Scottish Gas National Open Champs
2:45.89 L	F	200 Fly	30/10/2010	Carnegie LC Open Winter Meet
2:22.99 L	P	200 IM	27/07/2011	ASA Nationals 2011
5:00.79 L	F	400 IM	30/06/2011	Scottish Gas National Open Champs
Ruth Bryce (15) F				
32.99 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet
1:10.31 L	P	100 Free	12/02/2011	Edinburgh Int Age Grp Champs
2:27.66 L	F	200 Free	12/02/2011	Edinburgh Int Age Grp Champs
5:50.12 L	F	400 Free	31/07/2010	Robert & Ruth LC PBs
36.55 L S	P	50 Back	12/02/2011	Edinburgh Int Age Grp Champs
1:14.03 L	P	100 Back	12/02/2011	Edinburgh Int Age Grp Champs
2:36.16 L	P	200 Back	30/06/2011	Scottish Gas National Open Champs
43.20 L S	P	50 Breast	12/02/2011	Edinburgh Int Age Grp Champs
1:31.02 L	P	100 Breast	12/02/2011	Edinburgh Int Age Grp Champs
37.55 L S	P	50 Fly	12/02/2011	Edinburgh Int Age Grp Champs
1:22.34 L	P	100 Fly	12/02/2011	Edinburgh Int Age Grp Champs
2:50.24 L	F	200 IM	12/02/2011	Edinburgh Int Age Grp Champs
6:30.00 L	F	400 IM	23/10/2010	LC Time Trials
Molly Carlier (15) F				
36.30 L S	F	50 Free	01/05/2010	COGST Open Age Group
1:15.86 L	F	100 Free	01/05/2010	COGST Open Age Group
2:43.57 L	F	200 Free	01/05/2010	COGST Open Age Group
5:43.25 L S	F	400 Free	01/05/2010	COGST Open Age Group
11:43.88 L	F	800 Free	01/05/2010	COGST Open Age Group
42.87 L S	F	50 Back	01/05/2010	COGST Open Age Group
1:27.61 L S	F	100 Back	01/05/2010	COGST Open Age Group
3:04.96 L	F	200 Back	01/05/2010	COGST Open Age Group
53.32 L S	F	50 Breast	01/05/2010	COGST Open Age Group
1:52.90 L	F	100 Breast	01/05/2010	COGST Open Age Group
3:56.36 L	F	200 Breast	01/05/2010	COGST Open Age Group
44.33 L S	F	50 Fly	01/05/2010	COGST Open Age Group
1:36.84 L	F	100 Fly	01/05/2010	COGST Open Age Group
3:15.44 L	F	200 IM	01/05/2010	COGST Open Age Group
6:48.27 L	F	400 IM	01/05/2010	COGST Open Age Group
Shannon Crawford (12) F				
35.64 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet
1:16.43 L	P	100 Free	12/02/2011	Edinburgh Int Age Grp Champs
2:50.66 L	F	200 Free	30/10/2010	Carnegie LC Open Winter Meet
40.50 L S	P	50 Back	07/04/2011	Scottish National Age Group
1:14.53 L	F	100 Back	14/01/2012	2012 West District Grand Prix
2:37.24 L S	F	200 Back	14/01/2012	2012 West District Grand Prix
52.19 L	F	50 Breast	23/10/2010	LC Time Trials
43.20 L S	P	50 Fly	12/02/2011	Edinburgh Int Age Grp Champs
1:20.01 L	F	100 Fly	14/01/2012	2012 West District Grand Prix
3:32.90 L	F	200 Fly	30/10/2010	Carnegie LC Open Winter Meet
3:10.66 L	F	200 IM	30/10/2010	Carnegie LC Open Winter Meet
7:57.60 L	F	400 IM	23/10/2010	LC Time Trials
Clara Douglas (16) F				
34.20 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet
45.37 L S	P	50 Breast	30/10/2010	Carnegie LC Open Winter Meet

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Clara Douglas (16) F					
1:36.94 L	P	100 Breast	30/10/2010	Carnegie LC Open Winter Meet	
3:34.10 L	F	200 Breast	13/02/2009	Edinburgh Int Age Group -L1	
Chloe Grant (11) F					
38.01 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:24.51 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
3:29.65 L	F	200 Free	01/05/2010	COGST Open Age Group	
43.88 L	F	50 Back	22/10/2011	Time Trials	
1:35.13 L	F	100 Back	03/09/2011	Time Trial	
56.31 L	F	50 Breast	22/10/2011	Time Trials	
2:00.82 L	F	100 Breast	01/05/2010	COGST Open Age Group	
4:30.71 L	F	200 Breast	01/05/2010	COGST Open Age Group	
45.78 L	F	50 Fly	22/10/2011	Time Trials	
1:41.84 L	P	100 Fly	30/10/2010	Carnegie LC Open Winter Meet	
5:12.70 L	F	200 IM	23/10/2010	LC Time Trials	
Jemma Grant (14) F					
31.02 L	F	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:05.28 L	F	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
2:18.37 L	F	200 Free	07/04/2011	Scottish National Age Group	
4:48.48 L	F	400 Free	07/04/2011	Scottish National Age Group	
10:02.12 L	F	800 Free	07/04/2011	Scottish National Age Group	
19:40.25 L	F	1500 Free	01/05/2010	COGST Open Age Group	
36.28 L S	P	50 Back	12/02/2011	Edinburgh Int Age Grp Champs	
1:14.21 L	P	100 Back	12/02/2011	Edinburgh Int Age Grp Champs	
2:37.92 L	F	200 Back	12/02/2011	Edinburgh Int Age Grp Champs	
41.55 L S	P	50 Breast	12/02/2011	Edinburgh Int Age Grp Champs	
1:28.84 L	P	100 Breast	12/02/2011	Edinburgh Int Age Grp Champs	
3:07.62 L	F	200 Breast	12/02/2011	Edinburgh Int Age Grp Champs	
32.68 L S	F	50 Fly	07/04/2011	Scottish National Age Group	
1:10.64 L S	F	100 Fly	07/04/2011	Scottish National Age Group	
2:33.31 L	F	200 Fly	07/04/2011	Scottish National Age Group	
2:32.59 L	F	200 IM	07/04/2011	Scottish National Age Group	
5:26.43 L	F	400 IM	07/04/2011	Scottish National Age Group	
Christy Johnston (12) F					
34.51 L	F	50 Free	22/10/2011	Time Trials	
1:19.85 L	F	100 Free	03/09/2011	Time Trial	
44.41 L	F	50 Back	22/10/2011	Time Trials	
47.46 L	F	50 Breast	22/10/2011	Time Trials	
1:45.67 L	F	100 Breast	03/09/2011	Time Trial	
44.93 L	F	50 Fly	22/10/2011	Time Trials	
Hazel Johnston (14) F					
33.78 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:16.21 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
2:52.75 L	F	200 Free	01/05/2010	COGST Open Age Group	
6:09.54 L S	F	400 Free	01/05/2010	COGST Open Age Group	
43.95 L S	P	50 Back	13/02/2010	Edinburgh International	
1:30.80 L	P	100 Back	13/02/2010	Edinburgh International	
3:11.54 L	F	200 Back	01/05/2010	COGST Open Age Group	
49.66 L S	P	50 Breast	13/02/2010	Edinburgh International	
1:43.68 L	F	100 Breast	01/05/2010	COGST Open Age Group	
3:46.52 L	F	200 Breast	01/05/2010	COGST Open Age Group	
44.84 L S	P	50 Fly	30/10/2010	Carnegie LC Open Winter Meet	
1:34.56 L	F	100 Fly	03/09/2011	Time Trial	
3:56.33 L S	F	200 Fly	01/05/2010	COGST Open Age Group	
3:20.15 L	F	200 IM	01/05/2010	COGST Open Age Group	
7:21.00 L	F	400 IM	23/10/2010	LC Time Trials	
Emily Jones (16) F					
27.65 L	F	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
58.14 L	F	100 Free	07/04/2011	Scottish National Age Group	
2:03.97 L	F	200 Free	30/06/2011	Scottish Gas National Open Champs	
4:26.22 L	F	400 Free	22/07/2009	British Gas ASA Nationals	
9:18.14 L	F	800 Free	08/04/2010	SNAGS 2010	
17:42.93 L	F	1500 Free	25/06/2009	Scottish Gas National Open Swimming Champs	
34.28 L S	P	50 Back	13/02/2010	Edinburgh International	

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Emily Jones (16) F					
1:10.64 L	P	100 Back	13/02/2010	Edinburgh International	
2:26.61 L	F	200 Back	12/02/2011	Edinburgh Int Age Grp Champs	
33.47 L	P	50 Breast	16/08/2011	3rd World Junior Championships	
1:12.14 L	F	100 Breast	07/04/2011	Scottish National Age Group	
2:36.57 L	F	200 Breast	07/04/2011	Scottish National Age Group	
29.66 L S	F	50 Fly	07/04/2011	Scottish National Age Group	
1:03.02 L	F	100 Fly	07/04/2011	Scottish National Age Group	
2:17.03 L	F	200 Fly	07/04/2011	Scottish National Age Group	
2:18.34 L	F	200 IM	30/06/2011	Scottish Gas National Open Champs	
4:58.44 L	F	400 IM	07/04/2011	Scottish National Age Group	
Heather McIntosh (11) F					
40.81 L	F	50 Free	22/10/2011	Time Trials	
49.84 L	F	50 Back	22/10/2011	Time Trials	
52.00 L	F	50 Breast	22/10/2011	Time Trials	
51.62 L	F	50 Fly	22/10/2011	Time Trials	
Lauren McPhee (10) F					
41.88 L	F	50 Free	22/10/2011	Time Trials	
52.46 L	F	50 Back	22/10/2011	Time Trials	
1:01.03 L	F	50 Breast	22/10/2011	Time Trials	
1:00.50 L	F	50 Fly	22/10/2011	Time Trials	
Sophie MCPHEE (12) F					
35.87 L	F	50 Free	22/10/2011	Time Trials	
1:19.63 L	F	100 Free	03/09/2011	Time Trial	
43.41 L	F	50 Back	22/10/2011	Time Trials	
48.23 L	F	50 Breast	22/10/2011	Time Trials	
1:44.83 L	F	100 Breast	03/09/2011	Time Trial	
46.84 L	F	50 Fly	22/10/2011	Time Trials	
4:24.20 L	F	200 IM	23/10/2010	LC Time Trials	
Hannah Miley (22) F					
27.46 L	F	50 Free	30/01/2010	Burns Open Meet	
57.38 L	F	100 Free	12/02/2011	Edinburgh Int Age Grp Champs	
1:58.54 L	F	200 Free	25/06/2009	Scottish Gas National Open Swimming Champs	
4:09.49 L	F	400 Free	02/12/2011	Dutch Olympic Trials	
8:35.30 L	F	800 Free	14/06/2011	BG ASA Nationals 2011	
16:28.06 L	F	1500 Free	26/06/2008	Scottish National Open Championships	
29.80 L	F	50 Back	13/02/2009	Edinburgh Int Age Group -L1	
1:03.64 L	F	100 Back	05/12/2008	Dutch Swim Cup	
2:12.66 L	F	200 Back	26/06/2008	Scottish National Open Championships	
33.33 L	F	50 Breast	13/02/2009	Edinburgh Int Age Group -L1	
1:11.15 L	P	100 Breast	02/12/2011	Dutch Olympic Trials	
2:26.31 L	F	200 Breast	16/03/2009	British Championships 2009	
28.93 L S	P	50 Fly	26/03/2008	British Swimming Champs 2008	
1:01.14 L	P	100 Fly	26/03/2008	British Swimming Champs 2008	
2:08.24 L	F	200 Fly	16/03/2009	British Championships 2009	
2:09.46 L	S	200 IM	17/07/2009	FINA World Championships	
4:31.33 L	F	400 IM	16/03/2009	British Championships 2009	
Caitlin O'Shaughnessy (12) F					
38.86 L	F	50 Free	22/10/2011	Time Trials	
1:27.72 L	F	100 Free	03/09/2011	Time Trial	
44.68 L	F	50 Back	22/10/2011	Time Trials	
1:38.28 L	F	100 Back	03/09/2011	Time Trial	
52.21 L	F	50 Breast	22/10/2011	Time Trials	
49.62 L	F	50 Fly	22/10/2011	Time Trials	
Sarah Smith (17) F					
31.17 L	P	50 Free	12/02/2011	Edinburgh Int Age Grp Champs	
1:07.89 L S	P	100 Free	22/06/2010	Scottish Gas National LC Open 2010	
2:23.46 L L	F	200 Free	07/04/2011	Scottish National Age Group	
5:10.91 L S	F	400 Free	01/05/2010	COGST Open Age Group	
10:30.71 L	F	800 Free	01/05/2010	COGST Open Age Group	
35.62 L	P	50 Back	30/06/2011	Scottish Gas National Open Champs	
1:13.63 L	P	100 Back	07/04/2011	Scottish National Age Group	
2:34.82 L	P	200 Back	30/06/2011	Scottish Gas National Open Champs	

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Time	P/F/S	Event		
Sarah Smith (17) F				
42.75 L S	P	50 Breast	12/02/2011	Edinburgh Int Age Grp Champs
1:30.09 L	P	100 Breast	12/02/2011	Edinburgh Int Age Grp Champs
3:10.16 L	F	200 Breast	12/02/2011	Edinburgh Int Age Grp Champs
31.72 L	P	50 Fly	30/06/2011	Scottish Gas National Open Champs
1:10.69 L	F	100 Fly	28/01/2012	Scottish Schools Swimming Championships L1
2:33.42 L	P	200 Fly	07/04/2011	Scottish National Age Group
2:37.52 L	P	200 IM	07/04/2011	Scottish National Age Group
5:37.43 L	P	400 IM	30/06/2011	Scottish Gas National Open Champs
Sophie Stewart (12) F				
40.19 L	F	50 Free	22/10/2011	Time Trials
46.18 L	F	50 Back	22/10/2011	Time Trials
47.34 L	F	50 Breast	22/10/2011	Time Trials
49.76 L	F	50 Fly	22/10/2011	Time Trials
Jessica Thomson (13) F				
32.38 L	F	50 Free	29/01/2011	Scottish Schools
1:07.57 L S	F	100 Free	14/01/2012	2012 West District Grand Prix
2:19.63 L	F	200 Free	28/01/2012	Scottish Schools Swimming Championships L1
5:39.50 L	F	400 Free	30/10/2010	Carnegie LC Open Winter Meet
38.39 L S	P	50 Back	12/02/2011	Edinburgh Int Age Grp Champs
1:18.76 L	F	100 Back	14/01/2012	2012 West District Grand Prix
2:43.94 L S	F	200 Back	14/01/2012	2012 West District Grand Prix
45.08 L S	F	50 Breast	14/01/2012	2012 West District Grand Prix
1:33.16 L S	F	100 Breast	14/01/2012	2012 West District Grand Prix
3:32.48 L	F	200 Breast	30/10/2010	Carnegie LC Open Winter Meet
35.44 L S	F	50 Fly	14/01/2012	2012 West District Grand Prix
1:15.40 L S	F	100 Fly	28/01/2012	Scottish Schools Swimming Championships L1
2:43.15 L	F	200 Fly	28/01/2012	Scottish Schools Swimming Championships L1
2:43.60 L S	F	200 IM	14/01/2012	2012 West District Grand Prix