

Individual Top Times

Garioch Amateur Swimming Club [NGHX]

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | |
|------------------------|---------|-------|------|------------------|----|--|
| Female 50 Free | | | | | | |
| 1 | 27.46 | L | F | Hannah Miley | 20 | 30/01/2010 Burns Open Meet |
| 2 | 28.94 | L | P | Emily Jones | 13 | 16/03/2009 British Championships 2009 |
| 3 | 29.18 | L | P | Orla Adams | 15 | 13/02/2010 Edinburgh International |
| 4 | 30.76 | L L | F | Phoebe Whitehead | 12 | 28/06/2007 Scottish National Open Champs 200 |
| 5 | 31.89 | L S | P | Lois Milne | 12 | 08/04/2010 SNAGS |
| 6 | 32.11 | L | P | Jemma Grant | 11 | 29/05/2009 No Frills Meet 2009 |
| 7 | 32.48 | L S | F | Sarah Smith | 15 | 01/05/2010 COGST Open Age Group |
| 8 | 35.82 | L S | F | Victoria Allan | 14 | 01/05/2010 COGST Open Age Group |
| 9 | 36.12 | L S | F | Nicole Mowat | 12 | 01/05/2010 COGST Open Age Group |
| 10 | 36.30 | L S | F | Molly Carlier | 14 | 01/05/2010 COGST Open Age Group |
| 11 | 37.53 | L S | P | Hazel Johnston | 12 | 13/02/2010 Edinburgh International |
| 12 | 37.66 | L S | F | Jessica Thomson | 11 | 01/05/2010 COGST Open Age Group |
| 13 | 38.20 | L S | F | Abbey Freer | 11 | 01/05/2010 COGST Open Age Group |
| 14 | 38.63 | L S | P | Hailie Wilson | 11 | 13/02/2010 Edinburgh International |
| 15 | 39.31 | L S | F | Josephine Laing | 13 | 01/05/2010 COGST Open Age Group |
| 16 | 44.33 | L S | F | Chloe Grant | 9 | 01/05/2010 COGST Open Age Group |
| Female 100 Free | | | | | | |
| 1 | 57.45 | L | F | Hannah Miley | 19 | 25/06/2009 Scottish Gas National Open Swimmi |
| 2 | 59.38 | L | S | Emily Jones | 14 | 22/06/2010 Scottish Gas National LC Open |
| 3 | 1:02.07 | L | F | Orla Adams | 15 | 08/04/2010 SNAGS |
| 4 | 1:05.13 | L | P | Phoebe Whitehead | 15 | 27/11/2009 Swimcup Eindhoven |
| 5 | 1:06.14 | L S | P | Lois Milne | 13 | 22/06/2010 Scottish Gas National LC Open |
| 6 | 1:07.06 | L S | P | Jemma Grant | 12 | 22/06/2010 Scottish Gas National LC Open |
| 7 | 1:07.89 | L S | P | Sarah Smith | 15 | 22/06/2010 Scottish Gas National LC Open |
| 8 | 1:14.18 | L | F | Victoria Allan | 14 | 01/05/2010 COGST Open Age Group |
| 9 | 1:14.43 | L L | F | Hailie Wilson | 12 | 08/04/2010 SNAGS |
| 10 | 1:15.55 | L | F | Nicole Mowat | 12 | 01/05/2010 COGST Open Age Group |
| 11 | 1:15.86 | L | F | Molly Carlier | 14 | 01/05/2010 COGST Open Age Group |
| 12 | 1:16.39 | L | F | Jessica Thomson | 11 | 01/05/2010 COGST Open Age Group |
| 13 | 1:17.72 | L | F | Hazel Johnston | 12 | 01/05/2010 COGST Open Age Group |
| 14 | 1:19.85 | L | F | Abbey Freer | 11 | 01/05/2010 COGST Open Age Group |
| 15 | 1:21.54 | L | F | Josephine Laing | 13 | 01/05/2010 COGST Open Age Group |
| 16 | 1:34.62 | L | F | Chloe Grant | 9 | 01/05/2010 COGST Open Age Group |
| Female 200 Free | | | | | | |
| 1 | 1:58.54 | L | F | Hannah Miley | 19 | 25/06/2009 Scottish Gas National Open Swimmi |
| 2 | 2:06.06 | L | F | Emily Jones | 14 | 22/06/2010 Scottish Gas National LC Open |
| 3 | 2:13.30 | L L | F | Orla Adams | 15 | 08/04/2010 SNAGS |
| 4 | 2:15.88 | L L | F | Phoebe Whitehead | 15 | 22/06/2010 Scottish Gas National LC Open |
| 5 | 2:21.53 | L | P | Jemma Grant | 12 | 22/06/2010 Scottish Gas National LC Open |
| 6 | 2:23.28 | L | P | Lois Milne | 13 | 22/06/2010 Scottish Gas National LC Open |
| 7 | 2:25.82 | L | P | Sarah Smith | 15 | 22/06/2010 Scottish Gas National LC Open |
| 8 | 2:36.68 | L L | F | Nicole Mowat | 12 | 08/04/2010 SNAGS |
| 9 | 2:39.28 | L | F | Victoria Allan | 14 | 01/05/2010 COGST Open Age Group |
| 10 | 2:43.57 | L | F | Molly Carlier | 14 | 01/05/2010 COGST Open Age Group |
| 11 | 2:52.75 | L | F | Hazel Johnston | 12 | 01/05/2010 COGST Open Age Group |
| 12 | 2:53.13 | L | F | Jessica Thomson | 11 | 01/05/2010 COGST Open Age Group |
| 13 | 2:57.42 | L | F | Josephine Laing | 13 | 01/05/2010 COGST Open Age Group |
| 14 | 3:06.44 | L | F | Abbey Freer | 11 | 01/05/2010 COGST Open Age Group |
| 15 | 3:29.65 | L | F | Chloe Grant | 9 | 01/05/2010 COGST Open Age Group |
| Female 400 Free | | | | | | |
| 1 | 4:10.43 | L | F | Hannah Miley | 18 | 26/06/2008 Scottish National Open Championsh |
| 2 | 4:26.22 | L | F | Emily Jones | 13 | 22/07/2009 British Gas ASA Nationals |
| 3 | 4:33.52 | L | P | Orla Adams | 15 | 29/04/2010 Irish LC Championships |
| 4 | 4:42.09 | L | F | Phoebe Whitehead | 15 | 08/04/2010 SNAGS |
| 5 | 4:59.14 | L | F | Jemma Grant | 12 | 22/06/2010 Scottish Gas National LC Open |
| 6 | 5:06.67 | L S | F | Lois Milne | 12 | 08/04/2010 SNAGS |
| 7 | 5:10.91 | L S | F | Sarah Smith | 15 | 01/05/2010 COGST Open Age Group |
| 8 | 5:25.65 | L S | F | Nicole Mowat | 12 | 01/05/2010 COGST Open Age Group |
| 9 | 5:37.63 | L S | F | Victoria Allan | 14 | 01/05/2010 COGST Open Age Group |
| 10 | 5:43.25 | L S | F | Molly Carlier | 14 | 01/05/2010 COGST Open Age Group |
| 11 | 5:55.62 | L S | F | Jessica Thomson | 11 | 01/05/2010 COGST Open Age Group |
| 12 | 6:09.54 | L S | F | Hazel Johnston | 12 | 01/05/2010 COGST Open Age Group |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | |
|-------------------------|--------------|-------|------------------|--------|------------|-----------------------------------|
| 13 | 6:10.44 L S | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 14 | 6:25.52 L S | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| Female 800 Free | | | | | | |
| 1 | 8:40.85 L | F | Hannah Miley | 19 | 25/06/2009 | Scottish Gas National Open Swimmi |
| 2 | 9:18.14 L | F | Emily Jones | 14 | 08/04/2010 | SNAGS |
| 3 | 9:32.85 L | F | Orla Adams | 15 | 08/04/2010 | SNAGS |
| 4 | 9:35.21 L | F | Phoebe Whitehead | 15 | 08/04/2010 | SNAGS |
| 5 | 10:14.16 L | F | Lois Milne | 12 | 08/04/2010 | SNAGS |
| 6 | 10:25.45 L S | F | Jemma Grant | 12 | 01/05/2010 | COGST Open Age Group |
| 7 | 10:30.71 L | F | Sarah Smith | 15 | 01/05/2010 | COGST Open Age Group |
| 8 | 11:15.73 L | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 9 | 11:36.01 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 11:43.88 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| Female 1500 Free | | | | | | |
| 1 | 16:28.06 L | F | Hannah Miley | 18 | 26/06/2008 | Scottish National Open Championsh |
| 2 | 17:42.93 L | F | Emily Jones | 13 | 25/06/2009 | Scottish Gas National Open Swimmi |
| 3 | 18:22.43 L | F | Phoebe Whitehead | 15 | 08/04/2010 | SNAGS |
| 4 | 19:40.25 L | F | Jemma Grant | 12 | 01/05/2010 | COGST Open Age Group |
| 5 | 19:49.44 L | F | Lois Milne | 12 | 08/04/2010 | SNAGS |
| Female 50 Back | | | | | | |
| 1 | 29.80 L | F | Hannah Miley | 19 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 2 | 34.28 L S | P | Emily Jones | 14 | 13/02/2010 | Edinburgh International |
| 3 | 34.77 L S | P | Orla Adams | 14 | 25/06/2009 | Scottish Gas National Open Swimmi |
| 4 | 35.27 L | F | Phoebe Whitehead | 14 | 15/11/2008 | Portobello LC Prize Meet - L2 |
| 5 | 36.03 L S | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 6 | 37.76 L S | F | Lois Milne | 12 | 08/04/2010 | SNAGS |
| 7 | 38.98 L S | P | Jemma Grant | 12 | 08/04/2010 | SNAGS |
| 8 | 39.83 L S | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 9 | 42.87 L S | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 43.11 L S | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |
| 11 | 43.95 L S | P | Hazel Johnston | 12 | 13/02/2010 | Edinburgh International |
| 12 | 44.76 L S | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 13 | 45.03 L S | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 14 | 48.64 L S | F | Nicole Mowat | 11 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 15 | 49.24 L S | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 100 Back | | | | | | |
| 1 | 1:03.64 L | F | Hannah Miley | 19 | 05/12/2008 | Dutch Swim Cup |
| 2 | 1:07.53 L S | S | Orla Adams | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 1:10.64 L | P | Emily Jones | 14 | 13/02/2010 | Edinburgh International |
| 4 | 1:12.85 L | F | Phoebe Whitehead | 14 | 15/11/2008 | Portobello LC Prize Meet - L2 |
| 5 | 1:14.99 L | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 6 | 1:17.40 L S | P | Lois Milne | 13 | 22/06/2010 | Scottish Gas National LC Open |
| 7 | 1:19.30 L | P | Jemma Grant | 12 | 08/04/2010 | SNAGS |
| 8 | 1:22.81 L S | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 9 | 1:26.70 L | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |
| 10 | 1:27.61 L S | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 11 | 1:30.80 L | P | Hazel Johnston | 12 | 13/02/2010 | Edinburgh International |
| 12 | 1:31.03 L S | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 13 | 1:31.79 L S | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 14 | 1:32.91 L S | F | Jessica Thomson | 11 | 01/05/2010 | COGST Open Age Group |
| 15 | 1:39.73 L S | F | Nicole Mowat | 11 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 16 | 1:41.80 L S | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 200 Back | | | | | | |
| 1 | 2:12.66 L | F | Hannah Miley | 18 | 26/06/2008 | Scottish National Open Championsh |
| 2 | 2:21.30 L S | F | Orla Adams | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 2:27.99 L S | F | Emily Jones | 14 | 22/06/2010 | Scottish Gas National LC Open |
| 4 | 2:33.06 L | P | Phoebe Whitehead | 14 | 08/04/2009 | Scottish National Age Group |
| 5 | 2:39.17 L S | P | Jemma Grant | 12 | 22/06/2010 | Scottish Gas National LC Open |
| 6 | 2:39.31 L | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 7 | 2:39.85 L S | P | Lois Milne | 13 | 22/06/2010 | Scottish Gas National LC Open |
| 8 | 2:53.22 L | F | Victoria Allan | 13 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 9 | 3:04.96 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 3:11.11 L | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 11 | 3:11.54 L | F | Hazel Johnston | 12 | 01/05/2010 | COGST Open Age Group |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | |
|--------------------------|-----------|-------|------------------|--------|------------|-----------------------------------|
| 12 | 3:21.04 L | F | Nicole Mowat | 11 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| Female 50 Breast | | | | | | |
| 1 | 33.33 L | F | Hannah Miley | 19 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 2 | 34.89 L S | F | Orla Adams | 14 | 08/04/2009 | Scottish National Age Group |
| 3 | 35.74 L S | F | Emily Jones | 14 | 08/04/2010 | SNAGS |
| 4 | 41.47 L S | F | Phoebe Whitehead | 15 | 01/05/2010 | COGST Open Age Group |
| 5 | 42.12 L S | F | Jemma Grant | 12 | 13/02/2010 | Edinburgh International |
| 6 | 46.92 L S | P | Lois Milne | 12 | 13/02/2010 | Edinburgh International |
| 7 | 47.53 L S | P | Clara Douglas | 13 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 8 | 49.00 L S | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 9 | 49.01 L S | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 10 | 49.22 L S | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 11 | 49.66 L S | P | Hazel Johnston | 12 | 13/02/2010 | Edinburgh International |
| 12 | 50.53 L S | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |
| 13 | 50.98 L S | F | Sarah Smith | 12 | 03/02/2007 | COGST Graded LC Age Group Mee |
| 14 | 51.09 L S | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 15 | 51.73 L S | F | Jessica Thomson | 11 | 01/05/2010 | COGST Open Age Group |
| 16 | 52.60 L | F | Rachel Binnie | 10 | 03/02/2007 | COGST Graded LC Age Group Mee |
| 17 | 53.32 L S | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 18 | 58.69 L S | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 100 Breast | | | | | | |
| 1 | 1:11.25 L | F | Hannah Miley | 19 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 2 | 1:14.92 L | F | Emily Jones | 14 | 08/04/2010 | SNAGS |
| 3 | 1:15.34 L | F | Orla Adams | 14 | 25/06/2009 | Scottish Gas National Open Swimmi |
| 4 | 1:27.07 L | F | Phoebe Whitehead | 15 | 01/05/2010 | COGST Open Age Group |
| 5 | 1:29.99 L | F | Jemma Grant | 12 | 13/02/2010 | Edinburgh International |
| 6 | 1:38.65 L | P | Lois Milne | 12 | 13/02/2010 | Edinburgh International |
| 7 | 1:42.27 L | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 8 | 1:42.28 L | P | Clara Douglas | 13 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 9 | 1:42.49 L | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 10 | 1:43.60 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 11 | 1:43.68 L | F | Hazel Johnston | 12 | 01/05/2010 | COGST Open Age Group |
| 12 | 1:47.35 L | F | Jessica Thomson | 11 | 01/05/2010 | COGST Open Age Group |
| 13 | 1:47.52 L | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |
| 14 | 1:47.68 L | F | Sarah Smith | 12 | 03/02/2007 | COGST Graded LC Age Group Mee |
| 15 | 1:48.78 L | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 16 | 1:52.90 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 17 | 2:00.82 L | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 200 Breast | | | | | | |
| 1 | 2:26.31 L | F | Hannah Miley | 19 | 16/03/2009 | British Championships 2009 |
| 2 | 2:39.49 L | F | Emily Jones | 14 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 2:42.08 L | P | Orla Adams | 14 | 16/03/2009 | British Championships 2009 |
| 4 | 3:07.46 L | F | Phoebe Whitehead | 15 | 01/05/2010 | COGST Open Age Group |
| 5 | 3:09.94 L | P | Jemma Grant | 12 | 22/06/2010 | Scottish Gas National LC Open |
| 6 | 3:33.98 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 7 | 3:34.10 L | F | Clara Douglas | 13 | 13/02/2009 | Edinburgh Int Age Group -L1 |
| 8 | 3:34.29 L | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 9 | 3:35.93 L | F | Lois Milne | 11 | 15/11/2008 | Portobello LC Prize Meet - L2 |
| 10 | 3:39.03 L | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 11 | 3:46.52 L | F | Hazel Johnston | 12 | 01/05/2010 | COGST Open Age Group |
| 12 | 3:55.00 L | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 13 | 3:56.36 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 14 | 4:30.71 L | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 50 Fly | | | | | | |
| 1 | 28.93 L S | P | Hannah Miley | 19 | 26/03/2008 | British Swimming Champs 2008 |
| 2 | 30.27 L | P | Emily Jones | 14 | 27/11/2009 | Swimcup Eindhoven |
| 3 | 32.50 L S | F | Orla Adams | 14 | 08/04/2009 | Scottish National Age Group |
| 4 | 33.33 L S | F | Phoebe Whitehead | 15 | 01/05/2010 | COGST Open Age Group |
| 5 | 34.05 L S | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 6 | 34.76 L S | F | Jemma Grant | 12 | 01/05/2010 | COGST Open Age Group |
| 7 | 37.04 L S | F | Lois Milne | 12 | 08/04/2010 | SNAGS |
| 8 | 42.00 L S | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 9 | 43.19 L S | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 44.03 L S | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | |
|-----------------------|-------------|-------|------------------|--------|------------|-------------------------------|
| 11 | 44.33 L S | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 12 | 45.72 L S | P | Hazel Johnston | 12 | 13/02/2010 | Edinburgh International |
| 13 | 46.25 L S | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 14 | 47.65 L S | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 15 | 51.81 L S | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 100 Fly | | | | | | |
| 1 | 1:01.14 L | P | Hannah Miley | 19 | 26/03/2008 | British Swimming Champs 2008 |
| 2 | 1:04.97 L | F | Emily Jones | 14 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 1:12.21 L | P | Phoebe Whitehead | 15 | 13/02/2010 | Edinburgh International |
| 4 | 1:13.10 L S | F | Orla Adams | 15 | 08/04/2010 | SNAGS |
| 5 | 1:13.21 L | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 6 | 1:16.80 L | F | Jemma Grant | 12 | 01/05/2010 | COGST Open Age Group |
| 7 | 1:21.52 L S | P | Lois Milne | 12 | 13/02/2010 | Edinburgh International |
| 8 | 1:35.67 L S | P | Hailie Wilson | 11 | 13/02/2010 | Edinburgh International |
| 9 | 1:36.70 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 1:36.84 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 11 | 1:37.72 L | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| 12 | 1:42.25 L S | P | Hazel Johnston | 12 | 13/02/2010 | Edinburgh International |
| 13 | 1:43.89 L | F | Josephine Laing | 13 | 01/05/2010 | COGST Open Age Group |
| 14 | 1:52.97 L | F | Chloe Grant | 9 | 01/05/2010 | COGST Open Age Group |
| Female 200 Fly | | | | | | |
| 1 | 2:08.24 L | F | Hannah Miley | 19 | 16/03/2009 | British Championships 2009 |
| 2 | 2:22.74 L | F | Emily Jones | 14 | 08/04/2010 | SNAGS |
| 3 | 2:36.23 L | P | Phoebe Whitehead | 15 | 08/04/2010 | SNAGS |
| 4 | 2:37.81 L | P | Sarah Smith | 15 | 08/04/2010 | SNAGS |
| 5 | 2:54.60 L | P | Jemma Grant | 12 | 08/04/2010 | SNAGS |
| 6 | 3:33.05 L S | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 7 | 3:56.33 L S | F | Hazel Johnston | 12 | 01/05/2010 | COGST Open Age Group |
| Female 200 IM | | | | | | |
| 1 | 2:09.46 L | S | Hannah Miley | 19 | 17/07/2009 | FINA World Championships |
| 2 | 2:22.73 L | F | Emily Jones | 14 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 2:26.15 L | F | Orla Adams | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 4 | 2:33.48 L | P | Phoebe Whitehead | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 5 | 2:41.76 L | P | Sarah Smith | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 6 | 2:42.07 L | P | Jemma Grant | 12 | 22/06/2010 | Scottish Gas National LC Open |
| 7 | 2:46.88 L | P | Lois Milne | 12 | 08/04/2010 | SNAGS |
| 8 | 3:06.07 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 9 | 3:09.83 L | F | Nicole Mowat | 12 | 01/05/2010 | COGST Open Age Group |
| 10 | 3:15.44 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 11 | 3:20.15 L | F | Hazel Johnston | 12 | 01/05/2010 | COGST Open Age Group |
| 12 | 3:25.34 L | F | Abbey Freer | 11 | 01/05/2010 | COGST Open Age Group |
| Female 400 IM | | | | | | |
| 1 | 4:31.33 L | F | Hannah Miley | 19 | 16/03/2009 | British Championships 2009 |
| 2 | 5:01.35 L S | F | Emily Jones | 14 | 22/06/2010 | Scottish Gas National LC Open |
| 3 | 5:08.77 L | F | Orla Adams | 15 | 08/04/2010 | SNAGS |
| 4 | 5:18.51 L S | F | Phoebe Whitehead | 15 | 22/06/2010 | Scottish Gas National LC Open |
| 5 | 5:42.89 L | F | Sarah Smith | 15 | 01/05/2010 | COGST Open Age Group |
| 6 | 5:46.39 L | F | Jemma Grant | 12 | 01/05/2010 | COGST Open Age Group |
| 7 | 5:56.68 L | F | Lois Milne | 12 | 08/04/2010 | SNAGS |
| 8 | 6:33.33 L | F | Victoria Allan | 14 | 01/05/2010 | COGST Open Age Group |
| 9 | 6:48.27 L | F | Molly Carlier | 14 | 01/05/2010 | COGST Open Age Group |
| 10 | 6:56.70 L | F | Nicole Mowat | 11 | 07/10/2009 | Swim Camp Time Trial |