
Individual Top Times
Garioch Amateur Swimming Club [NGHX]**Show Long Course Only**

Time	P/F/S	Event			
Robert Bryce (16) M					
26.26 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
55.85 L	F	100 Free	29/01/2011	Scottish Schools	
2:01.24 L	F	200 Free	29/01/2011	Scottish Schools	
4:22.93 L	F	400 Free	30/10/2010	Carnegie LC Open Winter Meet	
9:16.96 L	F	800 Free	31/07/2010	Robert & Ruth LC PBs	
18:42.04 L	F	1500 Free	31/07/2010	Robert & Ruth LC PBs	
32.62 L	F	50 Back	31/07/2010	Robert & Ruth LC PBs	
1:09.36 L	F	100 Back	31/07/2010	Robert & Ruth LC PBs	
2:31.93 L	F	200 Back	31/07/2010	Robert & Ruth LC PBs	
33.66 L S	F	50 Breast	30/10/2010	Carnegie LC Open Winter Meet	
1:11.60 L	F	100 Breast	30/10/2010	Carnegie LC Open Winter Meet	
2:34.84 L	F	200 Breast	30/10/2010	Carnegie LC Open Winter Meet	
30.16 L	F	50 Fly	31/07/2010	Robert & Ruth LC PBs	
1:06.37 L	F	100 Fly	31/07/2010	Robert & Ruth LC PBs	
2:38.88 L	F	200 Fly	31/07/2010	Robert & Ruth LC PBs	
2:20.10 L	F	200 IM	30/10/2010	Carnegie LC Open Winter Meet	
5:23.37 L	F	400 IM	31/07/2010	Robert & Ruth LC PBs	
Hamish Cooper (13) M					
33.04 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:12.34 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
41.17 L S	P	50 Back	30/10/2010	Carnegie LC Open Winter Meet	
1:24.33 L	P	100 Back	30/10/2010	Carnegie LC Open Winter Meet	
2:55.53 L	F	200 Back	30/10/2010	Carnegie LC Open Winter Meet	
48.95 L	F	50 Breast	23/10/2010	LC Time Trials	
38.99 L S	P	50 Fly	30/10/2010	Carnegie LC Open Winter Meet	
1:25.20 L	P	100 Fly	30/10/2010	Carnegie LC Open Winter Meet	
2:59.78 L	F	200 IM	30/10/2010	Carnegie LC Open Winter Meet	
6:56.80 L	F	400 IM	23/10/2010	LC Time Trials	
Findlay Douglas (13) M					
32.40 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:11.56 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
2:35.89 L	F	200 Free	30/10/2010	Carnegie LC Open Winter Meet	
5:51.93 L S	F	400 Free	01/05/2010	COGST Open Age Group	
42.92 L S	F	50 Back	01/05/2010	COGST Open Age Group	
1:28.85 L S	F	100 Back	01/05/2010	COGST Open Age Group	
3:02.85 L	F	200 Back	30/10/2010	Carnegie LC Open Winter Meet	
45.74 L S	F	50 Breast	30/10/2010	Carnegie LC Open Winter Meet	
1:37.53 L S	F	100 Breast	30/10/2010	Carnegie LC Open Winter Meet	
3:23.09 L	F	200 Breast	30/10/2010	Carnegie LC Open Winter Meet	
48.57 L S	F	50 Fly	01/05/2010	COGST Open Age Group	
1:47.46 L	F	100 Fly	01/05/2010	COGST Open Age Group	
4:02.32 L S	F	200 Fly	01/05/2010	COGST Open Age Group	
3:15.05 L	F	200 IM	01/05/2010	COGST Open Age Group	
6:50.84 L	F	400 IM	01/05/2010	COGST Open Age Group	
Peter Holmes (13) M					
30.45 L	F	50 Free	30/10/2010	Carnegie LC Open Winter Meet	
1:10.30 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet	
2:33.74 L	F	200 Free	30/10/2010	Carnegie LC Open Winter Meet	
5:27.08 L S	F	400 Free	01/05/2010	COGST Open Age Group	
40.02 L S	P	50 Back	30/10/2010	Carnegie LC Open Winter Meet	
1:22.25 L	P	100 Back	30/10/2010	Carnegie LC Open Winter Meet	
2:53.68 L	F	200 Back	30/10/2010	Carnegie LC Open Winter Meet	
43.81 L S	P	50 Breast	30/10/2010	Carnegie LC Open Winter Meet	
1:34.34 L	P	100 Breast	30/10/2010	Carnegie LC Open Winter Meet	
3:27.17 L	F	200 Breast	30/10/2010	Carnegie LC Open Winter Meet	
37.43 L S	P	50 Fly	30/10/2010	Carnegie LC Open Winter Meet	
1:25.65 L	P	100 Fly	30/10/2010	Carnegie LC Open Winter Meet	
3:05.22 L	F	200 Fly	29/01/2011	Scottish Schools	
2:54.61 L	F	200 IM	30/10/2010	Carnegie LC Open Winter Meet	
6:29.71 L	F	400 IM	01/05/2010	COGST Open Age Group	
Thomas Holmes (15) M					
28.79 L	P	50 Free	30/10/2010	Carnegie LC Open Winter Meet	

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Thomas Holmes (15) M					
1:04.77	L S	P	100	Free	13/02/2010 Edinburgh International
2:12.92	L	F	200	Free	30/10/2010 Carnegie LC Open Winter Meet
4:51.70	L S	F	400	Free	01/05/2010 COGST Open Age Group
10:13.73	L S	F	800	Free	01/05/2010 COGST Open Age Group
19:12.88	L	F	1500	Free	01/05/2010 COGST Open Age Group
36.49	L S	P	50	Back	13/02/2010 Edinburgh International
1:15.78	L	P	100	Back	13/02/2010 Edinburgh International
2:41.89	L	F	200	Back	13/02/2010 Edinburgh International
34.74	L S	P	50	Breast	30/10/2010 Carnegie LC Open Winter Meet
1:13.96	L	P	100	Breast	30/10/2010 Carnegie LC Open Winter Meet
2:42.72	L	P	200	Breast	08/04/2010 SNAGS 2010
32.07	L S	F	50	Fly	30/10/2010 Carnegie LC Open Winter Meet
1:10.31	L	P	100	Fly	30/10/2010 Carnegie LC Open Winter Meet
2:40.43	L S	P	200	Fly	22/06/2010 Scottish Gas National LC Open 2010
2:27.75	L	F	200	IM	30/10/2010 Carnegie LC Open Winter Meet
5:25.00	L	F	400	IM	01/05/2010 COGST Open Age Group
Alastair Miley (16) M					
28.05	L	P	50	Free	30/10/2010 Carnegie LC Open Winter Meet
59.11	L	P	100	Free	30/10/2010 Carnegie LC Open Winter Meet
2:05.40	L	F	200	Free	30/10/2010 Carnegie LC Open Winter Meet
4:23.12	L	F	400	Free	30/10/2010 Carnegie LC Open Winter Meet
9:14.18	L	F	800	Free	08/04/2010 SNAGS 2010
17:35.76	L	F	1500	Free	01/05/2010 COGST Open Age Group
31.68	L S	F	50	Back	08/04/2010 SNAGS 2010
1:04.41	L	F	100	Back	30/10/2010 Carnegie LC Open Winter Meet
2:13.65	L	F	200	Back	29/01/2011 Scottish Schools
36.95	L S	P	50	Breast	30/10/2010 Carnegie LC Open Winter Meet
1:19.61	L	P	100	Breast	30/10/2010 Carnegie LC Open Winter Meet
2:50.21	L S	P	200	Breast	22/06/2010 Scottish Gas National LC Open 2010
30.27	L S	P	50	Fly	30/10/2010 Carnegie LC Open Winter Meet
1:04.53	L	P	100	Fly	30/10/2010 Carnegie LC Open Winter Meet
2:20.28	L S	F	200	Fly	22/06/2010 Scottish Gas National LC Open 2010
2:22.00	L	P	200	IM	22/06/2010 Scottish Gas National LC Open 2010
4:50.92	L	F	400	IM	29/01/2011 Scottish Schools
Joseph Miley (13) M					
30.25	L	F	50	Free	30/10/2010 Carnegie LC Open Winter Meet
1:05.99	L	P	100	Free	30/10/2010 Carnegie LC Open Winter Meet
2:17.63	L	P	200	Free	22/06/2010 Scottish Gas National LC Open 2010
4:50.55	L	F	400	Free	30/10/2010 Carnegie LC Open Winter Meet
10:07.22	L S	F	800	Free	01/05/2010 COGST Open Age Group
18:59.96	L	F	1500	Free	01/05/2010 COGST Open Age Group
35.00	L S	F	50	Back	28/07/2010 ASA Age Group Championships 2010
1:11.83	L S	P	100	Back	22/06/2010 Scottish Gas National LC Open 2010
2:28.30	L	F	200	Back	28/07/2010 ASA Age Group Championships 2010
41.38	L S	F	50	Breast	13/02/2010 Edinburgh International
1:27.29	L	F	100	Breast	13/02/2010 Edinburgh International
3:02.84	L	P	200	Breast	08/04/2010 SNAGS 2010
32.74	L S	P	50	Fly	28/07/2010 ASA Age Group Championships 2010
1:12.61	L S	P	100	Fly	28/07/2010 ASA Age Group Championships 2010
2:35.96	L	P	200	Fly	28/07/2010 ASA Age Group Championships 2010
2:35.37	L	P	200	IM	22/06/2010 Scottish Gas National LC Open 2010
5:24.99	L	F	400	IM	08/04/2010 SNAGS 2010
Owen Robinson (11) M					
35.43	L	P	50	Free	30/10/2010 Carnegie LC Open Winter Meet
1:24.11	L	P	100	Free	30/10/2010 Carnegie LC Open Winter Meet
3:02.02	L	F	200	Free	30/10/2010 Carnegie LC Open Winter Meet
52.68	L S	F	50	Back	01/05/2010 COGST Open Age Group
1:47.91	L S	F	100	Back	01/05/2010 COGST Open Age Group
52.08	L S	F	50	Breast	01/05/2010 COGST Open Age Group
1:50.48	L	F	100	Breast	01/05/2010 COGST Open Age Group
3:56.97	L	F	200	Breast	01/05/2010 COGST Open Age Group
42.40	L S	P	50	Fly	30/10/2010 Carnegie LC Open Winter Meet
1:36.04	L	P	100	Fly	30/10/2010 Carnegie LC Open Winter Meet
3:24.50	L	F	200	IM	30/10/2010 Carnegie LC Open Winter Meet

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Time	P/F/S	Event		
Stuart Seymour (10) M				
37.70 L	F	50 Free	30/10/2010	Carnegie LC Open Winter Meet
1:26.32 L	P	100 Free	30/10/2010	Carnegie LC Open Winter Meet
52.60 L S	P	50 Breast	30/10/2010	Carnegie LC Open Winter Meet
1:51.67 L	P	100 Breast	30/10/2010	Carnegie LC Open Winter Meet
David Smith (18) M				
28.13 L	P	50 Free	13/02/2010	Edinburgh International
1:00.03 L	F	100 Free	01/05/2010	COGST Open Age Group
2:08.70 L	P	200 Free	08/04/2010	SNAGS 2010
4:29.49 L	P	400 Free	25/06/2009	Scottish Gas National Open Swimming Champs
4:29.49 L	P	400 Free	25/06/2009	Scottish Gas National Open Swimming Champs
9:13.90 L	F	800 Free	08/04/2009	Scottish National Age Group
17:37.51 L	F	1500 Free	08/04/2009	Scottish National Age Group
34.39 L	P	50 Back	25/06/2009	Scottish Gas National Open Swimming Champs
34.39 L	P	50 Back	25/06/2009	Scottish Gas National Open Swimming Champs
1:10.61 L	F	100 Back	03/05/2008	City of Glasgow Open Meet 2008
2:29.63 L	P	200 Back	10/04/2008	Scottish National Age Group
37.76 L S	F	50 Breast	01/05/2010	COGST Open Age Group
1:20.21 L	F	100 Breast	01/05/2010	COGST Open Age Group
2:50.92 L	P	200 Breast	08/04/2010	SNAGS 2010
29.64 L S	P	50 Fly	08/04/2010	SNAGS 2010
1:03.25 L	P	100 Fly	08/04/2010	SNAGS 2010
2:18.87 L	P	200 Fly	22/06/2010	Scottish Gas National LC Open 2010
2:24.41 L S	P	200 IM	08/04/2009	Scottish National Age Group
5:05.19 L	F	400 IM	08/04/2009	Scottish National Age Group