

## Individual Top Times

### Garioch Amateur Swimming Club [NGHX] Show Long Course Only

| Time                           | P/F/S   | Event |      |        |  |
|--------------------------------|---------|-------|------|--------|--|
| <b>Adam, Rachael (17) F</b>    |         |       |      |        |  |
| 33.48                          | L S B   | F     | 50   | Free   | 20/05/2006 Glasgow LC Open Age Group                     |
| 1:06.21                        | L A     | F     | 100  | Free   | 26/05/2007 City of Glasgow Swim Team Open Age Group Meet |
| 2:22.80                        | L A     | F     | 200  | Free   | 26/05/2007 City of Glasgow Swim Team Open Age Group Meet |
| 5:11.04                        | L B     | F     | 400  | Free   | 20/05/2006 Glasgow LC Open Age Group                     |
| 11:30.95                       | L B     | F     | 800  | Free   | 31/12/2005 All PB Times LC                               |
| 35.54                          | L A     | P     | 50   | Back   | 28/06/2007 Scottish National Open Champs 2007            |
| 1:16.40                        | L A     | P     | 100  | Back   | 28/06/2007 Scottish National Open Champs 2007            |
| 2:37.29                        | L A     | F     | 200  | Back   | 26/05/2007 City of Glasgow Swim Team Open Age Group Meet |
| 38.70                          | L S A   | P     | 50   | Breast | 28/06/2007 Scottish National Open Champs 2007            |
| 1:24.07                        | L A     | P     | 100  | Breast | 28/06/2007 Scottish National Open Champs 2007            |
| 3:03.04                        | L A     | P     | 200  | Breast | 28/06/2007 Scottish National Open Champs 2007            |
| 33.66                          | L A     | P     | 50   | Fly    | 28/06/2007 Scottish National Open Champs 2007            |
| 2:35.83                        | L AA    | P     | 200  | IM     | 12/04/2007 Scottish National Age Groups 2007             |
| 5:34.01                        | L A     | P     | 400  | IM     | 28/06/2007 Scottish National Open Champs 2007            |
| <b>Adams, Orla (13) F</b>      |         |       |      |        |  |
| 31.08                          | L S AA  | P     | 50   | Free   | 10/04/2008 Scottish National Age Group                   |
| 1:04.52                        | L AA    | F     | 100  | Free   | 10/04/2008 Scottish National Age Group                   |
| 2:20.76                        | L AA    | P     | 200  | Free   | 10/04/2008 Scottish National Age Group                   |
| 5:01.11                        | L AA    | F     | 400  | Free   | 10/04/2008 Scottish National Age Group                   |
| 37.19                          | L S A   | P     | 50   | Back   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation   |
| 1:16.73                        | L A     | P     | 100  | Back   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation   |
| 2:37.65                        | L AA    | P     | 200  | Back   | 10/04/2008 Scottish National Age Group                   |
| 36.23                          | L S AAA | P     | 50   | Breast | 10/04/2008 Scottish National Age Group                   |
| 1:16.33                        | L AAA   | P     | 100  | Breast | 26/03/2008 British Swimming Champs 2008                  |
| 2:45.02                        | L AAA   | P     | 200  | Breast | 26/03/2008 British Swimming Champs 2008                  |
| 35.50                          | L S A   | P     | 50   | Fly    | 10/04/2008 Scottish National Age Group                   |
| 1:21.25                        | L S B   | F     | 100  | Fly    | 06/10/2007 Early Bird open Meet                          |
| 2:36.08                        | L AA    | F     | 200  | IM     | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation   |
| 5:32.65                        | L AA    | F     | 400  | IM     | 10/04/2008 Scottish National Age Group                   |
| <b>Anderson, Callum (14) M</b> |         |       |      |        |  |
| 38.79                          | L       | F     | 50   | Free   | 03/02/2007 COGST Graded LC Age Group Meet                |
| 43.53                          | L S     | F     | 50   | Back   | 03/02/2007 COGST Graded LC Age Group Meet                |
| 1:31.75                        | L       | F     | 100  | Back   | 03/02/2007 COGST Graded LC Age Group Meet                |
| 46.82                          | L S     | F     | 50   | Breast | 03/02/2007 COGST Graded LC Age Group Meet                |
| 1:42.32                        | L       | F     | 100  | Breast | 03/02/2007 COGST Graded LC Age Group Meet                |
| <b>Bryce, Andrew (13) M</b>    |         |       |      |        |  |
| 30.35                          | L AA    | F     | 50   | Free   | 19/07/2007 PACIFIC SWIMMING LC JUNIOR OLYMPICS           |
| 1:03.56                        | L AA    | F     | 100  | Free   | 10/04/2008 Scottish National Age Group                   |
| 2:18.67                        | L AA    | F     | 200  | Free   | 26/01/2008 Scottish Schools Swimming Championships       |
| 4:49.56                        | L AA    | F     | 400  | Free   | 10/04/2008 Scottish National Age Group                   |
| 10:19.52                       | L S AA  | F     | 800  | Free   | 10/04/2008 Scottish National Age Group                   |
| 19:18.38                       | L AA    | F     | 1500 | Free   | 10/04/2008 Scottish National Age Group                   |
| 37.66                          | L S A   | P     | 50   | Back   | 10/04/2008 Scottish National Age Group                   |
| 1:16.74                        | L A     | P     | 100  | Back   | 10/04/2008 Scottish National Age Group                   |
| 2:41.79                        | L A     | P     | 200  | Back   | 10/04/2008 Scottish National Age Group                   |
| 40.98                          | L S A   | F     | 50   | Breast | 10/04/2008 Scottish National Age Group                   |
| 1:26.15                        | L A     | F     | 100  | Breast | 10/04/2008 Scottish National Age Group                   |
| 3:02.08                        | L A     | F     | 200  | Breast | 10/04/2008 Scottish National Age Group                   |
| 34.64                          | L S A   | P     | 50   | Fly    | 10/04/2008 Scottish National Age Group                   |
| 1:18.13                        | L B     | F     | 100  | Fly    | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation   |
| 2:50.92                        | L B     | F     | 200  | Fly    | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation   |
| 2:37.75                        | L AA    | F     | 200  | IM     | 10/04/2008 Scottish National Age Group                   |
| 5:35.43                        | L AA    | F     | 400  | IM     | 10/04/2008 Scottish National Age Group                   |
| <b>Craig, Hannah (13) F</b>    |         |       |      |        |  |
| 32.61                          | L S A   | P     | 50   | Free   | 10/04/2008 Scottish National Age Group                   |
| 1:09.01                        | L A     | P     | 100  | Free   | 10/04/2008 Scottish National Age Group                   |
| 44.34                          | L S B   | P     | 50   | Breast | 10/04/2008 Scottish National Age Group                   |

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| Time                           | P/F/S  | Event |            |            |   |
|--------------------------------|--------|-------|------------|------------|---|
| <b>Craig, Hannah (13) F</b>    |        |       |            |            |   |
| 1:33.53                        | L S B  | P     | 100 Breast | 10/04/2008 | Scottish National Age Group                 |
| 3:18.29                        | L B    | P     | 200 Breast | 10/04/2008 | Scottish National Age Group                 |
| 37.17                          | L S B  | P     | 50 Fly     | 10/04/2008 | Scottish National Age Group                 |
| 1:20.04                        | L B    | P     | 100 Fly    | 10/04/2008 | Scottish National Age Group                 |
| 2:57.02                        | L B    | P     | 200 IM     | 10/04/2008 | Scottish National Age Group                 |
| <b>Freeman, Cat (14) F</b>     |        |       |            |            |   |
| 43.88                          | L S B  | F     | 50 Breast  | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 1:32.43                        | L S B  | F     | 100 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 3:15.11                        | L B    | F     | 200 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| <b>Heard, Nathan (11) M</b>    |        |       |            |            |   |
| 41.27                          | L B    | F     | 50 Free    | 03/02/2007 | COGST Graded LC Age Group Meet              |
| 51.30                          | L B    | F     | 50 Back    | 03/02/2007 | COGST Graded LC Age Group Meet              |
| 58.81                          | L B    | F     | 50 Breast  | 03/02/2007 | COGST Graded LC Age Group Meet              |
| <b>Holmes, Thomas (13) M</b>   |        |       |            |            |   |
| 38.34                          | L      | F     | 50 Free    | 03/02/2007 | COGST Graded LC Age Group Meet              |
| 51.57                          | L S    | F     | 50 Breast  | 03/02/2007 | COGST Graded LC Age Group Meet              |
| 1:49.59                        | L      | F     | 100 Breast | 03/02/2007 | COGST Graded LC Age Group Meet              |
| <b>Jones, Emily (13) F</b>     |        |       |            |            |   |
| 30.41                          | L S AA | P     | 50 Free    | 10/04/2008 | Scottish National Age Group                 |
| 1:03.38                        | L AAA  | F     | 100 Free   | 10/04/2008 | Scottish National Age Group                 |
| 2:14.46                        | L AAA  | F     | 200 Free   | 10/04/2008 | Scottish National Age Group                 |
| 4:42.33                        | L AAA  | F     | 400 Free   | 10/04/2008 | Scottish National Age Group                 |
| 9:43.17                        | L AAA  | F     | 800 Free   | 10/04/2008 | Scottish National Age Group                 |
| 18:34.94                       | L AAA  | F     | 1500 Free  | 10/04/2008 | Scottish National Age Group                 |
| 35.74                          | L S AA | F     | 50 Back    | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 1:13.22                        | L AA   | F     | 100 Back   | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 2:35.60                        | L AA   | F     | 200 Back   | 10/04/2008 | Scottish National Age Group                 |
| 38.10                          | L S AA | F     | 50 Breast  | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 1:20.70                        | L AA   | F     | 100 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 2:52.78                        | L AA   | F     | 200 Breast | 10/04/2008 | Scottish National Age Group                 |
| 32.52                          | L S AA | F     | 50 Fly     | 10/04/2008 | Scottish National Age Group                 |
| 1:11.21                        | L AA   | F     | 100 Fly    | 10/04/2008 | Scottish National Age Group                 |
| 2:37.73                        | L AA   | F     | 200 Fly    | 10/04/2008 | Scottish National Age Group                 |
| 2:31.21                        | L AAA  | F     | 200 IM     | 10/04/2008 | Scottish National Age Group                 |
| 5:19.53                        | L AAA  | F     | 400 IM     | 10/04/2008 | Scottish National Age Group                 |
| <b>Jones, Imogen (13) F</b>    |        |       |            |            |   |
| 40.79                          | L      | F     | 50 Free    | 31/12/2005 | All PB Times LC                             |
| 40.79                          | L      | F     | 50 Free    | 31/12/2005 | Accredited PB Times LC                      |
| 2:45.76                        | L B    | F     | 200 Free   | 09/12/2006 | COSS Winter Distance Meet                   |
| 15:56.25                       | L      | F     | 800 Free   | 31/12/2005 | All PB Times LC                             |
| 38.35                          | L S A  | P     | 50 Back    | 12/04/2007 | Scottish National Age Groups 2007           |
| 1:22.13                        | L S B  | P     | 100 Back   | 12/04/2007 | Scottish National Age Groups 2007           |
| 2:51.04                        | L A    | P     | 200 Back   | 12/04/2007 | Scottish National Age Groups 2007           |
| 53.45                          | L      | F     | 50 Fly     | 31/12/2005 | Accredited PB Times LC                      |
| 53.45                          | L      | F     | 50 Fly     | 31/12/2005 | All PB Times LC                             |
| 3:07.70                        | L B    | F     | 200 IM     | 09/12/2006 | COSS Winter Distance Meet                   |
| 6:34.30                        | L B    | F     | 400 IM     | 09/12/2006 | COSS Winter Distance Meet                   |
| <b>Laing, Daniel (14) M</b>    |        |       |            |            |   |
| 50.28                          | L      | F     | 50 Breast  | 31/12/2005 | Accredited PB Times LC                      |
| 50.28                          | L      | F     | 50 Breast  | 31/12/2005 | All PB Times LC                             |
| 59.43                          | L      | F     | 50 Fly     | 31/12/2005 | All PB Times LC                             |
| 59.43                          | L      | F     | 50 Fly     | 31/12/2005 | Accredited PB Times LC                      |
| <b>Macbrayne, Laura (15) F</b> |        |       |            |            |   |
| 42.69                          | L S B  | P     | 50 Breast  | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 1:30.98                        | L B    | P     | 100 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| 3:15.69                        | L B    | F     | 200 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |
| <b>Maddock, Rosie (15) F</b>   |        |       |            |            |   |

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| Time                               | P/F/S | Event   |
|------------------------------------|-------|---|
| <b>Maddock, Rosie (15) F</b>       |       |   |
| 32.57 L S B                        | P     | 50 Free 12/04/2007 Scottish National Age Groups 2007              |
| 1:07.66 L A                        | F     | 100 Free 26/05/2007 City of Glasgow Swim Team Open Age Group Meet |
| 2:28.30 L A                        | F     | 200 Free 26/05/2007 City of Glasgow Swim Team Open Age Group Meet |
| 5:04.53 L A                        | F     | 400 Free 10/04/2008 Scottish National Age Group                   |
| 10:32.06 L S A                     | F     | 800 Free 10/04/2008 Scottish National Age Group                   |
| 19:47.10 L AA                      | F     | 1500 Free 10/04/2008 Scottish National Age Group                  |
| 36.25 L A                          | P     | 50 Back 29/06/2006 Scottish National Open Champs 2006             |
| 1:16.61 L A                        | P     | 100 Back 10/04/2008 Scottish National Age Group                   |
| 2:40.23 L A                        | P     | 200 Back 10/04/2008 Scottish National Age Group                   |
| 40.36 L S B                        | P     | 50 Breast 12/04/2007 Scottish National Age Groups 2007            |
| 1:25.64 L A                        | P     | 100 Breast 12/04/2007 Scottish National Age Groups 2007           |
| 2:59.88 L A                        | F     | 200 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 32.94 L S A                        | P     | 50 Fly 10/04/2008 Scottish National Age Group                     |
| 1:11.48 L AA                       | P     | 100 Fly 10/04/2008 Scottish National Age Group                    |
| 2:40.49 L A                        | F     | 200 Fly 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation    |
| 2:36.35 L AA                       | F     | 200 IM 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation     |
| 5:39.09 L A                        | F     | 400 IM 10/04/2008 Scottish National Age Group                     |
| <b>Miley, Alastair (14) M</b>      |       |   |
| 32.16 L S B                        | P     | 50 Free 10/04/2008 Scottish National Age Group                    |
| 1:07.66 L S B                      | P     | 100 Free 10/04/2008 Scottish National Age Group                   |
| 2:19.35 L A                        | P     | 200 Free 10/04/2008 Scottish National Age Group                   |
| 4:51.99 L A                        | F     | 400 Free 10/04/2008 Scottish National Age Group                   |
| 10:18.68 L AAA                     | F     | 800 Free 12/04/2007 Scottish National Age Groups 2007             |
| 20:31.38 L B                       | F     | 1500 Free 06/10/2007 Early Bird open Meet                         |
| 34.26 L S A                        | F     | 50 Back 10/04/2008 Scottish National Age Group                    |
| 1:10.99 L L A                      | F     | 100 Back 10/04/2008 Scottish National Age Group                   |
| 2:26.83 L AA                       | F     | 200 Back 10/04/2008 Scottish National Age Group                   |
| 43.33 L S                          | F     | 50 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation  |
| 1:32.90 L S                        | F     | 100 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 3:11.99 L B                        | F     | 200 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 33.74 L S B                        | F     | 50 Fly 10/04/2008 Scottish National Age Group                     |
| 1:12.92 L S B                      | P     | 100 Fly 10/04/2008 Scottish National Age Group                    |
| 2:34.15 L A                        | P     | 200 Fly 10/04/2008 Scottish National Age Group                    |
| 2:36.91 L A                        | F     | 200 IM 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation     |
| 5:24.38 L AA                       | F     | 400 IM 10/04/2008 Scottish National Age Group                     |
| <b>Miley, Hannah (19) F</b>        |       |   |
| 27.59 L                            | P     | 50 Free 07/12/2007 Dutch Open 2007                                |
| 58.06 L                            | P     | 100 Free 07/12/2007 Dutch Open 2007                               |
| 1:59.94 L                          | P     | 200 Free 26/03/2008 British Swimming Champs 2008                  |
| 4:12.22 L                          | F     | 400 Free 31/07/2007 Conoco Phillips USA Open Champs               |
| 8:41.16 L                          | P     | 800 Free 18/01/2008 Coupe de France 2008                          |
| 17:14.16 L                         | F     | 1500 Free 29/06/2006 Scottish National Open Champs 2006           |
| 31.70 L                            | F     | 50 Back 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation    |
| 1:05.32 L                          | F     | 100 Back 12/04/2007 Scottish National Age Groups 2007             |
| 2:15.84 L                          | F     | 200 Back 01/12/2006 Eindhoven International                       |
| 35.29 L S                          | F     | 50 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation  |
| 1:13.80 L                          | F     | 100 Breast 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:35.60 L                          | P     | 200 Breast 26/03/2007 British LC Championships                    |
| 28.93 L S                          | P     | 50 Fly 26/03/2008 British Swimming Champs 2008                    |
| 1:01.14 L                          | P     | 100 Fly 26/03/2008 British Swimming Champs 2008                   |
| 2:09.06 L                          | P     | 200 Fly 26/03/2008 British Swimming Champs 2008                   |
| 2:11.46 L                          | P     | 200 IM 26/03/2008 British Swimming Champs 2008                    |
| 4:37.41 L                          | F     | 400 IM 26/03/2008 British Swimming Champs 2008                    |
| <b>Miley, Joseph (11) M</b>        |       |   |
| 38.57 L AA                         | F     | 50 Back 26/01/2008 Scottish Schools Swimming Championships        |
| <b>Petursdottir, Nicole (14) F</b> |       |   |
| 31.33 L S A                        | P     | 50 Free 10/04/2008 Scottish National Age Group                    |
| 1:04.73 L AA                       | P     | 100 Free 10/04/2008 Scottish National Age Group                   |

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| Time                               | P/F/S     | Event      |            |   |  |
|------------------------------------|-----------|------------|------------|---|--|
| <b>Petursdottir, Nicole (14) F</b> |           |            |            |   |  |
| 2:25.00                            | L A P     | 200 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 5:06.48                            | L A F     | 400 Free   | 12/04/2007 | Scottish National Age Groups 2007           |  |
| 38.24                              | L S B P   | 50 Back    | 10/04/2008 | Scottish National Age Group                 |  |
| 1:17.04                            | L A P     | 100 Back   | 10/04/2008 | Scottish National Age Group                 |  |
| 2:45.54                            | L A P     | 200 Back   | 10/04/2008 | Scottish National Age Group                 |  |
| 42.53                              | L S B F   | 50 Breast  | 06/10/2007 | Early Bird open Meet                        |  |
| 1:30.17                            | L B F     | 100 Breast | 06/10/2007 | Early Bird open Meet                        |  |
| 3:14.05                            | L B F     | 200 Breast | 06/10/2007 | Early Bird open Meet                        |  |
| 34.01                              | L S A P   | 50 Fly     | 10/04/2008 | Scottish National Age Group                 |  |
| 1:16.53                            | L B P     | 100 Fly    | 10/04/2008 | Scottish National Age Group                 |  |
| 2:57.84                            | L B F     | 200 Fly    | 28/06/2007 | Scottish National Open Champs 2007          |  |
| 2:41.48                            | L A P     | 200 IM     | 10/04/2008 | Scottish National Age Group                 |  |
| 5:43.93                            | L A F     | 400 IM     | 10/04/2008 | Scottish National Age Group                 |  |
| <b>Rennie, Greig (14) M</b>        |           |            |            |   |  |
| 32.11                              | L S B P   | 50 Free    | 10/04/2008 | Scottish National Age Group                 |  |
| 1:03.70                            | L L A F   | 100 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 2:17.37                            | L A F     | 200 Free   | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 4:47.69                            | L A F     | 400 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 10:01.69                           | L S AAA F | 800 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 18:36.52                           | L AA F    | 1500 Free  | 10/04/2008 | Scottish National Age Group                 |  |
| 38.07                              | L S B P   | 50 Back    | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 1:16.94                            | L B P     | 100 Back   | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 2:39.93                            | L A P     | 200 Back   | 10/04/2008 | Scottish National Age Group                 |  |
| 35.48                              | L S AA F  | 50 Breast  | 10/04/2008 | Scottish National Age Group                 |  |
| 1:16.31                            | L AA P    | 100 Breast | 10/04/2008 | Scottish National Age Group                 |  |
| 2:46.73                            | L AA F    | 200 Breast | 10/04/2008 | Scottish National Age Group                 |  |
| 32.94                              | L S A P   | 50 Fly     | 10/04/2008 | Scottish National Age Group                 |  |
| 1:12.12                            | L A P     | 100 Fly    | 10/04/2008 | Scottish National Age Group                 |  |
| 2:33.33                            | L A P     | 200 IM     | 10/04/2008 | Scottish National Age Group                 |  |
| <b>Rennie, Sarah (16) F</b>        |           |            |            |   |  |
| 33.44                              | L B P     | 50 Free    | 29/04/2006 | Edinburgh International                     |  |
| 1:09.58                            | L B P     | 100 Free   | 29/04/2006 | Edinburgh International                     |  |
| 2:30.65                            | L B F     | 200 Free   | 29/04/2006 | Edinburgh International                     |  |
| 12:51.01                           | L F       | 800 Free   | 31/12/2005 | All PB Times LC                             |  |
| 36.24                              | L A P     | 50 Back    | 28/06/2007 | Scottish National Open Champs 2007          |  |
| 1:16.96                            | L A P     | 100 Back   | 29/04/2006 | Edinburgh International                     |  |
| 2:41.70                            | L A P     | 200 Back   | 12/04/2007 | Scottish National Age Groups 2007           |  |
| 45.41                              | L S P     | 50 Breast  | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 1:35.33                            | L S P     | 100 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 3:15.93                            | L B P     | 200 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 38.19                              | L S P     | 50 Fly     | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 1:27.97                            | L P       | 100 Fly    | 29/04/2006 | Edinburgh International                     |  |
| 3:09.35                            | L F       | 200 Fly    | 29/04/2006 | Edinburgh International                     |  |
| 2:49.56                            | L B F     | 200 IM     | 29/04/2006 | Edinburgh International                     |  |
| <b>Smith, David (15) M</b>         |           |            |            |   |  |
| 29.89                              | L S B P   | 50 Free    | 10/04/2008 | Scottish National Age Group                 |  |
| 1:03.65                            | L S A P   | 100 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 2:13.49                            | L A P     | 200 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 4:36.82                            | L S AA F  | 400 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 9:22.84                            | L AAA F   | 800 Free   | 10/04/2008 | Scottish National Age Group                 |  |
| 18:16.59                           | L AA F    | 1500 Free  | 10/04/2008 | Scottish National Age Group                 |  |
| 35.81                              | L S B F   | 50 Back    | 28/06/2007 | Scottish National Open Champs 2007          |  |
| 1:12.98                            | L B F     | 100 Back   | 28/06/2007 | Scottish National Open Champs 2007          |  |
| 2:29.63                            | L A P     | 200 Back   | 10/04/2008 | Scottish National Age Group                 |  |
| 40.57                              | L S B P   | 50 Breast  | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 1:26.64                            | L S B P   | 100 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 2:59.74                            | L B P     | 200 Breast | 15/02/2008 | Edinburgh Int Age Group - Celtic Tri Nation |  |
| 30.65                              | L S A P   | 50 Fly     | 10/04/2008 | Scottish National Age Group                 |  |

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### Show Long Course Only

| Time                          | P/F/S | Event      |            |   |  |
|-------------------------------|-------|------------|------------|---|--|
| <b>Smith, David (15) M</b>    |       |            |            |   |  |
| 1:05.63 L                     | AA P  | 100 Fly    | 10/04/2008 | Scottish National Age Group                   |  |
| 2:24.66 L                     | AA P  | 200 Fly    | 10/04/2008 | Scottish National Age Group                   |  |
| 2:29.39 L                     | A P   | 200 IM     | 10/04/2008 | Scottish National Age Group                   |  |
| 5:17.70 L                     | A F   | 400 IM     | 10/04/2008 | Scottish National Age Group                   |  |
| <b>Smith, Michael (19) M</b>  |       |            |            |   |  |
| 27.71 L S                     | P     | 50 Free    | 10/04/2008 | Scottish National Age Group                   |  |
| 57.61 L                       | P     | 100 Free   | 10/04/2008 | Scottish National Age Group                   |  |
| 2:05.03 L                     | P     | 200 Free   | 10/04/2008 | Scottish National Age Group                   |  |
| 4:23.68 L                     | F     | 400 Free   | 26/05/2007 | City of Glasgow Swim Team Open Age Group Meet |  |
| 9:02.28 L                     | F     | 800 Free   | 10/04/2008 | Scottish National Age Group                   |  |
| 18:08.34 L                    | F     | 1500 Free  | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 34.96 L S                     | P     | 50 Back    | 29/04/2006 | Edinburgh International                       |  |
| 1:12.72 L                     | P     | 100 Back   | 29/04/2006 | Edinburgh International                       |  |
| 2:36.25 L                     | F     | 200 Back   | 29/04/2006 | Edinburgh International                       |  |
| 33.92 L S                     | P     | 50 Breast  | 10/04/2008 | Scottish National Age Group                   |  |
| 1:13.29 L                     | F     | 100 Breast | 10/04/2008 | Scottish National Age Group                   |  |
| 2:41.76 L                     | F     | 200 Breast | 12/04/2007 | Scottish National Age Groups 2007             |  |
| 29.50 L                       | F     | 50 Fly     | 06/10/2007 | Early Bird open Meet                          |  |
| 1:04.53 L                     | P     | 100 Fly    | 10/04/2008 | Scottish National Age Group                   |  |
| 2:33.76 L                     | F     | 200 Fly    | 29/04/2006 | Edinburgh International                       |  |
| 2:22.33 L                     | P     | 200 IM     | 10/04/2008 | Scottish National Age Group                   |  |
| 5:13.50 L                     | F     | 400 IM     | 09/12/2006 | COSS Winter Distance Meet                     |  |
| <b>Smith, Sarah (13) F</b>    |       |            |            |   |  |
| 40.26 L                       | F     | 50 Free    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 46.37 L S                     | F     | 50 Back    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:34.94 L                     | F     | 100 Back   | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 50.98 L S                     | F     | 50 Breast  | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:47.68 L                     | F     | 100 Breast | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 44.05 L S                     | F     | 50 Fly     | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:23.62 L B                   | F     | 100 Fly    | 28/06/2007 | Scottish National Open Champs 2007            |  |
| <b>Stewart, Lorna (13) F</b>  |       |            |            |   |  |
| 37.70 L S                     | F     | 50 Free    | 20/05/2006 | Glasgow LC Open Age Group                     |  |
| 1:15.81 L B                   | F     | 100 Free   | 20/05/2006 | Glasgow LC Open Age Group                     |  |
| 2:48.62 L B                   | F     | 200 Free   | 09/12/2006 | COSS Winter Distance Meet                     |  |
| 39.62 L S B                   | F     | 50 Back    | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 1:22.85 L B                   | F     | 100 Back   | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 2:52.09 L A                   | F     | 200 Back   | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 45.80 L S B                   | F     | 50 Breast  | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 1:37.83 L S B                 | F     | 100 Breast | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 3:20.21 L B                   | F     | 200 Breast | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 40.12 L S                     | F     | 50 Fly     | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 1:21.52 L B                   | F     | 100 Fly    | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 3:13.04 L                     | F     | 200 Fly    | 28/06/2007 | Scottish National Open Champs 2007            |  |
| 3:01.93 L B                   | F     | 200 IM     | 09/12/2006 | COSS Winter Distance Meet                     |  |
| 6:30.67 L B                   | F     | 400 IM     | 09/12/2006 | COSS Winter Distance Meet                     |  |
| <b>Thomson, Andrew (15) M</b> |       |            |            |   |  |
| 34.52 L                       | F     | 50 Free    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:13.16 L                     | F     | 100 Free   | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 41.09 L S                     | F     | 50 Back    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:21.01 L                     | F     | 100 Back   | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 2:37.63 L B                   | F     | 200 Back   | 26/01/2008 | Scottish Schools Swimming Championships       |  |
| <b>Thomson, Martyn (12) M</b> |       |            |            |   |  |
| 42.18 L                       | F     | 50 Free    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 1:33.17 L                     | F     | 100 Free   | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 48.15 L                       | F     | 50 Back    | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 55.21 L                       | F     | 50 Breast  | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| 54.27 L                       | F     | 50 Fly     | 03/02/2007 | COGST Graded LC Age Group Meet                |  |
| <b>Walker, Scott (25) M</b>   |       |            |            |   |  |

## Individual Top Times

### Show Long Course Only

| Time                           | P/F/S  | Event |      |        |  |
|--------------------------------|--------|-------|------|--------|--|
| <b>Walker, Scott (25) M</b>    |        |       |      |        |  |
| 33.25                          | L S    | P     | 50   | Free   | 29/04/2006 Edinburgh International                     |
| 1:12.08                        | L      | P     | 100  | Free   | 29/04/2006 Edinburgh International                     |
| 2:43.78                        | L      | F     | 200  | Free   | 29/04/2006 Edinburgh International                     |
| 38.15                          | L S    | P     | 50   | Back   | 29/04/2006 Edinburgh International                     |
| 1:19.73                        | L      | P     | 100  | Back   | 29/04/2006 Edinburgh International                     |
| 2:55.26                        | L      | F     | 200  | Back   | 29/04/2006 Edinburgh International                     |
| 39.53                          | L S    | P     | 50   | Breast | 29/04/2006 Edinburgh International                     |
| 1:26.75                        | L      | P     | 100  | Breast | 29/04/2006 Edinburgh International                     |
| 3:11.65                        | L      | F     | 200  | Breast | 29/04/2006 Edinburgh International                     |
| 37.24                          | L S    | P     | 50   | Fly    | 29/04/2006 Edinburgh International                     |
| 1:31.12                        | L      | P     | 100  | Fly    | 29/04/2006 Edinburgh International                     |
| 2:56.91                        | L      | F     | 200  | IM     | 29/04/2006 Edinburgh International                     |
| <b>Walker, William (13) M</b>  |        |       |      |        |  |
| 32.48                          | L S A  | P     | 50   | Free   | 10/04/2008 Scottish National Age Group                 |
| 1:09.81                        | L S B  | P     | 100  | Free   | 10/04/2008 Scottish National Age Group                 |
| 2:26.73                        | L A    | P     | 200  | Free   | 10/04/2008 Scottish National Age Group                 |
| 5:05.32                        | L A    | F     | 400  | Free   | 10/04/2008 Scottish National Age Group                 |
| 10:32.77                       | L A    | F     | 800  | Free   | 10/04/2008 Scottish National Age Group                 |
| 37.36                          | L S A  | P     | 50   | Back   | 10/04/2008 Scottish National Age Group                 |
| 1:16.96                        | L A    | P     | 100  | Back   | 10/04/2008 Scottish National Age Group                 |
| 2:41.20                        | L A    | P     | 200  | Back   | 10/04/2008 Scottish National Age Group                 |
| 45.72                          | L S B  | P     | 50   | Breast | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 1:38.01                        | L B    | P     | 100  | Breast | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 3:26.01                        | L B    | F     | 200  | Breast | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 38.92                          | L S B  | P     | 50   | Fly    | 10/04/2008 Scottish National Age Group                 |
| 1:29.62                        | L      | P     | 100  | Fly    | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:49.49                        | L A    | P     | 200  | IM     | 10/04/2008 Scottish National Age Group                 |
| <b>Watt, Rebecca (13) F</b>    |        |       |      |        |  |
| 40.41                          | L      | F     | 50   | Free   | 03/02/2007 COGST Graded LC Age Group Meet              |
| <b>Weir, Emma (17) F</b>       |        |       |      |        |  |
| 36.29                          | L      | F     | 50   | Free   | 31/12/2005 All PB Times LC                             |
| 1:08.83                        | L L B  | F     | 100  | Free   | 12/04/2007 Scottish National Age Groups 2007           |
| 2:28.68                        | L B    | F     | 200  | Free   | 26/01/2008 Scottish Schools Swimming Championships     |
| 12:45.73                       | L      | F     | 800  | Free   | 31/12/2005 All PB Times LC                             |
| 37.44                          | L S B  | P     | 50   | Back   | 12/04/2007 Scottish National Age Groups 2007           |
| 1:17.12                        | L L B  | F     | 100  | Back   | 12/04/2007 Scottish National Age Groups 2007           |
| 2:46.32                        | L B    | P     | 200  | Back   | 12/04/2007 Scottish National Age Groups 2007           |
| 49.53                          | L      | F     | 50   | Breast | 31/12/2005 All PB Times LC                             |
| 1:37.30                        | L      | F     | 100  | Breast | 31/12/2005 Accredited PB Times LC                      |
| 41.47                          | L      | F     | 50   | Fly    | 31/12/2005 All PB Times LC                             |
| <b>Weir, Lucy (15) F</b>       |        |       |      |        |  |
| 19:23.65                       | L      | F     | 800  | Free   | 31/12/2005 All PB Times LC                             |
| <b>Whitehead, Jonas (17) M</b> |        |       |      |        |  |
| 26.92                          | L AA   | P     | 50   | Free   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 58.21                          | L AA   | P     | 100  | Free   | 10/04/2008 Scottish National Age Group                 |
| 2:06.51                        | L AA   | P     | 200  | Free   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 4:26.45                        | L AA   | F     | 400  | Free   | 10/04/2008 Scottish National Age Group                 |
| 9:46.71                        | L AA   | F     | 800  | Free   | 06/10/2007 Early Bird open Meet                        |
| 18:29.20                       | L A    | F     | 1500 | Free   | 09/12/2006 COSS Winter Distance Meet                   |
| 30.54                          | L AA   | P     | 50   | Back   | 07/12/2007 Dutch Open 2007                             |
| 1:07.70                        | L A    | P     | 100  | Back   | 12/04/2007 Scottish National Age Groups 2007           |
| 2:23.66                        | L AA   | P     | 200  | Back   | 07/12/2007 Dutch Open 2007                             |
| 31.71                          | L AAA  | P     | 50   | Breast | 07/12/2007 Dutch Open 2007                             |
| 1:09.36                        | L AAA  | F     | 100  | Breast | 10/04/2008 Scottish National Age Group                 |
| 2:36.26                        | L AA   | P     | 200  | Breast | 10/04/2008 Scottish National Age Group                 |
| 29.09                          | L S AA | P     | 50   | Fly    | 10/04/2008 Scottish National Age Group                 |
| 1:04.61                        | L A    | P     | 100  | Fly    | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:40.61                        | L B    | F     | 200  | Fly    | 09/12/2006 COSS Winter Distance Meet                   |

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## Individual Top Times

**Show Long Course Only**

| Time                            | P/F/S      | Event  |
|---------------------------------|------------|--|
| <b>Whitehead, Jonas (17) M</b>  |            |  |
| 2:18.38 L AA P                  | 200 IM     | 10/04/2008 Scottish National Age Group                 |
| 5:11.39 L A F                   | 400 IM     | 12/04/2007 Scottish National Age Groups 2007           |
| <b>Whitehead, Phoebe (14) F</b> |            |  |
| 30.76 L L AA F                  | 50 Free    | 28/06/2007 Scottish National Open Champs 2007          |
| 1:06.59 L A P                   | 100 Free   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:20.06 L L AA F                | 200 Free   | 10/04/2008 Scottish National Age Group                 |
| 4:46.72 L AA F                  | 400 Free   | 10/04/2008 Scottish National Age Group                 |
| 9:45.96 L AA F                  | 800 Free   | 10/04/2008 Scottish National Age Group                 |
| 18:47.51 L AAA F                | 1500 Free  | 10/04/2008 Scottish National Age Group                 |
| 36.42 L L A F                   | 50 Back    | 28/06/2007 Scottish National Open Champs 2007          |
| 1:15.60 L L A F                 | 100 Back   | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:38.00 L AA P                  | 200 Back   | 10/04/2008 Scottish National Age Group                 |
| 44.62 L S F                     | 50 Breast  | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 1:34.72 L S B F                 | 100 Breast | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 3:16.91 L B F                   | 200 Breast | 28/06/2007 Scottish National Open Champs 2007          |
| 35.71 L S B P                   | 50 Fly     | 10/04/2008 Scottish National Age Group                 |
| 1:17.22 L B P                   | 100 Fly    | 15/02/2008 Edinburgh Int Age Group - Celtic Tri Nation |
| 2:45.61 L A P                   | 200 Fly    | 10/04/2008 Scottish National Age Group                 |
| 2:39.75 L AA P                  | 200 IM     | 10/04/2008 Scottish National Age Group                 |
| 5:40.48 L AA F                  | 400 IM     | 10/04/2008 Scottish National Age Group                 |