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**RECORDS LCM RECORDS FEMALE**
**LC Meters-Female**

8-8	50 Free	1:00.00	<b>28-Feb-05</b>		STANDARD	
	100 Free	2:00.00	<b>27-Dec-05</b>		STANDARD	
	200 Free	5:00.00	<b>27-Dec-05</b>		STANDARD	
	50 Back	1:00.00	<b>31-Dec-05</b>		STANDARD	
	100 Back	2:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Breast	1:30.00	<b>31-Dec-05</b>		STANDARD	
	100 Breast	2:30.00	<b>31-Dec-05</b>		STANDARD	
	50 Fly	1:30.00	<b>31-Dec-05</b>		STANDARD	
9-9	50 Free	39.86	<b>8-Jan-05</b>		CHLOE WEST	
	100 Free	2:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Free	4:00.00	<b>31-Dec-05</b>		STANDARD	
	400 Free	8:00.00	<b>31-Dec-05</b>		STANDARD	
	800 Free	15:56.25	<b>13-Feb-05</b>		IMOGEN JONES	
	50 Back	46.63	<b>8-Jan-05</b>		IMOGEN JONES	
	100 Back	2:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Back	4:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Breast	55.12	<b>8-Jan-05</b>		LORNA STEWART	
	100 Breast	2:00.00	<b>31-Dec-05</b>		STANDARD	
	200 Breast	4:30.00	<b>31-Dec-05</b>		STANDARD	
	50 Fly	53.26	<b>8-Jan-05</b>		LORNA STEWART	
	100 Fly	3:00.00	<b>31-Dec-05</b>		STANDARD	
	200 IM	4:30.00	<b>31-Dec-05</b>		STANDARD	
400 IM	12:00.00	<b>31-Dec-05</b>		STANDARD		
10-10	50 Free	37.70	<b>20-May-06</b>	NGHX	LORNA STEWART at Glasgow LC Open Age Group	
	100 Free	1:15.81	<b>20-May-06</b>	NGHX	LORNA STEWART at Glasgow LC Open Age Group	
	200 Free	2:39.43	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	400 Free	7:00.00	<b>31-Dec-05</b>		STANDARD	
	800 Free	14:43.13	<b>13-Feb-05</b>		PHOEBE WHITEHEAD	
	1500 Free	35:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Back	40.65	<b>29-Jun-06</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2006	
	100 Back	1:23.30	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	200 Back	2:55.49	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	50 Breast	46.70	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	100 Breast	1:36.07	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	200 Breast	3:25.29	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	50 Fly	41.62	<b>29-Jun-06</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2006	
	100 Fly	1:32.17	<b>20-May-06</b>	NGHX	EMILY B. JONES at Glasgow LC Open Age Group	
	200 Fly	3:19.63	<b>29-Jun-06</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2006	
	200 IM	2:57.21	<b>29-Jun-06</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2006	
	400 IM	10:00.00	<b>31-Dec-05</b>		STANDARD	
	11-11	50 Free	32.23	<b>24-Mar-01</b>		HANNAH MILEY
		100 Free	1:07.71	<b>28-Jun-07</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2007
200 Free		2:26.89	<b>12-Apr-07</b>	NGHX	EMILY B. JONES at Scottish National Age Groups 2007	
400 Free		5:03.07	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	
800 Free		13:46.81	<b>13-Feb-05</b>		LUCY PRIMMER	
1500 Free		25:00.00	<b>31-Dec-05</b>		STANDARD	
50 Back		37.72	<b>28-Jun-07</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2007	
100 Back		1:18.21	<b>28-Jun-07</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2007	
200 Back		2:45.27	<b>28-Jun-07</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2007	
50 Breast		40.39	<b>25-Jan-03</b>		LUCY SKITMORE	
100 Breast		1:27.18	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	
200 Breast		3:02.54	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	

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11-11	50 Fly	35.00	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	
	100 Fly	1:15.71	<b>14-Apr-01</b>		HANNAH MILEY	
	200 Fly	2:48.44	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	
	200 IM	2:43.32	<b>28-Jun-07</b>	NGHX	EMILY B. JONES at Scottish National Open Champs 2007	
	400 IM	5:36.21	<b>23-Jul-07</b>	NGHX	EMILY B. JONES at ASA 2007	
12-12	50 Free	30.01	<b>17-May-02</b>		HANNAH MILEY	
	100 Free	1:03.38	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	200 Free	2:14.46	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	400 Free	4:42.33	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	800 Free	9:43.17	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	1500 Free	18:34.94	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	50 Back	34.60	<b>17-May-02</b>		HANNAH MILEY	
	100 Back	1:13.22	<b>15-Feb-08</b>	NGHX	EMILY B. JONES at Edinburgh Int Age Group - Celtic Tri Nation	
	200 Back	2:35.60	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	50 Breast	37.30	<b>26-Jan-08</b>	NGHX	ORLA L.ADAMS at Scottish Schools Swimming Championships	
	100 Breast	1:18.78	<b>26-Jan-08</b>	NGHX	ORLA L. ADAMS at Scottish Schools Swimming Championships	
	200 Breast	2:48.01	<b>26-Jan-08</b>	NGHX	ORLA L. ADAMS at Scottish Schools Swimming Championships	
	50 Fly	32.28	<b>18-Jun-02</b>		HANNAH MILEY	
	100 Fly	1:10.58	<b>18-Jun-02</b>		HANNAH MILEY	
	200 Fly	2:30.83	<b>18-Jun-02</b>		HANNAH MILEY	
	200 IM	2:31.21	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	400 IM	5:19.53	<b>10-Apr-08</b>	NGHX	EMILY B. JONES at Scottish National Age Group	
	13-13	50 Free	29.22	<b>18-Jun-03</b>		HANNAH MILEY
		100 Free	1:00.78	<b>27-Jul-03</b>		HANNAH MILEY
		200 Free	2:10.17	<b>17-Jul-03</b>		HANNAH MILEY
400 Free		4:36.35	<b>27-Jul-03</b>		HANNAH MILEY	
800 Free		9:28.00	<b>27-Jul-03</b>		HANNAH MILEY	
1500 Free		18:15.52	<b>18-Jun-03</b>		HANNAH MILEY	
50 Back		34.19	<b>11-Jan-03</b>		HANNAH MILEY	
100 Back		1:11.06	<b>12-Apr-03</b>		HANNAH MILEY	
200 Back		2:27.07	<b>18-Jun-03</b>		HANNAH MILEY	
50 Breast		36.23	<b>10-Apr-08</b>	NGHX	ORLA L. ADAMS at Scottish National Age Group	
100 Breast		1:16.33	<b>26-Mar-08</b>	NGHX	ORLA L. ADAMS at British Swimming Champs 2008	
200 Breast		2:45.02	<b>26-Mar-08</b>	NGHX	ORLA L. ADAMS at British Swimming Champs 2008	
50 Fly		31.36	<b>18-Jun-03</b>		HANNAH MILEY	
100 Fly		1:06.86	<b>19-Mar-03</b>		HANNAH MILEY	
200 Fly		2:22.54	<b>27-Jul-03</b>		HANNAH MILEY	
200 IM		2:27.68	<b>18-Jun-03</b>		HANNAH MILEY	
400 IM		5:03.83	<b>27-Jul-03</b>		HANNAH MILEY	
14-14		50 Free	29.60	<b>2-Nov-03</b>		HANNAH MILEY
		100 Free	1:00.33	<b>2-Aug-04</b>		HANNAH MILEY
		200 Free	2:08.79	<b>22-May-04</b>		HANNAH MILEY
	400 Free	4:30.21	<b>2-Aug-04</b>		HANNAH MILEY	
	800 Free	9:16.28	<b>22-May-04</b>		HANNAH MILEY	
	1500 Free	17:57.41	<b>2-Nov-03</b>		HANNAH MILEY	
	50 Back	34.95	<b>22-Aug-03</b>		HANNAH MILEY	
	100 Back	1:08.81	<b>22-May-04</b>		HANNAH MILEY	
	200 Back	2:24.06	<b>2-Aug-04</b>		HANNAH MILEY	
	50 Breast	38.34	<b>18-Jun-03</b>		JILL TAYLOR	
	100 Breast	1:20.00	<b>17-Apr-04</b>		HANNAH MILEY	
	200 Breast	2:47.01	<b>17-Apr-04</b>		HANNAH MILEY	
	50 Fly	31.12	<b>2-Nov-03</b>		HANNAH MILEY	
	100 Fly	1:04.84	<b>29-Jun-04</b>		HANNAH MILEY	
	200 Fly	2:20.96	<b>29-Jun-04</b>		HANNAH MILEY	

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**RECORDS LCM RECORDS FEMALE**

14-14	200 IM	2:23.07	<b>2-Aug-04</b>		HANNAH MILEY	
	400 IM	4:59.80	<b>2-Aug-04</b>		HANNAH MILEY	
15-15	50 Free	27.60	<b>2-Jul-05</b>		HANNAH MILEY	
	100 Free	59.01	<b>5-Aug-05</b>		HANNAH MILEY	
	200 Free	2:05.14	<b>7-Aug-05</b>		HANNAH MILEY	
	400 Free	4:19.54	<b>7-Aug-05</b>	NGHX	HANNAH L. MILEY at ASA Commonwealth Trials	
	800 Free	8:59.67	<b>5-Aug-05</b>		HANNAH MILEY	
	1500 Free	20:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Back	35.83	<b>24-Jun-99</b>		JENNIFER HOGG	
	100 Back	1:05.70	<b>17-Jul-05</b>		HANNAH MILEY	
	200 Back	2:17.79	<b>28-Jun-05</b>		HANNAH MILEY	
	50 Breast	36.91	<b>2-Jul-05</b>		HANNAH MILEY	
	100 Breast	1:17.52	<b>4-Mar-05</b>		HANNAH MILEY	
	200 Breast	2:42.67	<b>6-Mar-05</b>		HANNAH MILEY	
	50 Fly	33.75	<b>12-Apr-07</b>	NGHX	RACHAEL ADAM at Scottish National Age Groups 2007	
	100 Fly	1:04.34	<b>4-Jun-05</b>		HANNAH MILEY	
	200 Fly	2:16.02	<b>30-Jun-05</b>		HANNAH MILEY	
	200 IM	2:19.62	<b>5-Aug-05</b>		HANNAH MILEY	
	400 IM	4:47.47	<b>14-Jul-05</b>		HANNAH MILEY	
	16-16	50 Free	27.60	<b>31-Dec-05</b>	NGHX	HANNAH L. MILEY at Accredited PB Times LC
		100 Free	59.01	<b>31-Dec-05</b>	NGHX	HANNAH L. MILEY at All PB Times LC
		200 Free	2:05.14	<b>31-Dec-05</b>	NGHX	HANNAH L. MILEY at Accredited PB Times LC
400 Free		4:19.54	<b>9-Aug-05</b>		HANNAH MILEY	
800 Free		8:58.58	<b>4-Apr-06</b>	NGHX	HANNAH L. MILEY at 2006 British Championships	
1500 Free		17:14.16	<b>29-Jun-06</b>	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
50 Back		32.34	<b>4-Apr-06</b>	NGHX	HANNAH L. MILEY at 2006 British Championships	
100 Back		1:05.52	<b>4-Dec-05</b>		HANNAH MILEY	
200 Back		2:17.17	<b>29-Jun-06</b>	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
50 Breast		36.72	<b>29-Apr-06</b>	NGHX	HANNAH L. MILEY at Edinburgh International	
100 Breast		1:16.34	<b>29-Apr-06</b>	NGHX	HANNAH L. MILEY at Edinburgh International	
200 Breast		2:39.57	<b>29-Apr-06</b>	NGHX	HANNAH L. MILEY at Edinburgh International	
50 Fly		29.99	<b>15-Mar-06</b>	NGHX	HANNAH L. MILEY at XVIII Commonwealth Games	
100 Fly		1:04.04	<b>15-Mar-06</b>	NGHX	HANNAH L. MILEY at XVIII Commonwealth Games	
200 Fly		2:15.66	<b>29-Jun-06</b>	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
200 IM		2:17.35	<b>10-Jun-06</b>	NGHX	HANNAH L. MILEY at Mare Nostrum XXVII Barcelona	
400 IM		4:44.87	<b>29-Jun-06</b>	NGHX	HANNAH L. MILEY at Scottish National Open Champs 2006	
17 & O		50 Free	27.59	<b>7-Dec-07</b>	NGHX	HANNAH L. MILEY at Dutch Open 2007
		100 Free	58.06	<b>7-Dec-07</b>	NGHX	HANNAH L. MILEY at Dutch Open 2007
		200 Free	1:59.94	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008
	400 Free	4:12.22	<b>31-Jul-07</b>	NGHX	HANNAH L. MILEY at Conoco Phillips USA Open Champs	
	800 Free	8:41.16	<b>18-Jan-08</b>	NGHX	HANNAH L. MILEY at Coupe de France 2008	
	1500 Free	21:00.00	<b>31-Dec-05</b>		STANDARD	
	50 Back	31.70	<b>15-Feb-08</b>	NGHX	HANNAH L. MILEY at Edinburgh Int Age Group - Celtic Tri Natio	
	100 Back	1:05.32	<b>12-Apr-07</b>	NGHX	HANNAH L. MILEY at Scottish National Age Groups 2007	
	200 Back	2:15.84	<b>1-Dec-06</b>	NGHX	HANNAH L. MILEY at Eindhoven International	
	50 Breast	35.29	<b>15-Feb-08</b>	NGHX	HANNAH L. MILEY at Edinburgh Int Age Group - Celtic Tri Natio	
	100 Breast	1:13.80	<b>15-Feb-08</b>	NGHX	HANNAH L. MILEY at Edinburgh Int Age Group - Celtic Tri Natio	
	200 Breast	2:35.60	<b>26-Mar-07</b>	NGHX	HANNAH L. MILEY at British LC Championships	
	50 Fly	28.93	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008	
	100 Fly	1:01.14	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008	
	200 Fly	2:09.06	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008	
	200 IM	2:11.46	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008	
	400 IM	4:37.41	<b>26-Mar-08</b>	NGHX	HANNAH L. MILEY at British Swimming Champs 2008	