
Individual Meet Results

COSS Winter Distance Meet 09-Dec-06 to 10-Dec-06 [Ageup: 10/12/2006] LC Meters

Location: Ponds Forge Sheffield / Last Entry 05/11/06

Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Bryce, Andrew (11) M					
3:21.72L	AA F # 1A	Male 10-11 200 Breast	---	---	-3.10
2:26.66L	AAA F # 3A	Male 10-11 200 Free	---	---	-10.81
6:02.95L	AA F # 5A	Male 10-11 400 IM	---	---	---
2:52.40L	AA F # 7A	Male 10-11 200 Back	---	---	-8.44
5:12.99L	AA F # 10A	Male 10-11 400 Free	---	---	---
3:06.13L	A F # 12A	Male 10-11 200 Fly	---	---	---
2:51.00L	AA F # 14A	Male 10-11 200 IM	---	---	---
Harrison, Ryan (15) M					
2:44.88L	AA F # 1E	Male 15-16 200 Breast	---	---	---
2:09.29L	AA F # 3E	Male 15-16 200 Free	---	---	-5.56
5:04.70L	AA F # 5E	Male 15-16 400 IM	---	---	-16.67
2:27.14L	A F # 7E	Male 15-16 200 Back	---	---	---
2:28.53L	A F # 12E	Male 15-16 200 Fly	---	---	-10.06
2:25.17L	AA F # 14E	Male 15-16 200 IM	---	---	-9.30
Jones, Emily (11) F					
5:20.81L	AA F # 2A	Female 10-11 400 Free	---	---	---
2:59.96L	AA F # 4A	Female 10-11 200 Fly	---	---	-19.67
2:50.39L	AA F # 6A	Female 10-11 200 IM	---	---	-6.82
3:14.71L	AA F # 9A	Female 10-11 200 Breast	---	---	-10.58
2:33.01L	AA F # 11A	Female 10-11 200 Free	---	---	-6.42
5:55.69L	AAA F # 13A	Female 10-11 400 IM	---	---	---
Jones, Imogen (11) F					
3:07.70L	A F # 6A	Female 10-11 200 IM	---	---	---
2:45.76L	A F # 11A	Female 10-11 200 Free	---	---	---
6:34.30L	A F # 13A	Female 10-11 400 IM	---	---	---
2:57.96L	AA F # 15A	Female 10-11 200 Back	---	---	-4.30
Miley, Alastair (11) M					
2:27.03L	AAA F # 3A	Male 10-11 200 Free	---	---	-9.74
5:48.74L	AAA F # 5A	Male 10-11 400 IM	---	---	---
2:43.33L	AAA F # 7A	Male 10-11 200 Back	---	---	-6.01
5:07.48L	AA F # 10A	Male 10-11 400 Free	---	---	---
2:48.34L	AAA F # 12A	Male 10-11 200 Fly	---	---	-5.41
Petursdottir, Nicole (12) F					
3:18.49L	A F # 9B	Female 12-12 200 Breast	---	---	-8.08
2:30.76L	AA F # 11B	Female 12-12 200 Free	---	---	-3.73
5:57.82L	AA F # 13B	Female 12-12 400 IM	---	---	---
2:54.05L	A F # 15B	Female 12-12 200 Back	---	---	1.30
Rennie, Greig (12) M					
3:13.62L	A F # 1B	Male 12-12 200 Breast	---	---	---
2:58.09L	A F # 7B	Male 12-12 200 Back	---	---	---
5:24.89L	A F # 10B	Male 12-12 400 Free	---	---	---
Rennie, Sarah (14) F					
2:55.16L	B F # 6D	Female 14-15 200 IM	---	---	5.60
2:46.53L	A F # 15D	Female 14-15 200 Back	---	---	2.25

Individual Meet Results
COSS Winter Distance Meet 09-Dec-06 to 10-Dec-06 [Ageup: 10/12/2006] LC Meters
Location: Ponds Forge Sheffield / Last Entry 05/11/06
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Smith, David (13) M					
3:07.73L	A F # 1C	Male 13-13 200 Breast	---	---	-8.46
2:18.68L	AA F # 3C	Male 13-13 200 Free	---	---	-7.88
5:30.96L	AA F # 5C	Male 13-13 400 IM	---	---	---
2:38.87L	A F # 7C	Male 13-13 200 Back	---	---	-4.48
4:48.39L	AA F # 10C	Male 13-13 400 Free	---	---	---
2:43.48L	A F # 12C	Male 13-13 200 Fly	---	---	-9.65
Smith, Michael (17) M					
5:13.50L	A F # 5F	Male 17 & Over 400 IM	---	---	-1.44
2:39.32L	B F # 7F	Male 17 & Over 200 Back	---	---	3.07
18:20.26L	A F # 8F	Male 17 & Over 1500 Free	---	---	---
4:28.90L	AA F # 10F	Male 17 & Over 400 Free	---	---	-12.79
2:25.28L	AA F # 14F	Male 17 & Over 200 IM	---	---	-0.52
Stewart, Lorna (11) F					
3:01.93L	A F # 6A	Female 10-11 200 IM	---	---	---
3:28.65L	A F # 9A	Female 10-11 200 Breast	---	---	---
2:48.62L	A F # 11A	Female 10-11 200 Free	---	---	---
6:30.67L	A F # 13A	Female 10-11 400 IM	---	---	---
3:02.87L	A F # 15A	Female 10-11 200 Back	---	---	---
Whitehead, Jonas (15) M					
2:45.00L	AA F # 1E	Male 15-16 200 Breast	---	---	-6.20
2:11.93L	AA F # 3E	Male 15-16 200 Free	---	---	-5.76
5:12.38L	AA F # 5E	Male 15-16 400 IM	---	---	-6.07
2:30.83L	A F # 7E	Male 15-16 200 Back	---	---	-3.50
18:29.20L	A F # 8E	Male 15-16 1500 Free	---	---	---
2:40.61L	B F # 12E	Male 15-16 200 Fly	---	---	-1.23
2:25.47L	AA F # 14E	Male 15-16 200 IM	---	---	-3.17
Whitehead, Phoebe (12) F					
5:08.50L	AA F # 2B	Female 12-12 400 Free	---	---	-15.20
2:49.27L	AA F # 6B	Female 12-12 200 IM	---	---	-7.13
3:16.92L	A F # 9B	Female 12-12 200 Breast	---	---	-2.48
2:29.51L	AA F # 11B	Female 12-12 200 Free	---	---	-9.62
5:53.03L	AA F # 13B	Female 12-12 400 IM	---	---	---
2:47.25L	AA F # 15B	Female 12-12 200 Back	---	---	-10.66