

## Individual Top Times

### Garioch Amateur Swimming Club [NGHX]

#### Show Short Course Only

Time	P/F/S	Event		
<b>Ciara Adams (11) F</b>				
19.97 S	F	25 Free	11/04/2010	Time Trial
36.82 S	F	50 Free	12/06/2010	Peterhead Mini Meet
1:34.24 S	F	100 Free	18/07/2010	SQ1&2 Training Times
3:26.14 S	F	200 Free	03/05/2010	Time Trials
43.66 S	F	50 Back	11/09/2010	Garioch 200 Open
1:35.54 S	F	100 Back	04/09/2010	Brigde of Don September Splash 2010
49.89 S	F	50 Breast	23/01/2011	Dyce Mini Meet 2010
2:01.34 S	F	100 Breast	18/07/2010	SQ1&2 Training Times
24.03 S	F	25 Fly	11/04/2010	Time Trial
42.08 S	F	50 Fly	23/01/2011	Dyce Mini Meet 2010
1:56.24 S	F	100 Fly	18/07/2010	SQ1&2 Training Times
1:31.23 S	F	100 IM	23/01/2011	Dyce Mini Meet 2010
4:15.68 S	F	200 IM	22/09/2009	Time Trials Sept 09 Sq 1 & 2
<b>Orla Adams (15) F</b>				
13.64 S	F	25 Free	10/01/2009	SAS Junior Meet 2009
29.18 S	F	50 Free	11/12/2009	Garioch ASC Club Championships 2009
1:01.31 S S	P	100 Free	06/03/2010	ND Age Group Championships
2:10.28 S	P	200 Free	05/06/2010	ND Open Championship
4:30.74 S	P	400 Free	05/06/2010	ND Open Championship
9:27.44 S	F	800 Free	15/01/2010	Scottish National S.C.Open
35:19.00 S	F	2000 Free	13/01/2011	2000m Kick Test
15.82 S	F	25 Back	10/01/2009	SAS Junior Meet 2009
33.23 S S	F	50 Back	07/01/2011	British Gas Scottish Nats S.C.Open
1:08.06 S	F	100 Back	07/11/2009	Aberdeen Dolphin Mitchell Trophy
2:17.92 S	F	200 Back	07/01/2011	British Gas Scottish Nats S.C.Open
15.86 S	F	25 Breast	10/01/2009	SAS Junior Meet 2009
33.84 S	F	50 Breast	16/01/2009	Scottish National S.C.Open Championships
1:12.54 S	F	100 Breast	16/01/2009	Scottish National S.C.Open Championships
2:36.43 S	F	200 Breast	07/01/2011	British Gas Scottish Nats S.C.Open
15.61 S	F	25 Fly	02/02/2008	SAS Junior Meet 2008
31.19 S S	F	50 Fly	07/01/2011	British Gas Scottish Nats S.C.Open
1:10.36 S S	F	100 Fly	07/01/2011	British Gas Scottish Nats S.C.Open
2:40.14 S	F	200 Fly	12/09/2009	Garioch Open 200 Meet
1:07.88 S S	F	100 IM	09/05/2009	Westhill Dist Fifteenth Invitational Meet
2:21.25 S	F	200 IM	07/01/2011	British Gas Scottish Nats S.C.Open
4:58.48 S	P	400 IM	05/06/2010	ND Open Championship
<b>Megan Brown (10) F</b>				
41.46 S	F	50 Free	17/12/2010	Time Trials
48.87 S	F	50 Back	12/06/2010	Peterhead Mini Meet
59.33 S	F	50 Breast	17/12/2010	Time Trials
26.49 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009
55.48 S	F	50 Fly	12/06/2010	Peterhead Mini Meet
1:55.85 S	F	100 IM	17/12/2010	Time Trials
<b>Ruth Bryce (14) F</b>				
32.32 S	F	50 Free	31/07/2010	Robert & Ruth SC PBs
1:09.95 S S	F	100 Free	15/01/2011	SAS Junior Meet 2011
2:23.42 S	F	200 Free	15/01/2011	SAS Junior Meet 2011
5:13.00 S	F	400 Free	31/07/2010	Robert & Ruth SC PBs
10:58.49 S	F	800 Free	14/10/2010	Time Trials
21:25.02 S	F	1500 Free	31/07/2010	Robert & Ruth SC PBs
35.76 S	F	50 Back	31/07/2010	Robert & Ruth SC PBs
1:17.51 S S	F	100 Back	15/01/2011	SAS Junior Meet 2011
2:37.44 S	F	200 Back	15/01/2011	SAS Junior Meet 2011
47.03 S	F	50 Breast	31/07/2010	Robert & Ruth SC PBs
1:37.60 S	F	100 Breast	31/07/2010	Robert & Ruth SC PBs
3:42.93 S	F	200 Breast	31/07/2010	Robert & Ruth SC PBs
37.07 S S	F	50 Fly	15/01/2011	SAS Junior Meet 2011
1:28.29 S	F	100 Fly	31/07/2010	Robert & Ruth SC PBs
1:24.07 S	F	100 IM	31/07/2010	Robert & Ruth SC PBs
2:46.96 S	F	200 IM	15/01/2011	SAS Junior Meet 2011
<b>Molly Carlier (14) F</b>				
34.01 S	F	50 Free	11/09/2010	Garioch 200 Open

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Time	P/F/S	Event			
<b>Molly Carlier (14) F</b>					
1:07.78 S	F	100 Free	02/11/2010	Time Trials	
2:36.72 S	F	200 Free	19/06/2010	North District Development Meet	
5:23.07 S	F	400 Free	30/09/2010	Time Trials	
11:01.71 S	F	800 Free	30/09/2010	Time Trials	
20:59.89 S	F	1500 Free	30/09/2010	Time Trials	
38.15 S	F	50 Back	11/09/2010	Garioch 200 Open	
1:20.73 S	F	100 Back	02/11/2010	Time Trials	
2:53.28 S	F	200 Back	19/06/2010	North District Development Meet	
53.79 S S	F	50 Breast	02/05/2009	Inverness Graded Meet 2009	
1:45.06 S	F	100 Breast	31/10/2010	Time Trials	
3:40.20 S	F	200 Breast	11/12/2009	Garioch ASC Club Championships 2009	
40.24 S	F	50 Fly	11/09/2010	Garioch 200 Open	
1:29.94 S	F	100 Fly	15/05/2010	Ythan ASC Meet	
3:33.84 S	F	200 Fly	19/06/2010	North District Development Meet	
1:26.22 S	F	100 IM	31/10/2010	Time Trials	
3:04.05 S	F	200 IM	11/09/2010	Garioch 200 Open	
7:34.00 S	F	400 IM	15/03/2009	Time trial	
<b>Shannon Crawford (11) F</b>					
35.91 S	F	50 Free	11/09/2010	Garioch 200 Open	
1:27.64 S S	F	100 Free	19/06/2010	North District Development Meet	
2:56.86 S	F	200 Free	19/06/2010	North District Development Meet	
38.72 S	F	50 Back	11/09/2010	Garioch 200 Open	
1:28.45 S S	F	100 Back	19/06/2010	North District Development Meet	
2:56.56 S	F	200 Back	11/09/2010	Garioch 200 Open	
51.10 S	F	50 Breast	11/09/2010	Garioch 200 Open	
41.64 S	F	50 Fly	11/09/2010	Garioch 200 Open	
3:37.29 S	F	200 Fly	11/09/2010	Garioch 200 Open	
1:27.52 S	F	100 IM	05/08/2010	Time Trials	
3:07.69 S	F	200 IM	11/09/2010	Garioch 200 Open	
<b>Clara Douglas (15) F</b>					
34.59 S	F	50 Free	20/02/2010	Elgin Spring Meet	
1:16.09 S	F	100 Free	04/09/2010	Brigde of Don September Splash 2010	
2:40.16 S	F	200 Free	19/06/2010	North District Development Meet	
5:47.00 S	F	400 Free	30/09/2010	Time Trials	
12:21.97 S	F	800 Free	12/07/2009	Time trials -pre Bibby	
26.13 S	F	25 Back	09/06/2007	Rotary Gala	
40.51 S	F	50 Back	11/09/2010	Garioch 200 Open	
1:23.45 S	F	100 Back	04/09/2010	Brigde of Don September Splash 2010	
2:57.40 S	F	200 Back	11/09/2010	Garioch 200 Open	
43.21 S	F	50 Breast	20/02/2010	Elgin Spring Meet	
1:32.75 S	F	100 Breast	13/02/2010	Peterhead Age Group Meet	
3:21.63 S	F	200 Breast	11/12/2009	Garioch ASC Club Championships 2009	
35.00 S S	F	50 Fly	19/12/2009	Age Group Graded Winter Meet	
1:40.38 S	F	100 Fly	24/04/2010	Buckie Age Group	
3:39.79 S	F	200 Fly	21/03/2010	Time Trial	
1:26.01 S	F	100 IM	04/09/2010	Brigde of Don September Splash 2010	
3:02.18 S	F	200 IM	19/06/2010	North District Development Meet	
6:40.91 S	F	400 IM	24/04/2010	Buckie Age Group	
<b>Rebecca Eggeling (10) F</b>					
21.32 S	F	25 Free	01/10/2009	Time Trial	
41.43 S	F	50 Free	16/09/2010	Time Trials	
1:22.72 S	F	100 Free	31/10/2010	Time Trials	
2:58.13 S	F	200 Free	04/02/2011	Time Trials	
7:21.60 S	F	400 Free	15/10/2010	Time Trials	
24.60 S	F	25 Back	01/10/2009	Time Trial	
47.38 S	F	50 Back	16/09/2010	Time Trials	
1:37.87 S	F	100 Back	16/09/2010	Time Trials	
26.05 S	F	25 Breast	01/10/2009	Time Trial	
55.17 S	F	50 Breast	16/09/2010	Time Trials	
1:50.59 S	F	100 Breast	31/10/2010	Time Trials	
20.47 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009	
42.70 S	F	50 Fly	31/10/2010	Time Trials	
1:35.93 S	F	100 Fly	15/05/2010	Ythan ASC Meet	
3:52.51 S	F	200 Fly	11/09/2010	Garioch 200 Open	

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Time	P/F/S	Event			
<b>Rebecca Eggeling (10) F</b>					
1:33.29 S	F	100 IM		31/10/2010	Time Trials
<b>Abbey Freer (12) F</b>					
15.15 S	F	25 Free		15/01/2011	SAS Junior Meet 2011
34.32 S	F	50 Free		11/09/2010	Garioch 200 Open
1:14.11 S S	F	100 Free		15/01/2011	SAS Junior Meet 2011
2:36.11 S	F	200 Free		15/01/2011	SAS Junior Meet 2011
5:56.97 S	F	400 Free		30/09/2010	Time Trials
17.75 S	F	25 Back		15/01/2011	SAS Junior Meet 2011
39.66 S	F	50 Back		11/09/2010	Garioch 200 Open
1:23.46 S S	F	100 Back		15/01/2011	SAS Junior Meet 2011
2:52.48 S	F	200 Back		15/01/2011	SAS Junior Meet 2011
48.85 S S	F	50 Breast		19/06/2010	North District Development Meet
1:43.54 S S	F	100 Breast		19/06/2010	North District Development Meet
3:31.66 S	F	200 Breast		19/06/2010	North District Development Meet
39.30 S	F	50 Fly		11/09/2010	Garioch 200 Open
1:32.92 S	F	100 Fly		15/05/2010	Ythan ASC Meet
3:16.90 S	F	200 Fly		15/01/2011	SAS Junior Meet 2011
1:32.34 S	F	100 IM		18/07/2010	SQ1&2 Training Times
2:56.37 S	F	200 IM		15/01/2011	SAS Junior Meet 2011
<b>Chloe Grant (10) F</b>					
19.95 S	F	25 Free		25/01/2009	Dyce Mini Meet 2009
39.02 S	F	50 Free		12/06/2010	Peterhead Mini Meet
1:27.76 S	F	100 Free		16/09/2010	Time Trials
3:28.64 S	F	200 Free		11/12/2009	Garioch ASC Club Championships 2009
7:15.58 S	F	400 Free		15/10/2010	Time Trials
21.64 S	F	25 Back		26/04/2009	April Showers 2009
44.32 S	F	50 Back		11/09/2010	Garioch 200 Open
1:38.80 S	F	100 Back		16/09/2010	Time Trials
28.32 S	F	25 Breast		01/10/2009	Time Trial
56.13 S	F	50 Breast		12/06/2010	Peterhead Mini Meet
1:58.26 S	F	100 Breast		04/09/2010	Brigde of Don September Splash 2010
5:38.18 S	F	200 Breast		17/05/2009	Time Trial
21.70 S	F	25 Fly		25/01/2009	Dyce Mini Meet 2009
44.23 S	F	50 Fly		12/06/2010	Peterhead Mini Meet
1:41.59 S	F	100 Fly		21/03/2010	Time Trial
1:44.26 S	F	100 IM		16/09/2010	Time Trials
3:53.64 S	F	200 IM		19/12/2009	Age Group Graded Winter Meet
<b>Jemma Grant (13) F</b>					
14.66 S	F	25 Free		15/01/2011	SAS Junior Meet 2011
30.48 S L	F	50 Free		05/06/2010	ND Open Championship
1:06.15 S	P	100 Free		08/05/2010	Westhill Invitational
2:17.72 S	F	200 Free		15/01/2011	SAS Junior Meet 2011
4:48.26 S	F	400 Free		15/01/2011	SAS Junior Meet 2011
9:55.52 S	F	800 Free		07/01/2011	British Gas Scottish Nats S.C.Open
19:37.38 S S	F	1500 Free		06/03/2010	ND Age Group Championships
34:41.00 S	F	2000 Free		13/01/2011	2000m Kick Test
16.45 S	F	25 Back		15/01/2011	SAS Junior Meet 2011
35.71 S	F	50 Back		11/09/2010	Garioch 200 Open
1:16.30 S	P	100 Back		06/03/2010	ND Age Group Championships
2:36.47 S	F	200 Back		15/01/2011	SAS Junior Meet 2011
19.91 S	F	25 Breast		15/01/2011	SAS Junior Meet 2011
40.92 S S	F	50 Breast		06/03/2010	ND Age Group Championships
1:26.31 S	F	100 Breast		06/03/2010	ND Age Group Championships
3:01.18 S	F	200 Breast		06/03/2010	ND Age Group Championships
15.60 S	F	25 Fly		15/01/2011	SAS Junior Meet 2011
33.85 S S	F	50 Fly		15/01/2011	SAS Junior Meet 2011
1:13.39 S S	P	100 Fly		07/01/2011	British Gas Scottish Nats S.C.Open
2:36.33 S	F	200 Fly		15/01/2011	SAS Junior Meet 2011
1:21.02 S	F	100 IM		28/03/2009	10th Cromar Trophy Meet
2:36.24 S	F	200 IM		15/01/2011	SAS Junior Meet 2011
5:25.83 S	F	400 IM		15/01/2011	SAS Junior Meet 2011
<b>Naomi Hazlerigg (11) F</b>					
46.57 S	F	50 Free		12/06/2010	Peterhead Mini Meet

## Individual Top Times

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Time	P/F/S	Event		
<b>Naomi Hazlerigg (11) F</b>				
2:15.64 S	F	100 Free	22/05/2009	Fri-Sat Time Trials
52.98 S L	F	25 Back	12/06/2010	Peterhead Mini Meet
59.66 S	F	50 Back	09/05/2009	Time Trial
2:04.43 S	F	100 Back	22/05/2009	Fri-Sat Time Trials
<b>Christy Johnston (11) F</b>				
40.30 S	F	50 Free	04/02/2011	Time Trials
1:38.01 S	F	100 Free	04/02/2011	Time Trials
3:27.24 S	F	200 Free	04/02/2011	Time Trials
46.64 S	F	50 Back	28/08/2009	CTK Workshop
<b>Hazel Johnston (13) F</b>				
16.90 S	F	25 Free	01/10/2009	Time Trial
34.91 S	P	50 Free	19/12/2009	Age Group Graded Winter Meet
1:17.29 S	F	100 Free	15/05/2010	Ythan ASC Meet
2:48.31 S	F	200 Free	19/06/2010	North District Development Meet
5:59.48 S	F	400 Free	19/06/2010	North District Development Meet
13:42.93 S	F	800 Free	11/04/2010	Time Trial
21.69 S	F	25 Back	11/04/2010	Time Trial
38.98 S L	P	50 Back	08/05/2010	Westhill Invitational
1:26.11 S	F	100 Back	15/05/2010	Ythan ASC Meet
3:01.53 S	F	200 Back	19/06/2010	North District Development Meet
23.11 S	F	25 Breast	01/10/2009	Time Trial
47.82 S	F	50 Breast	11/09/2010	Garioch 200 Open
1:43.30 S	F	100 Breast	15/05/2010	Ythan ASC Meet
3:31.43 S	F	200 Breast	19/06/2010	North District Development Meet
24.60 S	F	25 Fly	01/10/2009	Time Trial
41.34 S	F	50 Fly	11/09/2010	Garioch 200 Open
1:35.01 S	F	100 Fly	04/09/2010	Brigde of Don September Splash 2010
3:34.72 S	F	200 Fly	11/09/2010	Garioch 200 Open
1:27.11 S	F	100 IM	04/09/2010	Brigde of Don September Splash 2010
3:08.54 S	F	200 IM	11/09/2010	Garioch 200 Open
<b>Emily Jones (15) F</b>				
13.45 S	F	25 Free	10/01/2009	SAS Junior Meet 2009
28.13 S	F	50 Free	28/11/2008	GASC Club Championships 2008
58.14 S	F	100 Free	08/05/2010	Westhill Invitational
2:03.26 S	F	200 Free	07/01/2011	British Gas Scottish Nats S.C.Open
4:19.26 S	F	400 Free	07/01/2011	British Gas Scottish Nats S.C.Open
8:57.27 S	F	800 Free	06/03/2010	ND Age Group Championships
17:22.87 S	F	1500 Free	09/05/2009	Westhill Dist Fifteenth Invitational Meet
33:55.00 S	F	2000 Free	13/01/2011	2000m Kick Test
16.07 S	F	25 Back	10/01/2009	SAS Junior Meet 2009
31.72 S	F	50 Back	11/09/2010	Garioch 200 Open
1:07.66 S	F	100 Back	07/03/2009	ND Age Group Championships
2:18.18 S	F	200 Back	07/01/2011	British Gas Scottish Nats S.C.Open
16.15 S	F	25 Breast	10/01/2009	SAS Junior Meet 2009
34.59 S S	F	50 Breast	06/03/2010	ND Age Group Championships
1:13.06 S S	F	100 Breast	06/03/2010	ND Age Group Championships
2:31.66 S	F	200 Breast	07/01/2011	British Gas Scottish Nats S.C.Open
13.76 S	F	25 Fly	10/01/2009	SAS Junior Meet 2009
29.95 S	F	50 Fly	11/09/2010	Garioch 200 Open
1:03.48 S	F	100 Fly	05/06/2010	ND Open Championship
2:19.59 S	F	200 Fly	07/01/2011	British Gas Scottish Nats S.C.Open
1:06.86 S	F	100 IM	15/01/2010	Scottish National S.C.Open
2:15.93 S	F	200 IM	07/01/2011	British Gas Scottish Nats S.C.Open
4:48.16 S	F	400 IM	07/01/2011	British Gas Scottish Nats S.C.Open
<b>Ailie Keddie (10) F</b>				
33.14 S	F	25 Free	22/05/2009	Fri-Sat Time Trials
1:07.75 S	F	50 Free	28/11/2009	GASC Mini Gala 2009
30.64 S	F	25 Back	22/05/2009	Fri-Sat Time Trials
1:05.36 S	F	50 Back	28/11/2009	GASC Mini Gala 2009
1:28.16 S	F	50 Breast	28/11/2009	GASC Mini Gala 2009
<b>Kirsty King (11) F</b>				
54.28 S	F	50 Free	08/11/2008	Mini Gala 2008
58.01 S	F	50 Back	22/05/2009	Fri-Sat Time Trials

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**Show Short Course Only**

Time	P/F/S	Event			
<b>Kirsty King (11) F</b>					
1:09.17 S	F	50 Breast	08/11/2008	Mini Gala 2008	
34.45 S	F	25 Fly	08/11/2008	Mini Gala 2008	
<b>Megan Knight (12) F</b>					
53.01 S	F	50 Free	22/05/2009	Fri-Sat Time Trials	
55.91 S	F	50 Back	28/08/2009	CTK Workshop	
<b>Josephine Laing (14) F</b>					
37.77 S	F	50 Free	17/05/2009	Time Trial	
1:17.50 S	F	100 Free	04/09/2010	Brigde of Don September Splash 2010	
3:04.13 S	F	200 Free	08/05/2009	Time Trial	
5:59.78 S	F	400 Free	30/09/2010	Time Trials	
11:44.32 S	F	800 Free	30/09/2010	Time Trials	
45.30 S	F	50 Back	23/01/2009	Time Trial	
1:23.89 S	F	100 Back	04/09/2010	Brigde of Don September Splash 2010	
3:09.10 S	F	200 Back	11/12/2009	Garioch ASC Club Championships 2009	
51.91 S	F	50 Breast	17/05/2009	Time Trial	
1:37.89 S	F	100 Breast	04/09/2010	Brigde of Don September Splash 2010	
3:55.22 S	F	200 Breast	17/05/2009	Time Trial	
45.45 S	F	50 Fly	08/05/2009	Time Trial	
1:37.00 S	F	100 Fly	04/09/2010	Brigde of Don September Splash 2010	
1:39.73 S	F	100 IM	02/05/2009	Time Trial	
3:31.19 S	F	200 IM	22/09/2009	Time Trials Sept 09 Sq 1& 2	
<b>Ailie Maconochie (13) F</b>					
20.15 S	F	25 Free	01/10/2009	Time Trial	
43.24 S	F	50 Free	11/12/2009	Garioch ASC Club Championships 2009	
1:37.63 S	F	100 Free	17/01/2010	Time Trial	
3:36.03 S	F	200 Free	11/12/2009	Garioch ASC Club Championships 2009	
53.09 S S	F	50 Back	21/03/2010	Time Trial	
1:49.11 S	F	100 Back	21/03/2010	Time Trial	
1:05.00 S	F	50 Breast	23/01/2009	Time Trial	
2:09.00 S	F	100 Breast	17/01/2010	Time Trial	
4:31.75 S	F	200 Breast	11/12/2009	Garioch ASC Club Championships 2009	
1:03.38 S	F	50 Fly	28/08/2009	CTK Workshop	
2:01.92 S	F	100 IM	01/10/2009	Time Trial	
4:18.07 S	F	200 IM	11/12/2009	Garioch ASC Club Championships 2009	
<b>Sophia McGinn (10) F</b>					
1:05.56 S	F	50 Free	28/11/2009	GASC Mini Gala 2009	
1:22.70 S	F	50 Back	28/11/2009	GASC Mini Gala 2009	
1:21.85 S	F	50 Breast	28/11/2009	GASC Mini Gala 2009	
33.15 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009	
<b>Heather McIntosh (10) F</b>					
21.26 S	F	25 Free	25/01/2009	Dyce Mini Meet 2009	
39.86 S	F	50 Free	23/01/2011	Dyce Mini Meet 2010	
1:37.07 S	F	100 Free	16/09/2010	Time Trials	
25.27 S	F	25 Back	08/11/2008	Mini Gala 2008	
47.39 S	F	50 Back	23/01/2011	Dyce Mini Meet 2010	
2:00.37 S	F	100 Back	16/09/2010	Time Trials	
50.64 S	F	50 Breast	23/01/2011	Dyce Mini Meet 2010	
1:59.87 S	F	100 Breast	31/10/2010	Time Trials	
23.39 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009	
46.61 S	F	50 Fly	23/01/2011	Dyce Mini Meet 2010	
1:39.70 S	F	100 IM	23/01/2011	Dyce Mini Meet 2010	
<b>Lauren McPhee (9) F</b>					
48.78 S	F	50 Free	17/12/2010	Time Trials	
56.04 S	F	50 Back	17/12/2010	Time Trials	
1:04.16 S	F	50 Breast	17/12/2010	Time Trials	
2:06.63 S	F	100 IM	17/12/2010	Time Trials	
<b>Sophie MCPHEE (11) F</b>					
24.46 S	F	25 Free	01/10/2009	Time Trial	
38.09 S	F	50 Free	23/01/2011	Dyce Mini Meet 2010	
1:23.99 S	F	100 Free	31/10/2010	Time Trials	
3:27.84 S	F	200 Free	03/05/2010	Time Trials	
6:32.04 S	F	400 Free	15/10/2010	Time Trials	
42.42 S	F	50 Back	23/01/2011	Dyce Mini Meet 2010	

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### Show Short Course Only

Time	P/F/S	Event			
<b>Sophie MCPHEE (11) F</b>					
1:33.60 S	F	100 Back	04/09/2010	Brigde of Don September Splash 2010	
26.30 S	F	25 Breast	01/10/2009	Time Trial	
45.78 S	F	50 Breast	16/09/2010	Time Trials	
1:43.39 S	F	100 Breast	04/09/2010	Brigde of Don September Splash 2010	
3:34.16 S	F	200 Breast	11/09/2010	Garioch 200 Open	
31.31 S	F	25 Fly	08/11/2008	Mini Gala 2008	
44.30 S	F	50 Fly	23/01/2011	Dyce Mini Meet 2010	
1:49.95 S	F	100 Fly	31/10/2010	Time Trials	
1:33.22 S	F	100 IM	23/01/2011	Dyce Mini Meet 2010	
<b>Hannah Miley (21) F</b>					
26.45 S L	F	50 Free	16/01/2009	Scottish National S.C.Open Championships	
26.45 S L	F	50 Free	16/01/2009	Scottish National S.C.Open Championships	
55.57 S	F	100 Free	07/11/2009	Aberdeen Dolphin Mitchell Trophy	
1:57.56 S	F	200 Free	10/05/2008	Westhill District Fourteenth Invitational Me	
4:06.31 S	F	400 Free	16/01/2009	Scottish National S.C.Open Championships	
8:26.04 S	F	800 Free	16/01/2009	Scottish National S.C.Open Championships	
16:30.87 S	F	1500 Free	17/02/2007	North Ayrshire 200 Meet	
31:05.60 S	T	2000 Free	25/03/2009	2000m Kick Test	
29.50 S L	F	50 Back	15/01/2010	Scottish National S.C.Open	
1:00.86 S	F	100 Back	16/01/2009	Scottish National S.C.Open Championships	
2:09.32 S	F	200 Back	15/01/2010	Scottish National S.C.Open	
33.15 S S	F	50 Breast	07/01/2011	British Gas Scottish Nats S.C.Open	
1:08.78 S	F	100 Breast	07/01/2011	British Gas Scottish Nats S.C.Open	
2:20.61 S	F	200 Breast	10/12/2009	European SC Championships	
28.35 S S	F	50 Fly	07/03/2009	ND Age Group Championships	
59.39 S	F	100 Fly	07/03/2009	ND Age Group Championships	
2:10.98 S	F	200 Fly	16/01/2009	Scottish National S.C.Open Championships	
1:01.03 S	F	100 IM	06/08/2009	British Gas Swimming Grand Prix	
2:06.70 S	F	200 IM	06/08/2009	British Gas Swimming Grand Prix	
4:24.51 S	F	400 IM	18/12/2009	Duel in the Pool 2009	
<b>Jemma Morrison (11) F</b>					
1:01.32 S	F	50 Free	09/05/2009	Time Trial	
1:08.08 S	F	50 Back	09/05/2009	Time Trial	
1:05.84 S	F	50 Breast	09/05/2009	Time Trial	
<b>Nicole Mowat (13) F</b>					
15.31 S	F	25 Free	15/01/2011	SAS Junior Meet 2011	
34.18 S	F	50 Free	11/09/2010	Garioch 200 Open	
1:12.64 S	F	100 Free	24/04/2010	Buckie Age Group	
2:30.93 S	F	200 Free	15/01/2011	SAS Junior Meet 2011	
5:14.28 S	F	400 Free	15/01/2011	SAS Junior Meet 2011	
11:01.85 S	F	800 Free	15/01/2011	SAS Junior Meet 2011	
21:02.59 S	F	1500 Free	30/09/2010	Time Trials	
1:06:19.10 S	T	2000 Free	25/03/2009	2000m Kick Test	
42.02 S	F	50 Back	11/09/2010	Garioch 200 Open	
1:30.10 S S	F	100 Back	19/06/2010	North District Development Meet	
3:03.99 S	F	200 Back	11/09/2010	Garioch 200 Open	
21.83 S	F	25 Breast	10/01/2009	SAS Junior Meet 2009	
42.91 S	F	50 Breast	07/11/2009	Aberdeen Dolphin Mitchell Trophy	
1:37.36 S	F	100 Breast	24/04/2010	Buckie Age Group	
3:26.14 S	F	200 Breast	19/06/2010	North District Development Meet	
27.10 S	F	25 Fly	03/11/2007	Garioch ASC Mini Meet	
37.11 S S	F	50 Fly	15/01/2011	SAS Junior Meet 2011	
1:29.53 S	F	100 Fly	24/04/2010	Buckie Age Group	
3:28.46 S	F	200 Fly	11/09/2010	Garioch 200 Open	
1:32.22 S	F	100 IM	21/03/2009	DEVERON SPRINT GALA	
2:54.08 S	F	200 IM	15/01/2011	SAS Junior Meet 2011	
6:21.15 S	F	400 IM	19/06/2010	North District Development Meet	
<b>Cathy Mullan (9) F</b>					
27.77 S	F	25 Free	28/11/2009	GASC Mini Gala 2009	
53.57 S	F	50 Free	12/06/2010	Peterhead Mini Meet	
31.63 S	F	25 Back	28/11/2009	GASC Mini Gala 2009	
1:02.52 S	F	50 Back	17/12/2010	Time Trials	
31.75 S	F	25 Breast	28/11/2009	GASC Mini Gala 2009	

## Individual Top Times

### Show Short Course Only

Time	P/F/S	Event			
<b>Cathy Mullan (9) F</b>					
1:03.01 S	F	50 Breast	17/12/2010	Time Trials	
41.47 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009	
2:15.75 S	F	100 IM	17/12/2010	Time Trials	
<b>Hayley MULLAN (11) F</b>					
25.25 S	T	25 Free	01/03/2008	Time Trial	
41.01 S	F	50 Free	17/12/2010	Time Trials	
2:17.65 S	F	100 Free	22/05/2009	Fri-Sat Time Trials	
29.56 S	T	25 Back	01/03/2008	Time Trial	
49.81 S	F	50 Back	12/06/2010	Peterhead Mini Meet	
2:04.24 S	F	100 Back	28/11/2008	GASC Club Championships 2008	
33.91 S	F	25 Breast	03/11/2007	Garioch ASC Mini Meet	
56.04 S	F	50 Breast	12/06/2010	Peterhead Mini Meet	
2:40.28 S	F	100 Breast	28/11/2008	GASC Club Championships 2008	
42.68 S	F	25 Fly	01/12/2006	GASC Club Championships 2006	
1:54.39 S	F	100 IM	17/12/2010	Time Trials	
<b>Alanna Munro (11) F</b>					
23.19 S	F	25 Free	27/04/2008	Bridge of Don April Showers 2008	
43.20 S	F	50 Free	24/01/2010	Dyce Mini Meet	
1:51.23 S	F	100 Free	22/05/2009	Fri-Sat Time Trials	
29.37 S	T	25 Back	01/03/2008	Time Trial	
48.23 S	F	50 Back	28/11/2009	GASC Mini Gala 2009	
2:01.29 S	F	100 Back	28/11/2008	GASC Club Championships 2008	
53.09 S	F	50 Breast	24/01/2010	Dyce Mini Meet	
1:54.53 S	F	100 Breast	11/12/2009	Garioch ASC Club Championships 2009	
24.53 S	P	25 Fly	03/05/2009	Aberdeen Dolphin Novice Team Challenge	
49.57 S	F	50 Fly	24/01/2010	Dyce Mini Meet	
1:52.02 S	F	100 IM	11/12/2009	Garioch ASC Club Championships 2009	
<b>Caitlin O'Shaughnessy (11) F</b>					
24.63 S	F	25 Free	01/12/2006	GASC Club Championships 2006	
38.02 S	F	50 Free	04/02/2011	Time Trials	
1:25.27 S	F	100 Free	16/09/2010	Time Trials	
3:20.40 S	F	200 Free	04/02/2011	Time Trials	
8:06.20 S	F	400 Free	15/10/2010	Time Trials	
29.41 S	F	25 Back	24/09/2006	Garioch Mini Gala	
42.72 S	F	50 Back	11/09/2010	Garioch 200 Open	
1:35.87 S	F	100 Back	16/09/2010	Time Trials	
33.13 S	F	25 Breast	24/03/2006	Time Trials	
48.95 S	F	50 Breast	23/01/2011	Dyce Mini Meet 2010	
1:51.00 S	F	100 Breast	16/09/2010	Time Trials	
31.29 S	F	25 Fly	01/12/2006	GASC Club Championships 2006	
46.68 S	F	50 Fly	11/09/2010	Garioch 200 Open	
1:51.01 S	F	100 Fly	31/10/2010	Time Trials	
1:31.22 S	F	100 IM	23/01/2011	Dyce Mini Meet 2010	
<b>Rachel O'Shaughnessy (15) F</b>					
39.15 S	F	50 Free	16/09/2006	Westhill Minnows	
1:38.97 S	F	100 Free	02/06/2006	Session 2 Time Trial	
3:13.55 S	F	200 Free	01/12/2006	GASC Club Championships 2006	
46.83 S	P	50 Back	16/09/2006	Westhill Minnows	
1:42.43 S	F	100 Back	20/05/2006	Ythan Sprints	
50.91 S	F	50 Breast	24/03/2006	Time Trials	
1:47.85 S	F	100 Breast	01/12/2006	GASC Club Championships 2006	
49.75 S	P	50 Fly	16/09/2006	Westhill Minnows	
1:46.73 S	F	100 IM	06/05/2006	Inverness Graded Meet 2006	
<b>Bethan Payne (12) F</b>					
42.11 S	F	50 Free	17/12/2010	Time Trials	
46.70 S	F	50 Back	17/12/2010	Time Trials	
51.27 S	F	50 Breast	17/12/2010	Time Trials	
1:45.49 S	F	100 IM	17/12/2010	Time Trials	
<b>Courtney Robson (11) F</b>					
1:03.49 S	F	50 Free	22/05/2009	Fri-Sat Time Trials	
1:20.42 S	F	50 Back	22/05/2009	Fri-Sat Time Trials	
<b>Georgia Simpson (11) F</b>					
54.06 S	F	50 Free	12/06/2010	Peterhead Mini Meet	

## Individual Top Times

### Show Short Course Only

Time	P/F/S	Event			
<b>Georgia Simpson (11) F</b>					
58.78 S	F	50 Back	12/06/2010	Peterhead Mini Meet	
2:18.47 S	F	100 Back	11/12/2009	Garioch ASC Club Championships 2009	
1:07.81 S	F	50 Breast	12/06/2010	Peterhead Mini Meet	
<b>Hannah Slater (9) F</b>					
25.31 S	F	25 Free	28/11/2009	GASC Mini Gala 2009	
51.91 S	F	50 Free	12/06/2010	Peterhead Mini Meet	
27.40 S	F	25 Back	28/11/2009	GASC Mini Gala 2009	
1:01.32 S	F	50 Back	12/06/2010	Peterhead Mini Meet	
29.06 S	F	25 Breast	28/11/2009	GASC Mini Gala 2009	
59.67 S	F	50 Breast	12/06/2010	Peterhead Mini Meet	
30.76 S	F	25 Fly	28/11/2009	GASC Mini Gala 2009	
<b>Erin Smith (12) F</b>					
44.74 S	F	50 Free	28/08/2009	CTK Workshop	
48.99 S	F	50 Back	08/11/2008	Mini Gala 2008	
1:10.99 S	F	50 Breast	08/11/2008	Mini Gala 2008	
26.97 S	F	25 Fly	03/11/2007	Garioch ASC Mini Meet	
58.76 S	F	50 Fly	28/08/2009	CTK Workshop	
<b>Sarah Smith (16) F</b>					
15.56 S	F	25 Free	10/01/2009	SAS Junior Meet 2009	
31.70 S S	P	50 Free	06/03/2010	ND Age Group Championships	
1:06.33 S S	P	100 Free	06/03/2010	ND Age Group Championships	
2:20.10 S	F	200 Free	08/05/2010	Westhill Invitational	
5:00.13 S S	F	400 Free	06/03/2010	ND Age Group Championships	
10:06.31 S	F	800 Free	06/03/2010	ND Age Group Championships	
19:21.92 S	F	1500 Free	08/05/2010	Westhill Invitational	
40:11.73 S	T	2000 Free	25/03/2009	2000m Kick Test	
17.70 S	F	25 Back	10/01/2009	SAS Junior Meet 2009	
34.03 S S	F	50 Back	05/06/2010	ND Open Championship	
1:12.44 S S	F	100 Back	06/03/2010	ND Age Group Championships	
2:32.38 S	F	200 Back	06/03/2010	ND Age Group Championships	
21.22 S	F	25 Breast	10/01/2009	SAS Junior Meet 2009	
42.25 S S	F	50 Breast	07/11/2009	Aberdeen Dolphin Mitchell Trophy	
1:29.67 S	F	100 Breast	23/01/2010	Aberdeen ASC Medley	
3:09.76 S	F	200 Breast	11/09/2010	Garioch 200 Open	
15.92 S	F	25 Fly	10/01/2009	SAS Junior Meet 2009	
32.26 S	P	50 Fly	07/01/2011	British Gas Scottish Nats S.C.Open	
1:10.30 S	P	100 Fly	07/01/2011	British Gas Scottish Nats S.C.Open	
2:36.58 S S	F	200 Fly	30/05/2009	North District Open Championships	
1:14.04 S	P	100 IM	07/01/2011	British Gas Scottish Nats S.C.Open	
2:38.23 S	P	200 IM	05/06/2010	ND Open Championship	
5:33.00 S	P	400 IM	05/06/2010	ND Open Championship	
<b>Sophie Stewart (11) F</b>					
23.25 S	F	25 Free	22/05/2009	Fri-Sat Time Trials	
40.70 S	F	50 Free	16/09/2010	Time Trials	
1:32.34 S	F	100 Free	31/10/2010	Time Trials	
3:37.33 S	F	200 Free	11/12/2009	Garioch ASC Club Championships 2009	
43.64 S	F	50 Back	23/01/2011	Dyce Mini Meet 2010	
1:47.38 S	F	100 Back	16/09/2010	Time Trials	
49.07 S	F	50 Breast	11/09/2010	Garioch 200 Open	
1:50.80 S	F	100 Breast	16/09/2010	Time Trials	
41.18 S	F	25 Fly	08/11/2008	Mini Gala 2008	
49.89 S	F	50 Fly	23/01/2011	Dyce Mini Meet 2010	
1:39.51 S	F	100 IM	23/01/2011	Dyce Mini Meet 2010	
<b>Emily Strachan (11) F</b>					
34.61 S	T	25 Free	01/03/2008	Time Trial	
46.87 S	F	50 Free	12/06/2010	Peterhead Mini Meet	
40.48 S	T	25 Back	01/03/2008	Time Trial	
57.75 S	F	50 Back	12/06/2010	Peterhead Mini Meet	
44.39 S	T	25 Breast	01/03/2008	Time Trial	
1:23.08 S	F	50 Breast	08/11/2008	Mini Gala 2008	
<b>Louise Taylor (10) F</b>					
22.67 S	P	25 Free	03/05/2009	Aberdeen Dolphin Novice Team Challenge	
45.48 S	F	50 Free	24/01/2010	Dyce Mini Meet	

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### Individual Top Times

**Show Short Course Only**

Time	P/F/S	Event		
<b>Louise Taylor (10) F</b>				
29.27 S	F	25 Back	08/11/2008	Mini Gala 2008
55.39 S	F	50 Back	28/11/2009	GASC Mini Gala 2009
28.36 S	P	25 Breast	03/05/2009	Aberdeen Dolphin Novice Team Challenge
58.22 S	F	50 Breast	24/01/2010	Dyce Mini Meet
31.69 S	F	25 Fly	28/11/2008	GASC Club Championships 2008
2:37.75 S	F	100 IM	16/11/2007	GASC Club Championships 2007
<b>Jessica Thomson (12) F</b>				
15.56 S	F	25 Free	15/01/2011	SAS Junior Meet 2011
32.78 S	F	50 Free	23/10/2010	Scottish Schools Qual
1:14.20 S S	F	100 Free	15/01/2011	SAS Junior Meet 2011
2:31.23 S	F	200 Free	15/01/2011	SAS Junior Meet 2011
5:54.02 S	F	400 Free	30/09/2010	Time Trials
17.74 S	F	25 Back	15/01/2011	SAS Junior Meet 2011
40.68 S	F	50 Back	11/09/2010	Garioch 200 Open
1:24.96 S S	F	100 Back	15/01/2011	SAS Junior Meet 2011
2:52.30 S	F	200 Back	15/01/2011	SAS Junior Meet 2011
21.83 S	F	25 Breast	15/01/2011	SAS Junior Meet 2011
49.23 S	F	50 Breast	11/09/2010	Garioch 200 Open
1:39.80 S	F	100 Breast	04/09/2010	Brigde of Don September Splash 2010
3:26.08 S	F	200 Breast	11/09/2010	Garioch 200 Open
17.50 S	F	25 Fly	15/01/2011	SAS Junior Meet 2011
39.14 S S	F	50 Fly	15/01/2011	SAS Junior Meet 2011
1:28.82 S S	F	100 Fly	15/01/2011	SAS Junior Meet 2011
3:13.61 S	F	200 Fly	15/01/2011	SAS Junior Meet 2011
1:27.52 S	F	100 IM	05/08/2010	Time Trials
2:52.75 S	F	200 IM	15/01/2011	SAS Junior Meet 2011