
RECORDS LCM RECORDS MALE
LC Meters-Male

8-8	50 Free	48.50	25-Oct-03		ALASTAIR MILEY	
	100 Free	2:00.00	31-Dec-05		STANDARD	
	200 Free	5:00.00	31-Dec-05		STANDARD	
	50 Back	1:00.00	31-Dec-05		STANDARD	
	100 Back	2:30.00	31-Dec-05		STANDARD	
	50 Breast	1:20.00	31-Dec-05		STANDARD	
	100 Breast	3:00.00	31-Dec-05		STANDARD	
	50 Fly	1:01.87	25-Oct-03		ALASTAIR MILEY	
9-9	50 Free	41.27	3-Feb-07	NGHX	NATHAN HEARD at COGST Graded LC Age Group Meet	
	100 Free	3:00.00	31-Dec-05		STANDARD	
	200 Free	4:00.00	31-Dec-05		STANDARD	
	400 Free	8:00.00	31-Dec-05		STANDARD	
	800 Free	14:39.23	13-Feb-05		ANDREW BRYCE	
	50 Back	44.28	8-Jan-05		ANDREW BRYCE	
	100 Back	3:00.00	31-Dec-05		STANDARD	
	200 Back	4:00.00	31-Dec-05		STANDARD	
	50 Breast	52.49	8-Jan-05		ANDREW BRYCE	
	100 Breast	3:00.00	31-Dec-05		STANDARD	
	50 Fly	44.81	8-Jan-05		ANDREW BRYCE	
	100 Fly	4:00.00	31-Dec-05		STANDARD	
	200 IM	4:00.00	31-Dec-05		STANDARD	
	400 IM	1:00.00	31-Dec-05		STANDARD	
10-10	50 Free	34.94	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Free	1:11.28	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Free	2:32.94	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	400 Free	5:25.93	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	800 Free	14:31.73	13-Feb-05		ALASTAIR MILEY	
	1500 Free	25:00.00	31-Dec-05		STANDARD	
	50 Back	38.16	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships	
	100 Back	1:29.03	29-May-05		ALASTAIR MILEY	
	200 Back	2:40.90	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships	
	50 Breast	46.26	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Breast	1:37.95	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Breast	3:56.97	1-May-10	NGHX	Owen Robinson at COGST Open Age Group	
	50 Fly	38.40	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	100 Fly	1:28.18	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 Fly	3:13.12	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	200 IM	2:55.42	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008	
	11-11	50 Free	32.31	15-Nov-08	NGHX	Joseph P. Miley at Portobello LC Prize Meet - L2
		100 Free	1:06.13	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
		200 Free	2:23.64	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009
		400 Free	4:57.44	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
800 Free		13:09.72	13-Feb-05		SIDNEY WRIGHT	
1500 Free		25:00.00	31-Dec-05		STANDARD	
50 Back		35.96	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
100 Back		1:12.97	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
200 Back		2:31.06	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
50 Breast		42.86	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
100 Breast		1:31.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
200 Breast		3:15.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	

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11-11	50 Fly	34.51	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
	100 Fly	1:17.60	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
	200 Fly	2:48.34	9-Dec-06	NGHX	ALASTAIR J. MILEY at COSS Winter Distance Meet	
	200 IM	2:37.91	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
	400 IM	5:41.47	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
12-12	50 Free	30.25	30-Oct-10	NGHX	Joseph P. Miley at Carnegie Long Course Open Winter Meet	
	100 Free	1:03.54	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	200 Free	2:16.32	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	400 Free	4:48.55	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	800 Free	10:07.22	1-May-10	NGHX	Joseph P. Miley at COGST Open Age Group	
	1500 Free	18:59.96	1-May-10	NGHX	Joseph P. Miley at COGST Open Age Group	
	50 Back	35.00	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	100 Back	1:11.83	22-Jun-10	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	200 Back	2:28.30	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	50 Breast	38.55	28-Jun-07	NGHX	GREIG G. RENNIE at Scottish National Open Champs 2007	
	100 Breast	1:22.14	28-Jun-07	NGHX	GREIG G. RENNIE at Scottish National Open Champs 2007	
	200 Breast	2:59.88	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	50 Fly	32.74	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	100 Fly	1:12.61	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 Fly	2:35.96	28-Jul-10	NGHX	Joseph P. Miley at ASA Age Group Championships 2010	
	200 IM	2:35.37	22-Jun-10	NGHX	Joseph P. Miley at Scottish Gas National LC Open	
	400 IM	5:24.99	8-Apr-10	NGHX	Joseph P. Miley at SNAGS	
	13-13	50 Free	29.05	15-Nov-08	NGHX	Andrew A. BRYCE at Portobello LC Prize Meet - L2
		100 Free	1:01.16	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group
		200 Free	2:11.59	5-Nov-11	NGHX	Joseph P. Miley at Firecracker Open 2011
400 Free		4:37.20	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
800 Free		9:28.79	7-Apr-11	NGHX	Joseph P. Miley at Scottish National Age Group	
1500 Free		18:04.60	5-Nov-11	NGHX	Joseph P. Miley at Firecracker Open 2011	
50 Back		33.13	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
100 Back		1:08.99	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 Back		2:23.62	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
50 Breast		34.72	19-Oct-08	NGHX	Andrew A. BRYCE at ASA County Championships	
100 Breast		1:10.69	19-Oct-08	NGHX	Andrew A. BRYCE at ASA County Championships	
200 Breast		2:46.73	10-Apr-08	NGHX	Greig G. RENNIE at Scottish National Age Group	
50 Fly		31.72	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
100 Fly		1:09.94	19-Oct-08	NGHX	Alastair J. Miley at ASA County Championships	
200 Fly		2:30.09	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 IM		2:29.48	5-Nov-11	NGHX	Joseph P. Miley at Firecracker Open 2011	
400 IM		5:17.79	7-Apr-11	NGHX	Joseph P. Miley at Scottish National Age Group	
14-14		50 Free	27.33	13-Feb-10	NGHX	Andrew A. Bryce at Edinburgh International A/Grp Championship L1
		100 Free	57.11	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
		200 Free	2:07.43	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
	400 Free	4:22.80	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	800 Free	9:05.36	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	1500 Free	17:07.98	29-May-09	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	50 Back	32.74	29-May-09	NGHX	Alastair J. Miley at No Frills Meet 2009	
	100 Back	1:07.49	25-Jun-09	NGHX	Alastair J. Miley at Scottish Gas National Open Swimming Champs	
	200 Back	2:18.31	22-Jul-09	NGHX	Alastair J. Miley at British Gas ASA National AG Champs Meet	
	50 Breast	33.05	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	100 Breast	1:10.74	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	200 Breast	2:42.72	8-Apr-10	NGHX	Thomas Holmes at SNAGS	
	50 Fly	29.51	29-May-09	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	100 Fly	1:06.33	25-Jun-09	NGHX	Greig G. Rennie at Scottish Gas National Open Swimming Champs	

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14-14	200 Fly	2:26.41	29-May-09	NGHX	Alastair J. Miley at No Frills Meet 2009
	200 IM	2:27.29	8-Apr-10	NGHX	Andrew A. Bryce at SNAGS
	400 IM	5:02.75	25-Jun-09	NGHX	Greig G. RENNIE at Scottish Gas National Open Swimming Champs
15-15	50 Free	28.05	30-Oct-10	NGHX	Alastair J. Miley at Carnegie Long Course Open Winter Meet
	100 Free	56.50	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	200 Free	2:01.15	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	400 Free	4:23.12	30-Oct-10	NGHX	Alastair J. Miley at Carnegie Long Course Open Winter Meet
	800 Free	9:01.99	1-May-10	NGHX	Greig G. Rennie at COGST Open Age Group
	1500 Free	17:00.46	1-May-10	NGHX	Greig G. Rennie at COGST Open Age Group
	50 Back	31.59	28-Jun-07	NGHX	JONAS C. WHITEHEAD at Scottish National Open Champs 2007
	100 Back	1:04.41	30-Oct-10	NGHX	Alastair J. Miley at Carnegie Long Course Open Winter Meet
	200 Back	2:14.01	30-Oct-10	NGHX	Alastair J. Miley at Carnegie Long Course Open Winter Meet
	50 Breast	32.64	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	100 Breast	1:10.77	28-Jul-09	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09
	200 Breast	2:33.57	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	50 Fly	28.94	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	100 Fly	1:03.19	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	200 Fly	2:20.28	22-Jun-10	NGHX	Alastair J. Miley at Scottish Gas National LC Open
	200 IM	2:18.53	8-Apr-10	NGHX	Greig G. Rennie at SNAGS
	400 IM	4:51.43	3-Aug-10	NGHX	Alastair J. Miley at ASA Youth Championships 2010
	16-16	50 Free	26.22	26-Jun-08	NGHX
100 Free		55.85	29-Jan-11	NGHX	Robert Bryce at Scottish Schools
200 Free		1:56.88	27-Jul-11	NGHX	Robert Bryce at ASA Nationals 2011
400 Free		4:14.39	27-Jul-11	NGHX	Robert Bryce at ASA Nationals 2011
800 Free		9:13.90	8-Apr-09	NGHX	David C. SMITH at Scottish National Age Group
1500 Free		17:14.51	7-Apr-11	NGHX	Alastair J. Miley at Scottish National Age Group
50 Back		30.34	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
100 Back		1:02.29	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
200 Back		2:09.19	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
50 Breast		31.71	7-Dec-07	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007
100 Breast		1:09.36	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group
200 Breast		2:34.84	30-Oct-10	NGHX	Robert Bryce at Carnegie Long Course Open Winter Meet
50 Fly		28.64	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
100 Fly		1:01.53	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
200 Fly		2:13.28	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
200 IM		2:14.09	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
400 IM		4:39.46	5-Nov-11	NGHX	Alastair J. Miley at Firecracker Open 2011
17 & O		50 Free	25.07	1-Aug-09	NGHX
	100 Free	55.38	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming Champs
	200 Free	1:56.66	5-Nov-11	NGHX	Robert Bryce at Firecracker Open 2011
	400 Free	4:12.05	5-Nov-11	NGHX	Robert Bryce at Firecracker Open 2011
	800 Free	8:53.62	2-Dec-11	NGHX	Robert Bryce at Dutch Olympic Trials
	1500 Free	16:40.94	2-Dec-11	NGHX	Robert Bryce at Dutch Olympic Trials
	50 Back	30.04	2-Mar-02		CALUM JACK
	100 Back	1:05.51	18-Jun-03		CALUM JACK
	200 Back	2:27.53	18-Jun-02		CALUM JACK
	50 Breast	30.35	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming Champs
	100 Breast	1:06.05	28-Jul-09	NGHX	Jonas C. WHITEHEAD at British Gas ASA Youth & Senior Champs 09
	200 Breast	2:29.96	8-Apr-09	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group
	50 Fly	27.95	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming Champs
	100 Fly	1:01.67	29-May-09	NGHX	Jonas C. WHITEHEAD at No Frills Meet 2009
	200 Fly	2:12.90	30-Jun-11	NGHX	David C. Smith at Scottish Gas National Open Champs
200 IM	2:16.21	8-Apr-09	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	

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17 & O 400 IM 4:59.58 **30-Jun-11** NGHX Robert Bryce at Scottish Gas National Open Champs