
RECORDS LCM RECORDS FEMALE
LC Meters-Female

| | | | | | |
|-------|------------|----------|------------------|------|--|
| 8-8 | 50 Free | 1:00.00 | 28-Feb-05 | | STANDARD |
| | 100 Free | 2:00.00 | 27-Dec-05 | | STANDARD |
| | 200 Free | 5:00.00 | 27-Dec-05 | | STANDARD |
| | 50 Back | 1:00.00 | 31-Dec-05 | | STANDARD |
| | 100 Back | 2:00.00 | 31-Dec-05 | | STANDARD |
| | 50 Breast | 1:30.00 | 31-Dec-05 | | STANDARD |
| | 100 Breast | 2:30.00 | 31-Dec-05 | | STANDARD |
| | 50 Fly | 1:30.00 | 31-Dec-05 | | STANDARD |
| 9-9 | 50 Free | 39.86 | 8-Jan-05 | | CHLOE WEST |
| | 100 Free | 1:34.62 | 1-May-10 | NGHX | Chloe C. Grant at COGST Open Age Group |
| | 200 Free | 3:29.65 | 1-May-10 | NGHX | Chloe C. Grant at COGST Open Age Group |
| | 400 Free | 8:00.00 | 31-Dec-05 | | STANDARD |
| | 800 Free | 15:56.25 | 13-Feb-05 | | IMOGEN JONES |
| | 50 Back | 46.63 | 8-Jan-05 | | IMOGEN JONES |
| | 100 Back | 1:41.80 | 1-May-10 | NGHX | Chloe C. Grant at COGST Open Age Group |
| | 200 Back | 4:00.00 | 31-Dec-05 | | STANDARD |
| | 50 Breast | 55.12 | 8-Jan-05 | | LORNA STEWART |
| | 100 Breast | 2:00.00 | 31-Dec-05 | | STANDARD |
| | 200 Breast | 4:30.00 | 31-Dec-05 | | STANDARD |
| | 50 Fly | 51.81 | 1-May-10 | NGHX | Chloe C. Grant at COGST Open Age Group |
| | 100 Fly | 1:52.97 | 1-May-10 | NGHX | Chloe C. Grant at COGST Open Age Group |
| | 200 IM | 4:30.00 | 31-Dec-05 | | STANDARD |
| | 400 IM | 12:00.00 | 31-Dec-05 | | STANDARD |
| 10-10 | 50 Free | 37.70 | 20-May-06 | NGHX | LORNA STEWART at Glasgow LC Open Age Group |
| | 100 Free | 1:15.81 | 20-May-06 | NGHX | LORNA STEWART at Glasgow LC Open Age Group |
| | 200 Free | 2:39.43 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 400 Free | 7:00.00 | 31-Dec-05 | | STANDARD |
| | 800 Free | 14:43.13 | 13-Feb-05 | | PHOEBE WHITEHEAD |
| | 1500 Free | 35:00.00 | 31-Dec-05 | | STANDARD |
| | 50 Back | 40.65 | 29-Jun-06 | NGHX | EMILY B. JONES at Scottish National Open Champs 2006 |
| | 100 Back | 1:23.30 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 200 Back | 2:55.49 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 50 Breast | 46.70 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 100 Breast | 1:36.07 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 200 Breast | 3:25.29 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 50 Fly | 41.62 | 29-Jun-06 | NGHX | EMILY B. JONES at Scottish National Open Champs 2006 |
| | 100 Fly | 1:32.17 | 20-May-06 | NGHX | EMILY B. JONES at Glasgow LC Open Age Group |
| | 200 Fly | 3:19.63 | 29-Jun-06 | NGHX | EMILY B. JONES at Scottish National Open Champs 2006 |
| | 200 IM | 2:57.21 | 29-Jun-06 | NGHX | EMILY B. JONES at Scottish National Open Champs 2006 |
| | 400 IM | 10:00.00 | 31-Dec-05 | | STANDARD |
| 11-11 | 50 Free | 32.11 | 29-May-09 | NGHX | Jemma A. Grant at No Frills Meet 2009 |
| | 100 Free | 1:07.71 | 28-Jun-07 | NGHX | EMILY B. JONES at Scottish National Open Champs 2007 |
| | 200 Free | 2:26.89 | 12-Apr-07 | NGHX | EMILY B. JONES at Scottish National Age Groups 2007 |
| | 400 Free | 5:03.07 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |
| | 800 Free | 13:46.81 | 13-Feb-05 | | LUCY PRIMMER |
| | 1500 Free | 25:00.00 | 31-Dec-05 | | STANDARD |
| | 50 Back | 37.72 | 28-Jun-07 | NGHX | EMILY B. JONES at Scottish National Open Champs 2007 |
| | 100 Back | 1:18.21 | 28-Jun-07 | NGHX | EMILY B. JONES at Scottish National Open Champs 2007 |
| | 200 Back | 2:45.27 | 28-Jun-07 | NGHX | EMILY B. JONES at Scottish National Open Champs 2007 |
| | 50 Breast | 40.39 | 25-Jan-03 | | LUCY SKITMORE |
| | 100 Breast | 1:27.18 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |

RECORDS LCM RECORDS FEMALE

| | | | | | |
|------------|------------|----------|------------------|------------------|---|
| 11-11 | 200 Breast | 3:02.54 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |
| | 50 Fly | 35.00 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |
| | 100 Fly | 1:15.71 | 14-Apr-01 | | HANNAH MILEY |
| | 200 Fly | 2:48.44 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |
| | 200 IM | 2:43.32 | 28-Jun-07 | NGHX | EMILY B. JONES at Scottish National Open Champs 2007 |
| | 400 IM | 5:36.21 | 23-Jul-07 | NGHX | EMILY B. JONES at ASA 2007 |
| 12-12 | 50 Free | 29.01 | 26-Jun-08 | NGHX | Emily B. JONES at Scottish National Open Championships |
| | 100 Free | 1:02.82 | 26-Jun-08 | NGHX | Emily B. JONES at Scottish National Open Championships |
| | 200 Free | 2:09.87 | 24-Jul-08 | NGHX | Emily B. JONES at ASA 2008 BAGCAT |
| | 400 Free | 4:40.10 | 24-Jul-08 | NGHX | Emily B. JONES at ASA 2008 BAGCAT |
| | 800 Free | 9:38.91 | 24-Jul-08 | NGHX | Emily B. JONES at ASA 2008 BAGCAT |
| | 1500 Free | 18:24.22 | 26-Jun-08 | NGHX | Emily B. JONES at Scottish National Open Championships |
| | 50 Back | 34.60 | 17-May-02 | | HANNAH MILEY |
| | 100 Back | 1:13.22 | 15-Feb-08 | NGHX | EMILY B. JONES at Edinburgh Int Age Group - Celtic Tri Nation |
| | 200 Back | 2:35.60 | 10-Apr-08 | NGHX | Emily B. JONES at Scottish National Age Group |
| | 50 Breast | 38.10 | 15-Feb-08 | NGHX | Emily B. JONES at Edinburgh Int Age Group - Celtic Tri Nation |
| | 100 Breast | 1:18.78 | 26-Jan-08 | SAIA | ORLA L. ADAMS at Scottish Schools Swimming Championships |
| | 200 Breast | 2:48.01 | 26-Jan-08 | SAIA | ORLA L. ADAMS at Scottish Schools Swimming Championships |
| | 50 Fly | 32.28 | 18-Jun-02 | | HANNAH MILEY |
| | 100 Fly | 1:10.54 | 24-Jul-08 | NGHX | Emily B. JONES at ASA 2008 BAGCAT |
| | 200 Fly | 2:30.83 | 18-Jun-02 | | HANNAH MILEY |
| | 200 IM | 2:29.97 | 26-Jun-08 | NGHX | Emily B. JONES at Scottish National Open Championships |
| | 400 IM | 5:17.19 | 26-Jun-08 | NGHX | Emily B. JONES at Scottish National Open Championships |
| | 13-13 | 50 Free | 28.31 | 19-Oct-08 | NGHX |
| 100 Free | | 59.94 | 19-Oct-08 | NGHX | Emily B. JONES at ASA County Championships |
| 200 Free | | 2:08.09 | 22-Jul-09 | NGHX | Emily B. JONES at British Gas ASA National AG Champs Meet |
| 400 Free | | 4:26.22 | 22-Jul-09 | NGHX | Emily B. JONES at British Gas ASA National AG Champs Meet |
| 800 Free | | 9:20.20 | 29-May-09 | NGHX | Emily B. JONES at No Frills Meet 2009 |
| 1500 Free | | 17:42.93 | 25-Jun-09 | NGHX | Emily B. JONES at Scottish Gas National Open Swimming Champs |
| 50 Back | | 34.19 | 11-Jan-03 | | HANNAH MILEY |
| 100 Back | | 1:11.06 | 12-Apr-03 | | HANNAH MILEY |
| 200 Back | | 2:27.07 | 18-Jun-03 | | HANNAH MILEY |
| 50 Breast | | 34.98 | 5-Dec-08 | NGHX | ORLA L. ADAMS at Dutch Swim Cup |
| 100 Breast | | 1:14.82 | 19-Oct-08 | NGHX | ORLA L. ADAMS at ASA County Championships |
| 200 Breast | | 2:42.46 | 5-Dec-08 | NGHX | ORLA L. ADAMS at Dutch Swim Cup |
| 50 Fly | | 31.36 | 18-Jun-03 | | HANNAH MILEY |
| 100 Fly | | 1:06.86 | 19-Mar-03 | | HANNAH MILEY |
| 200 Fly | | 2:22.54 | 27-Jul-03 | | HANNAH MILEY |
| 200 IM | | 2:26.58 | 22-Jul-09 | NGHX | Emily B. JONES at British Gas ASA National AG Champs Meet |
| 400 IM | | 5:03.83 | 27-Jul-03 | | HANNAH MILEY |
| 14-14 | | 50 Free | 28.82 | 22-Jun-10 | NGHX |
| | 100 Free | 59.38 | 22-Jun-10 | NGHX | Emily B. Jones at Scottish Gas National LC Open |
| | 200 Free | 2:06.06 | 22-Jun-10 | NGHX | Emily B. Jones at Scottish Gas National LC Open |
| | 400 Free | 4:26.90 | 29-Mar-10 | NGHX | Emily B. Jones at British LC Championships |
| | 800 Free | 9:16.28 | 22-May-04 | | HANNAH MILEY |
| | 1500 Free | 17:57.41 | 2-Nov-03 | | HANNAH MILEY |
| | 50 Back | 34.28 | 13-Feb-10 | NGHX | Emily B. Jones at Edinburgh International |
| | 100 Back | 1:08.81 | 22-May-04 | | HANNAH MILEY |
| | 200 Back | 2:24.06 | 2-Aug-04 | | HANNAH MILEY |
| | 50 Breast | 34.89 | 8-Apr-09 | NGHX | ORLA L. ADAMS at Scottish National Age Group |
| | 100 Breast | 1:14.00 | 3-Aug-10 | NGHX | Emily B. Jones at ASA Youth Championships 2010 |
| | 200 Breast | 2:39.49 | 22-Jun-10 | NGHX | Emily B. Jones at Scottish Gas National LC Open |
| | 50 Fly | 30.27 | 27-Nov-09 | NGHX | Emily B. Jones at Swimcup Eindhoven |

RECORDS LCM RECORDS FEMALE

| | | | | | |
|------------|------------|------------------|--------------------|------------------|--|
| 14-14 | 100 Fly | 1:04.84 | 29-Jun-04 | | HANNAH MILEY |
| | 200 Fly | 2:20.96 | 29-Jun-04 | | HANNAH MILEY |
| | 200 IM | 2:20.23 | 3-Aug-10 | NGHX | Emily B. Jones at ASA Youth Championships 2010 |
| | 400 IM | 4:59.40 | 3-Aug-10 | NGHX | Emily B. Jones at ASA Youth Championships 2010 |
| 15-15 | 50 Free | 27.60 | 2-Jul-05 | | HANNAH MILEY |
| | 100 Free | 59.01 | * 5-Aug-05 | | HANNAH MILEY |
| | 100 Free | 59.01 | * 7-Aug-05 | NGHX | Hannah L. Miley at ASA Commonwealth Trials |
| | 200 Free | 2:04.12 | 29-Jan-11 | NGHX | Emily B. Jones at Scottish Schools |
| | 400 Free | 4:19.54 | 7-Aug-05 | NGHX | HANNAH L. MILEY at ASA Commonwealth Trials |
| | 800 Free | 8:59.67 | 5-Aug-05 | | HANNAH MILEY |
| | 1500 Free | 18:22.43 | 8-Apr-10 | NGHX | Phoebe L. Whitehead at SNAGS |
| | 50 Back | 33.27 | 22-Jun-10 | NGHX | Orla L. Adams at Scottish Gas National LC Open 2010 |
| | 100 Back | 1:05.70 | 17-Jul-05 | | HANNAH MILEY |
| | 200 Back | 2:17.79 | 28-Jun-05 | | HANNAH MILEY |
| | 50 Breast | 35.77 | 22-Jun-10 | NGHX | Orla L. Adams at Scottish Gas National LC Open |
| | 100 Breast | 1:16.50 | 13-Feb-10 | NGHX | ORLA L. ADAMS at Edinburgh International A/Grp Championship L1 |
| | 200 Breast | 2:42.67 | 6-Mar-05 | | HANNAH MILEY |
| | 50 Fly | 31.15 | 23-Oct-10 | NGHX | Emily B. Jones at LC Time Trials |
| | 100 Fly | 1:04.34 | 4-Jun-05 | | HANNAH MILEY |
| | 200 Fly | 2:16.02 | 30-Jun-05 | | HANNAH MILEY |
| | 200 IM | 2:18.79 | 29-Jan-11 | NGHX | Emily B. Jones at Scottish Schools |
| 400 IM | 4:47.47 | 14-Jul-05 | | HANNAH MILEY | |
| 16-16 | 50 Free | 27.60 | * 29-Apr-06 | NGHX | Hannah L. Miley at Edinburgh International |
| | 50 Free | 27.60 | * 31-Dec-05 | NGHX | HANNAH L. MILEY at Accredited PB Times LC |
| | 100 Free | 59.01 | 31-Dec-05 | NGHX | HANNAH L. MILEY at All PB Times LC |
| | 200 Free | 2:05.14 | 31-Dec-05 | NGHX | HANNAH L. MILEY at Accredited PB Times LC |
| | 400 Free | 4:19.54 | 9-Aug-05 | | HANNAH MILEY |
| | 800 Free | 8:58.58 | 4-Apr-06 | NGHX | HANNAH L. MILEY at 2006 British Championships |
| | 1500 Free | 17:14.16 | 29-Jun-06 | NGHX | HANNAH L. MILEY at Scottish National Open Champs 2006 |
| | 50 Back | 32.34 | 4-Apr-06 | NGHX | HANNAH L. MILEY at 2006 British Championships |
| | 100 Back | 1:05.52 | * 4-Dec-05 | | HANNAH MILEY |
| | 100 Back | 1:05.52 | * 5-Dec-05 | NGHX | Hannah L. Miley at WASA Winter Open |
| | 200 Back | 2:17.17 | 29-Jun-06 | NGHX | HANNAH L. MILEY at Scottish National Open Champs 2006 |
| | 50 Breast | 36.72 | 29-Apr-06 | NGHX | HANNAH L. MILEY at Edinburgh International |
| | 100 Breast | 1:16.34 | 29-Apr-06 | NGHX | HANNAH L. MILEY at Edinburgh International |
| | 200 Breast | 2:39.57 | 29-Apr-06 | NGHX | HANNAH L. MILEY at Edinburgh International |
| | 50 Fly | 29.99 | 15-Mar-06 | NGHX | HANNAH L. MILEY at XVIII Commonwealth Games |
| | 100 Fly | 1:04.04 | 15-Mar-06 | NGHX | HANNAH L. MILEY at XVIII Commonwealth Games |
| | 200 Fly | 2:15.66 | 29-Jun-06 | NGHX | HANNAH L. MILEY at Scottish National Open Champs 2006 |
| | 200 IM | 2:17.35 | 10-Jun-06 | NGHX | HANNAH L. MILEY at Mare Nostrum XXVII Barcelona |
| | 400 IM | 4:44.87 | 29-Jun-06 | NGHX | HANNAH L. MILEY at Scottish National Open Champs 2006 |
| | 17 & O | 50 Free | 27.46 | 30-Jan-10 | NGHX |
| 100 Free | | 57.45 | 25-Jun-09 | NGHX | Hannah L. Miley at Scottish Gas National Open Swimming Champs |
| 200 Free | | 1:58.54 | 25-Jun-09 | NGHX | Hannah L. Miley at Scottish Gas National Open Swimming Champs |
| 400 Free | | 4:10.43 | 26-Jun-08 | NGHX | Hannah L. Miley at Scottish National Open Championships |
| 800 Free | | 8:40.85 | 25-Jun-09 | NGHX | Hannah L. Miley at Scottish Gas National Open Swimming Champs |
| 1500 Free | | 16:28.06 | 26-Jun-08 | NGHX | Hannah L. Miley at Scottish National Open Championships |
| 50 Back | | 29.80 | 13-Feb-09 | NGHX | Hannah L. Miley at Edinburgh Int Age Group -L1 |
| 100 Back | | 1:03.64 | 5-Dec-08 | NGHX | Hannah L. Miley at Dutch Swim Cup |
| 200 Back | | 2:12.66 | 26-Jun-08 | NGHX | Hannah L. Miley at Scottish National Open Championships |
| 50 Breast | | 33.33 | 13-Feb-09 | NGHX | Hannah L. Miley at Edinburgh Int Age Group -L1 |
| 100 Breast | | 31.23 | 30-Jan-10 | NGHX | Hannah L. Miley at Burns Open Meet |
| 200 Breast | | 2:26.31 | 16-Mar-09 | NGHX | Hannah L. Miley at British Championships 2009 |

RECORDS LCM RECORDS FEMALE

| | | | | | |
|--------|---------|---------|------------------|------|---|
| 17 & O | 50 Fly | 28.93 | 26-Mar-08 | NGHX | Hannah L. Miley at British Swimming Champs 2008 |
| | 100 Fly | 1:01.14 | 26-Mar-08 | NGHX | Hannah L. Miley at British Swimming Champs 2008 |
| | 200 Fly | 2:08.24 | 16-Mar-09 | NGHX | Hannah L. Miley at British Championships 2009 |
| | 200 IM | 2:09.46 | 17-Jul-09 | NGHX | Hannah L. Miley at FINA World Championships |
| | 400 IM | 4:31.33 | 16-Mar-09 | NGHX | Hannah L. Miley at British Championships 2009 |