
RECORDS LCM RECORDS MALE
LC Meters-Male

8-8	50 Free	48.50	25-Oct-03		ALASTAIR MILEY
	100 Free	2:00.00	31-Dec-05		STANDARD
	200 Free	5:00.00	31-Dec-05		STANDARD
	50 Back	1:00.00	31-Dec-05		STANDARD
	100 Back	2:30.00	31-Dec-05		STANDARD
	50 Breast	1:20.00	31-Dec-05		STANDARD
	100 Breast	3:00.00	31-Dec-05		STANDARD
	50 Fly	1:01.87	25-Oct-03		ALASTAIR MILEY
9-9	50 Free	41.27	3-Feb-07	NGHX	NATHAN HEARD at COGST Graded LC Age Group Meet
	100 Free	3:00.00	31-Dec-05		STANDARD
	200 Free	4:00.00	31-Dec-05		STANDARD
	400 Free	8:00.00	31-Dec-05		STANDARD
	800 Free	14:39.23	13-Feb-05		ANDREW BRYCE
	50 Back	44.28	8-Jan-05		ANDREW BRYCE
	100 Back	3:00.00	31-Dec-05		STANDARD
	200 Back	4:00.00	31-Dec-05		STANDARD
	50 Breast	52.49	8-Jan-05		ANDREW BRYCE
	100 Breast	3:00.00	31-Dec-05		STANDARD
	50 Fly	44.81	8-Jan-05		ANDREW BRYCE
	100 Fly	4:00.00	31-Dec-05		STANDARD
	200 IM	4:00.00	31-Dec-05		STANDARD
	400 IM	1:00.00	31-Dec-05		STANDARD
10-10	50 Free	34.94	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	100 Free	1:11.28	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	200 Free	2:32.94	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	400 Free	5:25.93	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	800 Free	14:31.73	13-Feb-05		ALASTAIR MILEY
	1500 Free	25:00.00	31-Dec-05		STANDARD
	50 Back	38.16	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships
	100 Back	1:29.03	29-May-05		ALASTAIR MILEY
	200 Back	2:40.90	26-Jun-08	NGHX	Joseph P. Miley at Scottish National Open Championships
	50 Breast	46.26	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	100 Breast	1:37.95	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	200 Breast	4:00.00	31-Dec-05		STANDARD
	50 Fly	38.40	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	100 Fly	1:28.18	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	200 Fly	3:13.12	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
	200 IM	2:55.42	3-May-08	NGHX	Joseph P. Miley at City of Glasgow Open Meet 2008
11-11	50 Free	32.31	15-Nov-08	NGHX	Joseph P. Miley at Portobello LC Prize Meet - L2
	100 Free	1:06.13	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
	200 Free	2:23.64	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009
	400 Free	4:57.44	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
	800 Free	13:09.72	13-Feb-05		SIDNEY WRIGHT
	1500 Free	25:00.00	31-Dec-05		STANDARD
	50 Back	35.96	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009
	100 Back	1:12.97	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
	200 Back	2:31.06	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet
	50 Breast	42.86	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1
	100 Breast	1:31.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1
	200 Breast	3:15.44	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1

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11-11	50 Fly	34.51	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
	100 Fly	1:17.60	13-Feb-09	NGHX	Joseph P. Miley at Edinburgh Int Age Group -L1	
	200 Fly	2:48.34	9-Dec-06	NGHX	ALASTAIR J. MILEY at COSS Winter Distance Meet	
	200 IM	2:37.91	22-Jul-09	NGHX	Joseph P. Miley at British Gas ASA National AG Champs Meet	
	400 IM	5:41.47	29-May-09	NGHX	Joseph P. Miley at No Frills Meet 2009	
12-12	50 Free	30.35	19-Jul-07	NGHX	ANDREW BRYCE at PACIFIC SWIMMING LC JUNIOR OLYMPIAD	
	100 Free	1:03.54	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	200 Free	2:16.32	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	400 Free	4:48.55	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	800 Free	10:17.58	12-Apr-07	NGHX	GREIG G. RENNIE at Scottish National Age Groups 2007	
	1500 Free	19:18.38	10-Apr-08	NGHX	Andrew A. BRYCE at Scottish National Age Group	
	50 Back	35.40	31-Jan-09	SAKP	Joseph P. Miley at Scottish Schools Swimming Championships L1	
	100 Back	1:14.13	28-Jun-07	NGHX	ALASTAIR J. MILEY at Scottish National Open Champs 2007	
	200 Back	2:31.14	23-Jul-07	NGHX	ALASTAIR J. MILEY at ASA 2007	
	50 Breast	38.55	28-Jun-07	NGHX	GREIG G. RENNIE at Scottish National Open Champs 2007	
	100 Breast	1:22.14	28-Jun-07	NGHX	GREIG G. RENNIE at Scottish National Open Champs 2007	
	200 Breast	2:59.88	3-May-08	NGHX	Andrew A. BRYCE at City of Glasgow Open Meet 2008	
	50 Fly	34.64	10-Apr-08	NGHX	Andrew A. BRYCE at Scottish National Age Group	
	100 Fly	1:16.65	28-Jun-07	NGHX	ALASTAIR J. MILEY at Scottish National Open Champs 2007	
	200 Fly	2:42.74	6-Oct-07	NGHX	ALASTAIR J. MILEY at Early Bird open Meet	
	200 IM	2:37.75	10-Apr-08	NGHX	Andrew A. BRYCE at Scottish National Age Group	
	400 IM	5:35.43	10-Apr-08	NGHX	Andrew A. BRYCE at Scottish National Age Group	
	13-13	50 Free	29.05	15-Nov-08	NGHX	Andrew A. BRYCE at Portobello LC Prize Meet - L2
		100 Free	1:01.16	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group
200 Free		2:13.84	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
400 Free		4:37.20	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
800 Free		9:41.41	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
1500 Free		18:34.56	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
50 Back		33.13	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
100 Back		1:08.99	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 Back		2:23.62	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
50 Breast		34.72	19-Oct-08	NGHX	Andrew A. BRYCE at ASA County Championships	
100 Breast		1:10.69	19-Oct-08	NGHX	Andrew A. BRYCE at ASA County Championships	
200 Breast		2:46.73	10-Apr-08	NGHX	Greig G. RENNIE at Scottish National Age Group	
50 Fly		31.72	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
100 Fly		1:09.94	19-Oct-08	NGHX	Alastair J. Miley at ASA County Championships	
200 Fly		2:30.09	15-Nov-08	NGHX	Alastair J. Miley at Portobello LC Prize Meet - L2	
200 IM		2:30.94	8-Apr-09	NGHX	Andrew A. BRYCE at Scottish National Age Group	
400 IM		5:24.38	10-Apr-08	NGHX	Alastair J. Miley at Scottish National Age Group	
14-14		50 Free	27.57	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
		100 Free	57.11	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
		200 Free	2:07.43	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group
	400 Free	4:22.80	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	800 Free	9:05.36	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	1500 Free	17:07.98	29-May-09	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	50 Back	32.74	29-May-09	NGHX	Alastair J. Miley at No Frills Meet 2009	
	100 Back	1:07.49	25-Jun-09	NGHX	Alastair J. Miley at Scottish Gas National Open Swimming Champs	
	200 Back	2:18.31	22-Jul-09	NGHX	Alastair J. Miley at British Gas ASA National AG Champs Meet	
	50 Breast	33.05	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	100 Breast	1:10.74	8-Apr-09	NGHX	Greig G. RENNIE at Scottish National Age Group	
	200 Breast	2:44.81	25-Jun-09	NGHX	Greig G. RENNIE at Scottish Gas National Open Swimming Champ	
	50 Fly	29.51	29-May-09	NGHX	Greig G. RENNIE at No Frills Meet 2009	
	100 Fly	1:08.13	13-Feb-09	NGHX	Alastair J. Miley at Edinburgh Int Age Group -L1	

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14-14	200 Fly	2:26.41	29-May-09	NGHX	Alastair J. Miley at No Frills Meet 2009	
	200 IM	2:28.64	29-Jun-06	NGHX	JONAS C. WHITEHEAD at Scottish National Open Champs 2006	
	400 IM	5:02.75	25-Jun-09	NGHX	Greig G. RENNIE at Scottish Gas National Open Swimming Champ	
15-15	50 Free	28.25	12-Apr-07	NGHX	JONAS C. WHITEHEAD at Scottish National Age Groups 2007	
	100 Free	59.19	12-Apr-07	NGHX	JONAS C. WHITEHEAD at Scottish National Age Groups 2007	
	200 Free	2:08.75	12-Apr-07	NGHX	JONAS C. WHITEHEAD at Scottish National Age Groups 2007	
	400 Free	4:36.82	10-Apr-08	NGHX	David C. SMITH at Scottish National Age Group	
	800 Free	9:04.89	28-Jul-09	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09	
	1500 Free	18:10.28	28-Jul-09	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09	
	50 Back	31.59	28-Jun-07	NGHX	JONAS C. WHITEHEAD at Scottish National Open Champs 2007	
	100 Back	1:07.70	12-Apr-07	NGHX	JONAS C. WHITEHEAD at Scottish National Age Groups 2007	
	200 Back	2:22.91	31-Jan-09	SAIA	Alastair J. Miley at Scottish Schools Swimming Championships L1	
	50 Breast	32.75	28-Jun-07	NGHX	JONAS C. WHITEHEAD at Scottish National Open Champs 2007	
	100 Breast	1:10.77	28-Jul-09	NGHX	Greig G. RENNIE at British Gas ASA Youth & Senior Champs 09	
	200 Breast	2:41.87	12-Apr-07	NGHX	JONAS C. WHITEHEAD at Scottish National Age Groups 2007	
	50 Fly	29.86	19-Oct-08	NGHX	David C. SMITH at ASA County Championships	
	100 Fly	1:03.79	19-Oct-08	NGHX	David C. SMITH at ASA County Championships	
	200 Fly	2:23.57	26-Jun-08	NGHX	David C. SMITH at Scottish National Open Championships	
	200 IM	2:20.62	28-Jun-07	NGHX	JONAS C. WHITEHEAD at Scottish National Open Champs 2007	
	400 IM	5:04.70	9-Dec-06	NGHX	RYAN HARRISON at COSS Winter Distance Meet	
	16-16	50 Free	26.22	26-Jun-08	NGHX	Jonas C. WHITEHEAD at Scottish National Open Championships
		100 Free	58.21	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group
		200 Free	2:04.49	26-Jun-08	NGHX	Jonas C. WHITEHEAD at Scottish National Open Championships
400 Free		4:26.45	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
800 Free		9:13.90	8-Apr-09	NGHX	David C. SMITH at Scottish National Age Group	
1500 Free		17:37.51	8-Apr-09	NGHX	David C. SMITH at Scottish National Age Group	
50 Back		30.54	7-Dec-07	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007	
100 Back		1:06.66	3-May-08	NGHX	Jonas C. WHITEHEAD at City of Glasgow Open Meet 2008	
200 Back		2:23.66	7-Dec-07	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007	
50 Breast		31.71	7-Dec-07	NGHX	JONAS C. WHITEHEAD at Dutch Open 2007	
100 Breast		1:09.36	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
200 Breast		2:36.22	26-Jun-08	NGHX	Jonas C. WHITEHEAD at Scottish National Open Championships	
50 Fly		29.09	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
100 Fly		1:04.26	3-May-08	NGHX	Jonas C. WHITEHEAD at City of Glasgow Open Meet 2008	
200 Fly		2:20.01	8-Apr-09	NGHX	David C. SMITH at Scottish National Age Group	
200 IM		2:18.38	10-Apr-08	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
400 IM		5:05.19	8-Apr-09	NGHX	David C. SMITH at Scottish National Age Group	
17 & O		50 Free	25.07	1-Aug-09	NGHX	Jonas C. WHITEHEAD at British Gas ASA Youth & Senior Champ
		100 Free	55.38	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming C
		200 Free	2:00.49	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming C
	400 Free	4:23.68	26-May-07	NGHX	MICHAEL A. SMITH at City of Glasgow Swim Team Open Age G	
	800 Free	9:02.28	10-Apr-08	NGHX	MICHAEL A. SMITH at Scottish National Age Group	
	1500 Free	18:08.34	28-Jun-07	NGHX	MICHAEL A. SMITH at Scottish National Open Champs 2007	
	50 Back	30.04	2-Mar-02		CALUM JACK	
	100 Back	1:05.51	18-Jun-03		CALUM JACK	
	200 Back	2:27.53	18-Jun-02		CALUM JACK	
	50 Breast	30.35	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming C	
	100 Breast	1:06.05	28-Jul-09	NGHX	Jonas C. WHITEHEAD at British Gas ASA Youth & Senior Champ	
	200 Breast	2:29.96	8-Apr-09	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	
	50 Fly	27.95	25-Jun-09	NGHX	Jonas C. WHITEHEAD at Scottish Gas National Open Swimming C	
	100 Fly	1:01.67	29-May-09	NGHX	Jonas C. WHITEHEAD at No Frills Meet 2009	
	200 Fly	2:54.28	29-Apr-06	NGHX	GORDON M. ESSLEMONT at Edinburgh International	
	200 IM	2:16.21	8-Apr-09	NGHX	Jonas C. WHITEHEAD at Scottish National Age Group	

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17 & O 400 IM 5:00.10 **13-Feb-09** NGHX Jonas C. WHITEHEAD at Edinburgh Int Age Group -L1