

Individual Meet Results

ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 31.84

Location: Inverness Aquadome

Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Adam, Rachael (15) F					
1:12.21S	A	F # 102 Female 15 & Over 100 Back	---	---	-0.75
2:29.61S	AA	F # 102 Female 15 & Over 200 Back	5	14	-5.17
		34.94 1:12.21 1:50.85 2:29.61 (34.94) (37.27) (38.64) (38.76)			
1:21.94S	A	F # 108 Female 15 & Over 100 Breast	6	13	-1.22
		38.38 1:21.94 (38.38) (43.56)			
1:22.08S	A	P # 108 Female 15 & Over 100 Breast	8	---	-1.08
		38.52 1:22.08 (38.52) (43.56)			
2:53.64S	A	F # 205 Female 15 & Over 200 Breast	7	12	-0.31
		38.84 1:23.19 2:08.07 2:53.64 (38.84) (44.35) (44.88) (45.57)			
1:12.67S	A	P # 211 Female 15 & Over 100 Back	12	5	-0.29
		35.29 1:12.67 (35.29) (37.38)			
2:18.65S	A	F # 407 Female 15 & Over 200 Free	11	6	-3.84
		31.84 1:06.59 1:42.87 2:18.65 (31.84) (34.75) (36.28) (35.78)			
5:27.71S	A	F # 413C Female 15 & Over 400 IM	3	16	0.54
		34.59 1:17.18 1:57.60 2:37.35 3:24.38 4:11.34 4:50.99 5:27.71 (34.59) (42.59) (40.42) (39.75) (47.03) (46.96) (39.65) (36.72)			
2:34.82S	AA	P # 506 Female 15 & Over 200 IM	4	---	-1.81
		34.16 1:12.36 1:58.04 2:34.82 (34.16) (38.20) (45.68) (36.78)			
2:39.54S	A	F # 506 Female 15 & Over 200 IM	7	12	2.91
		34.98 1:15.04 2:01.81 2:39.54 (34.98) (40.06) (46.77) (37.73)			
1:06.73S	A	P # 512 Female 15 & Over 100 Free	18	---	0.88
		31.97 1:06.73 (31.97) (34.76)			
34.94S	A	F # 602 Female 15 & Over 50 Back	---	---	-0.30
38.38S	A	F # 608 Female 15 & Over 50 Breast	---	---	-0.89
Adams, Orla (12) F					
1:09.48S	A	P # 106 Female 10-12 100 Free	17	---	-1.80
		33.19 1:09.48 (33.19) (36.29)			
3:00.38S	AA	F # 112 Female 10-12 200 Breast	1	20	-5.85
		40.97 1:26.52 2:14.65 3:00.38 (40.97) (45.55) (48.13) (45.73)			
2:34.92S	A	F # 201 Female 10-12 200 Free	17	---	-0.82
		34.88 1:14.80 1:55.85 2:34.92 (34.88) (39.92) (41.05) (39.07)			
1:23.71S	AA	F # 213 Female 10-12 100 Breast	1	20	-3.76
		39.75 1:23.71 (39.75) (43.96)			
1:24.67S	AA	P # 213 Female 10-12 100 Breast	1	---	-2.80
		40.67 1:24.67 (40.67) (44.00)			
1:19.84S	A	P # 403 Female 10-12 100 Back	17	---	-3.76
		38.63 1:19.84 (38.63) (41.21)			

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 39.48
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
2:51.47S	A	P # 502 Female 10-12 200 IM 39.48 1:24.18 2:10.76 2:51.47 (39.48) (44.70) (46.58) (40.71)	11	6	0.10
40.97S	A	F # 612 Female 10-12 50 Breast	---	---	-0.44
39.75S	AA	F # 713 Female 10-12 50 Breast	---	---	-1.66
38.63S	A	P # 903 Female 10-12 50 Back	---	---	-0.12
Bryce, Andrew (11) M					
1:06.04S	AAA	P # 105 Male 10-12 100 Free 31.63 1:06.04 (31.63) (34.41)	8	---	-2.05
1:07.45S	AA	F # 105 Male 10-12 100 Free 32.70 1:07.45 (32.70) (34.75)	8	11	-0.64
1:32.28S	AA	F # 111 Male 10-12 100 Breast	---	---	-1.35
3:09.59S	AA	F # 111 Male 10-12 200 Breast 43.84 1:32.28 2:21.29 3:09.59 (43.84) (48.44) (49.01) (48.30)	11	6	-5.43
4:59.79S	AAA	F # 117A Male 10-12 400 Free 34.64 1:12.45 1:51.16 2:29.35 3:07.44 3:45.36 4:23.31 4:59.79 (34.64) (37.81) (38.71) (38.19) (38.09) (37.92) (37.95) (36.48)	9	9	-4.14
2:26.14S	AA	F # 202 Male 10-12 200 Free 32.93 1:10.45 1:48.64 2:26.14 (32.93) (37.52) (38.19) (37.50)	11	6	-0.29
2:45.44S	AA	F # 208 Male 10-12 200 Back 39.00 1:21.15 2:03.41 2:45.44 (39.00) (42.15) (42.26) (42.03)	10	7	1.41
1:33.58S	A	P # 214 Male 10-12 100 Breast 44.76 1:33.58 (44.76) (48.82)	17	---	-0.05
1:15.57S	AAA	P # 404 Male 10-12 100 Back 36.57 1:15.57 (36.57) (39.00)	8	---	-4.79
1:17.01S	AA	F # 404 Male 10-12 100 Back 37.62 1:17.01 (37.62) (39.39)	7	12	-3.35
2:56.78S	AA	F # 410 Male 10-12 200 Fly 38.60 1:23.91 2:11.42 2:56.78 (38.60) (45.31) (47.51) (45.36)	5	14	-4.72
2:47.30S	AA	P # 501 Male 10-12 200 IM 38.14 1:20.63 2:12.57 2:47.30 (38.14) (42.49) (51.94) (34.73)	9	---	0.31
2:48.20S	AA	F # 501 Male 10-12 200 IM 37.95 1:18.93 2:11.31 2:48.20 (37.95) (40.98) (52.38) (36.89)	8	11	1.21
1:26.93S	A	P # 507 Male 10-12 100 Fly 39.77 1:26.93 (39.77) (47.16)	13	4	6.21
5:48.51S	AAA	F # 513A Male 10-12 400 IM 39.04 1:25.98 2:08.62 2:50.70 3:42.68 4:33.12 5:11.54 5:48.51 (39.04) (46.94) (42.64) (42.08) (51.98) (50.44) (38.42) (36.97)	4	15	-7.17

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 28.82
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Freeman, Michael (14) M					
59.93S	AA	P # 109 Male 13-14 100 Free 28.82 59.93 (28.82) (31.11)	5	---	-0.94
1:01.09S	A	F # 109 Male 13-14 100 Free 1:01.09 (1:01.09)	8	11	0.22
2:24.45S	AA	F # 115 Male 13-14 200 IM 32.92 1:09.94 1:51.73 2:24.45 (32.92) (37.02) (41.79) (32.72)	3	16	-4.15
2:28.82S	AA	P # 115 Male 13-14 200 IM 33.76 1:11.52 1:54.97 2:28.82 (33.76) (37.76) (43.45) (33.85)	4	---	0.22
4:41.62S	A	F # 117B Male 13-14 400 Free 31.53 1:05.95 1:42.05 2:18.43 2:53.97 3:30.14 4:06.03 4:41.62 (31.53) (34.42) (36.10) (36.38) (35.54) (36.17) (35.89) (35.59)	6	13	6.42
1:13.84S	B	P # 204 Male 13-14 100 Fly 33.58 1:13.84 (33.58) (40.26)	17	---	2.20
2:52.69S	A	F # 210 Male 13-14 200 Breast 39.28 1:24.11 2:09.04 2:52.69 (39.28) (44.83) (44.93) (43.65)	6	13	0.84
1:11.07S	A	P # 406 Male 13-14 100 Back 34.33 1:11.07 (34.33) (36.74)	8	---	0.46
1:12.71S	B	F # 406 Male 13-14 100 Back 35.08 1:12.71 (35.08) (37.63)	8	11	2.10
2:12.38S	AA	F # 412 Male 13-14 200 Free 30.30 1:03.55 1:38.65 2:12.38 (30.30) (33.25) (35.10) (33.73)	6	13	0.65
2:30.73S	A	F # 509 Male 13-14 200 Back 35.33 1:13.54 1:52.67 2:30.73 (35.33) (38.21) (39.13) (38.06)	8	11	1.62
5:11.74S	AA	F # 513B Male 13-14 400 IM 33.84 1:14.00 1:53.85 2:32.08 3:16.32 4:01.94 4:37.32 5:11.74 (33.84) (40.16) (39.85) (38.23) (44.24) (45.62) (35.38) (34.42)	4	15	-0.63
32.92S	A	F # 615 Male 13-14 50 Fly ---	---	---	-0.58
Jones, Emily (11) F					
1:08.70S	AA	P # 106 Female 10-12 100 Free 32.86 1:08.70 (32.86) (35.84)	14	3	-1.92
3:02.74S	AAA	F # 112 Female 10-12 200 Breast 42.11 1:28.65 2:16.06 3:02.74 (42.11) (46.54) (47.41) (46.68)	4	15	-2.03
2:26.42S	AA	F # 201 Female 10-12 200 Free 34.00 1:11.19 1:49.39 2:26.42 (34.00) (37.19) (38.20) (37.03)	6	13	-0.13
1:19.66S	AA	F # 207 Female 10-12 100 Back ---	---	---	-0.29
2:42.12S	AAA	F # 207 Female 10-12 200 Back 38.58 1:19.66 2:01.05 2:42.12 (38.58) (41.08) (41.39) (41.07)	4	15	0.02

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 40.68
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
1:25.80S	AAA F # 213	Female 10-12 100 Breast	3	16	-4.00
	40.68 1:25.80				
	(40.68) (45.12)				
1:27.84S	AA P # 213	Female 10-12 100 Breast	4	---	-1.96
	41.37 1:27.84				
	(41.37) (46.47)				
1:19.81S	AA P # 403	Female 10-12 100 Back	16	1	-0.14
	38.33 1:19.81				
	(38.33) (41.48)				
2:50.25S	AAA F # 409	Female 10-12 200 Fly	4	15	-0.26
	38.11 1:21.29 2:05.94 2:50.25				
	(38.11) (43.18) (44.65) (44.31)				
5:44.74S	AAA F # 413A	Female 10-12 400 IM	7	12	4.76
	38.07 1:22.46 2:06.34 2:49.96 3:39.46 4:29.32 5:07.40 5:44.74				
	(38.07) (44.39) (43.88) (43.62) (49.50) (49.86) (38.08) (37.34)				
2:46.38S	AA F # 502	Female 10-12 200 IM	6	13	3.39
	36.24 1:19.01 2:08.15 2:46.38				
	(36.24) (42.77) (49.14) (38.23)				
2:46.71S	AA P # 502	Female 10-12 200 IM	8	---	3.72
	37.57 1:19.89 2:08.98 2:46.71				
	(37.57) (42.32) (49.09) (37.73)				
1:18.49S	AA F # 508	Female 10-12 100 Fly	5	14	-1.33
	36.18 1:18.49				
	(36.18) (42.31)				
1:20.71S	AA P # 508	Female 10-12 100 Fly	8	---	0.89
	37.94 1:20.71				
	(37.94) (42.77)				
40.68S	AA F # 713	Female 10-12 50 Breast	---	---	-0.77
Jones, Imogen (11) F					
2:44.39S	AA F # 207	Female 10-12 200 Back	8	11	-3.53
	38.46 1:20.36 2:03.41 2:44.39				
	(38.46) (41.90) (43.05) (40.98)				
1:18.39S	AA P # 403	Female 10-12 100 Back	12	5	-2.76
	37.71 1:18.39				
	(37.71) (40.68)				
Maddock, Rosie (13) F					
1:06.25S	A P # 110	Female 13-14 100 Free	19	---	-0.88
	32.08 1:06.25				
	(32.08) (34.17)				
1:14.40S	A P # 203	Female 13-14 100 Fly	10	7	-1.59
	34.38 1:14.40				
	(34.38) (40.02)				
3:01.08S	A F # 209	Female 13-14 200 Breast	10	7	1.01
	41.41 1:28.60 2:16.16 3:01.08				
	(41.41) (47.19) (47.56) (44.92)				
1:13.36S	AA P # 405	Female 13-14 100 Back	9	9	0.22
	35.63 1:13.36				
	(35.63) (37.73)				
NS	P # 504	Female 13-14 100 Breast	---	---	---
	00.00 00.00				
	(00.00) (00.00)				

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 33.20
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Miley, Alastair (12) M					
1:08.85S	A	P # 105 Male 10-12 100 Free 33.20 1:08.85 (33.20) (35.65)	13	4	-0.73
3:14.26S	A	F # 111 Male 10-12 200 Breast 45.16 1:35.08 2:24.80 3:14.26 (45.16) (49.92) (49.72) (49.46)	13	4	-8.87
4:57.85S	AA	F # 117A Male 10-12 400 Free 33.92 1:11.70 1:50.17 2:27.80 3:06.11 3:44.02 4:21.69 4:57.85 (33.92) (37.78) (38.47) (37.63) (38.31) (37.91) (37.67) (36.16)	7	12	-2.89
2:24.55S	AA	F # 202 Male 10-12 200 Free 34.10 1:11.82 1:49.02 2:24.55 (34.10) (37.72) (37.20) (35.53)	8	11	-1.24
2:37.21S	AA	F # 208 Male 10-12 200 Back 37.54 1:17.91 1:58.55 2:37.21 (37.54) (40.37) (40.64) (38.66)	6	13	0.49
1:33.59S	B	P # 214 Male 10-12 100 Breast 45.56 1:33.59 (45.56) (48.03)	18	---	-0.20
1:14.27S	AA	P # 404 Male 10-12 100 Back 36.43 1:14.27 (36.43) (37.84)	7	---	-0.25
1:15.40S	AA	F # 404 Male 10-12 100 Back 37.62 1:15.40 (37.62) (37.78)	6	13	0.88
2:48.05S	AA	F # 410 Male 10-12 200 Fly 38.04 1:20.85 2:05.40 2:48.05 (38.04) (42.81) (44.55) (42.65)	4	15	2.46
10:17.41S	AAA	F # 414A Male 10-12 800 Free 34.45 1:12.52 1:51.71 2:30.57 3:09.68 3:48.08 4:27.42 5:06.31 (34.45) (38.07) (39.19) (38.86) (39.11) (38.40) (39.34) (38.89) 5:45.12 6:23.69 7:03.15 7:41.85 8:20.95 9:01.07 9:39.64 10:17.41 (38.81) (38.57) (39.46) (38.70) (39.10) (40.12) (38.57) (37.77)	6	13	-7.05
2:47.46S	A	P # 501 Male 10-12 200 IM 37.90 1:19.26 2:11.04 2:47.46 (37.90) (41.36) (51.78) (36.42)	11	6	1.58
1:18.50S	A	F # 507 Male 10-12 100 Fly 37.10 1:18.50 (37.10) (41.40)	7	12	1.11
1:18.70S	A	P # 507 Male 10-12 100 Fly 37.43 1:18.70 (37.43) (41.27)	7	---	1.31
5:39.67S	AA	F # 513A Male 10-12 400 IM 38.18 1:22.09 2:04.38 2:44.68 3:36.14 4:25.80 5:03.43 5:39.67 (38.18) (43.91) (42.29) (40.30) (51.46) (49.66) (37.63) (36.24)	3	16	-0.22
45.16S	B	F # 611 Male 10-12 50 Breast	---	---	-0.03
36.43S	A	P # 904 Male 10-12 50 Back	---	---	-0.48
Miley, Hannah (17) F					
2:11.62S	AAA	F # 102 Female 15 & Over 200 Back 31.06 1:04.14 1:37.95 2:11.62 (31.06) (33.08) (33.81) (33.67)	1	20	-1.92

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 34.65
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
1:12.38S	AAA P # 108	Female 15 & Over 100 Breast	1	---	-2.10
	34.65 1:12.38				
	(34.65) (37.73)				
1:12.97S	AAA F # 108	Female 15 & Over 100 Breast	1	20	-1.51
	34.97 1:12.97				
	(34.97) (38.00)				
2:13.64S	AAA F # 114	Female 15 & Over 200 Fly	1	20	-2.06
	30.77 1:04.37 1:39.38 2:13.64				
	(30.77) (33.60) (35.01) (34.26)				
2:32.31S	AAA F # 205	Female 15 & Over 200 Breast	1	20	-1.85
	35.23 1:13.55 1:52.97 2:32.31				
	(35.23) (38.32) (39.42) (39.34)				
1:02.78S	AAA F # 211	Female 15 & Over 100 Back	1	20	-0.58
	30.67 1:02.78				
	(30.67) (32.11)				
1:03.98S	AAA P # 211	Female 15 & Over 100 Back	2	---	0.62
	31.30 1:03.98				
	(31.30) (32.68)				
1:02.82S	AAA F # 401	Female 15 & Over 100 Fly	1	20	-0.69
	29.96 1:02.82				
	(29.96) (32.86)				
1:03.58S	AAA P # 401	Female 15 & Over 100 Fly	1	---	0.07
	30.08 1:03.58				
	(30.08) (33.50)				
2:01.37S	AAA F # 407	Female 15 & Over 200 Free	1	20	0.42
	28.58 59.23 1:30.61 2:01.37				
	(28.58) (30.65) (31.38) (30.76)				
4:48.67S	AAA F # 413C	Female 15 & Over 400 IM	1	20	11.55
	32.67 1:09.49 1:44.16 2:18.52 2:58.02 3:38.74 4:15.17 4:48.67				
	(32.67) (36.82) (34.67) (34.36) (39.50) (40.72) (36.43) (33.50)				
2:12.85S	AAA P # 506	Female 15 & Over 200 IM	1	---	-2.31
	30.57 1:03.68 1:42.02 2:12.85				
	(30.57) (33.11) (38.34) (30.83)				
2:13.29S	AAA F # 506	Female 15 & Over 200 IM	1	20	-1.87
	30.45 1:03.77 1:42.56 2:13.29				
	(30.45) (33.32) (38.79) (30.73)				
57.23S	AAA F # 512	Female 15 & Over 100 Free	1	20	-0.82
	28.27 57.23				
	(28.27) (28.96)				
1:00.15S	AA P # 512	Female 15 & Over 100 Free	2	---	2.10
	29.24 1:00.15				
	(29.24) (30.91)				
31.06S	AAA F # 602	Female 15 & Over 50 Back	---	---	-0.06
34.65S	AAA P # 608	Female 15 & Over 50 Breast	---	---	-1.19
34.97S	AAA F # 608	Female 15 & Over 50 Breast	---	---	-0.87
30.67S	AAA F # 711	Female 15 & Over 50 Back	---	---	-0.45
Petursdottir, Nicole (12) F					
1:06.01S	AA P # 106	Female 10-12 100 Free	4	---	-2.48
	31.91 1:06.01				
	(31.91) (34.10)				
1:06.14S	AA F # 106	Female 10-12 100 Free	4	15	-2.35
	32.14 1:06.14				
	(32.14) (34.00)				

Individual Meet Results

ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 44.24

Location: Inverness Aquadome

Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
3:15.53S	DQ	F # 112 Female 10-12 200 Breast 44.24 1:33.80 2:24.54 3:15.53 (44.24) (49.56) (50.74) (50.99)	---	---	---
2:24.49S	AA	F # 201 Female 10-12 200 Free 33.41 1:10.26 1:48.08 2:24.49 (33.41) (36.85) (37.82) (36.41)	5	14	0.85
2:45.54S	A	F # 207 Female 10-12 200 Back 38.78 1:21.31 2:04.12 2:45.54 (38.78) (42.53) (42.81) (41.42)	9	9	-1.84
1:29.81S	A	P # 213 Female 10-12 100 Breast 42.41 1:29.81 (42.41) (47.40)	7	---	0.35
1:30.82S	A	F # 213 Female 10-12 100 Breast 42.89 1:30.82 (42.89) (47.93)	8	11	1.36
1:17.82S	A	P # 403 Female 10-12 100 Back 38.09 1:17.82 (38.09) (39.73)	10	7	-0.98
2:55.92S	A	F # 409 Female 10-12 200 Fly 38.46 1:23.30 2:10.43 2:55.92 (38.46) (44.84) (47.13) (45.49)	6	13	2.18
5:54.64S	A	F # 413A Female 10-12 400 IM 38.97 1:25.17 2:09.41 2:53.32 3:44.83 4:37.27 5:16.73 5:54.64 (38.97) (46.20) (44.24) (43.91) (51.51) (52.44) (39.46) (37.91)	9	9	0.90
2:46.22S	AA	P # 502 Female 10-12 200 IM 37.11 1:19.24 2:09.27 2:46.22 (37.11) (42.13) (50.03) (36.95)	7	---	-0.61
2:47.80S	AA	F # 502 Female 10-12 200 IM 37.64 1:19.96 2:10.21 2:47.80 (37.64) (42.32) (50.25) (37.59)	7	12	0.97
1:16.95S	A	F # 508 Female 10-12 100 Fly 36.57 1:16.95 (36.57) (40.38)	3	16	-1.97
1:17.55S	A	P # 508 Female 10-12 100 Fly 36.16 1:17.55 (36.16) (41.39)	4	---	-1.37
5:26.55S	A	F # 603A Female 10-12 400 Free 35.42 1:15.94 1:58.12 2:39.87 3:22.53 4:04.19 4:45.55 5:26.55 (35.42) (40.52) (42.18) (41.75) (42.66) (41.66) (41.36) (41.00)	10	7	22.70
Pirie, Rachel (14) F					
2:52.64S	B	F # 104 Female 13-14 200 Fly 37.30 1:21.00 2:06.86 2:52.64 (37.30) (43.70) (45.86) (45.78)	12	5	-9.81
10:29.36S	A	F # 215B Female 13-14 800 Free 34.26 1:11.23 1:49.49 2:28.34 3:08.02 3:47.96 4:28.38 5:09.27 (34.26) (36.97) (38.26) (38.85) (39.68) (39.94) (40.42) (40.89) 5:49.34 6:29.22 7:10.17 7:50.99 8:31.24 9:11.83 9:50.99 10:29.36 (40.07) (39.88) (40.95) (40.82) (40.25) (40.59) (39.16) (38.37)	8	11	17.98
2:27.69S	A	F # 411 Female 13-14 200 Free 32.84 1:09.36 1:48.57 2:27.69 (32.84) (36.52) (39.21) (39.12)	21	---	3.04
1:17.65S	B	F # 510 Female 13-14 100 Back	---	---	-0.44

Individual Meet Results

ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 37.24

Location: Inverness Aquadome

Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
2:41.23S	A	F # 510 Female 13-14 200 Back 37.24 1:17.65 1:59.84 2:41.23 (37.24) (40.41) (42.19) (41.39)	20	---	2.42
20:18.43S	A	F # 514B Female 13-14 1500 Free 37.93 1:17.43 1:57.01 2:37.25 3:17.52 3:57.39 4:37.77 5:18.54 (37.93) (39.50) (39.58) (40.24) (40.27) (39.87) (40.38) (40.77) 5:59.36 6:40.50 7:21.62 8:02.77 8:44.09 9:24.85 10:06.24 10:47.70 (40.82) (41.14) (41.12) (41.15) (41.32) (40.76) (41.39) (41.46) 11:28.46 12:09.78 12:50.32 13:30.62 14:12.64 14:53.50 15:33.78 16:15.65 (40.76) (41.32) (40.54) (40.30) (42.02) (40.86) (40.28) (41.87) 16:56.74 17:37.99 18:19.21 18:59.41 19:40.37 20:18.43 (41.09) (41.25) (41.22) (40.20) (40.96) (38.06)	5	14	20.32
5:13.15S	B	F # 603B Female 13-14 400 Free 34.95 1:13.02 1:52.97 2:33.25 3:13.24 3:53.95 4:33.99 5:13.15 (34.95) (38.07) (39.95) (40.28) (39.99) (40.71) (40.04) (39.16)	17	---	10.27
Rennie, Greig (12) M					
37.69S	A	P # 001 Male 10-12 50 Fly	---	---	-0.89
38.04S	B	F # 001 Male 10-12 50 Fly	---	---	-0.54
1:08.45S	A	P # 105 Male 10-12 100 Free 32.90 1:08.45 (32.90) (35.55)	10	7	-3.61
2:59.82S	AA	F # 111 Male 10-12 200 Breast 40.29 1:25.99 2:12.37 2:59.82 (40.29) (45.70) (46.38) (47.45)	5	14	-0.52
2:24.45S	AA	F # 202 Male 10-12 200 Free 34.27 1:11.11 1:47.99 2:24.45 (34.27) (36.84) (36.88) (36.46)	7	12	-4.13
2:49.86S	A	F # 208 Male 10-12 200 Back 40.62 1:24.79 2:07.75 2:49.86 (40.62) (44.17) (42.96) (42.11)	16	1	-3.34
1:25.11S	AA	P # 214 Male 10-12 100 Breast 40.05 1:25.11 (40.05) (45.06)	6	---	-0.75
1:26.20S	AA	F # 214 Male 10-12 100 Breast 40.76 1:26.20 (40.76) (45.44)	7	12	0.34
19:44.89S	AA	F # 303A Male 10-12 1500 Free 36.01 1:15.32 1:55.18 2:35.35 3:15.51 3:55.80 4:36.04 5:16.42 (36.01) (39.31) (39.86) (40.17) (40.16) (40.29) (40.24) (40.38) 5:56.87 6:36.89 7:16.66 7:56.91 8:37.23 9:17.44 9:57.79 10:37.83 (40.45) (40.02) (39.77) (40.25) (40.32) (40.21) (40.35) (40.04) 11:17.98 11:57.87 12:37.82 13:17.41 13:57.05 14:36.32 15:15.89 15:55.22 (40.15) (39.89) (39.95) (39.59) (39.64) (39.27) (39.57) (39.33) 16:33.67 17:12.06 17:50.44 18:28.65 19:06.98 19:44.89 (38.45) (38.39) (38.38) (38.21) (38.33) (37.91)	3	16	-54.05
1:21.78S	A	P # 404 Male 10-12 100 Back 39.75 1:21.78 (39.75) (42.03)	18	---	0.33
4:58.18S	AA	F # 414A Male 10-12 400 Free	---	---	-15.04

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 33.58
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
9:56.77S	AAA	F # 414A Male 10-12 800 Free	5	14	-58.07
		33.58 1:10.61 1:48.41 2:26.44 3:04.60 3:42.56 4:20.29 4:58.18			
		(33.58) (37.03) (37.80) (38.03) (38.16) (37.96) (37.73) (37.89)			
		5:36.32 6:14.39 6:51.91 7:28.77 8:05.91 8:42.93 9:19.91 9:56.77			
		(38.14) (38.07) (37.52) (36.86) (37.14) (37.02) (36.98) (36.86)			
2:42.20S	AA	P # 501 Male 10-12 200 IM	6	---	-3.67
		37.69 1:20.06 2:04.58 2:42.20			
		(37.69) (42.37) (44.52) (37.62)			
2:45.76S	AA	F # 501 Male 10-12 200 IM	7	12	-0.11
		38.04 1:20.59 2:07.00 2:45.76			
		(38.04) (42.55) (46.41) (38.76)			
1:34.41S	B	P # 507 Male 10-12 100 Fly	16	1	8.72
		42.96 1:34.41			
		(42.96) (51.45)			
Rennie, Sarah (15) F					
2:38.98S	A	F # 102 Female 15 & Over 200 Back	17	---	0.62
		38.22 1:18.23 1:58.79 2:38.98			
		(38.22) (40.01) (40.56) (40.19)			
3:16.63S	B	F # 205 Female 15 & Over 200 Breast	15	2	4.99
		45.64 1:35.88 2:26.33 3:16.63			
		(45.64) (50.24) (50.45) (50.30)			
1:15.20S	B	P # 211 Female 15 & Over 100 Back	19	---	0.38
		36.84 1:15.20			
		(36.84) (38.36)			
2:25.02S	A	F # 407 Female 15 & Over 200 Free	19	---	-0.23
		33.88 1:10.58 1:48.18 2:25.02			
		(33.88) (36.70) (37.60) (36.84)			
Smith, David (14) M					
2:37.38S	A	F # 103 Male 13-14 200 Fly	4	15	2.06
		35.18 1:15.36 1:56.56 2:37.38			
		(35.18) (40.18) (41.20) (40.82)			
2:34.85S	A	P # 115 Male 13-14 200 IM	9	9	-0.02
		34.38 1:14.72 2:01.16 2:34.85			
		(34.38) (40.34) (46.44) (33.69)			
4:52.22S	A	F # 117B Male 13-14 400 Free	9	9	8.34
		33.39 1:10.25 1:47.88 2:24.54 3:01.33 3:38.53 4:16.41 4:52.22			
		(33.39) (36.86) (37.63) (36.66) (36.79) (37.20) (37.88) (35.81)			
1:12.70S	B	P # 204 Male 13-14 100 Fly	13	4	1.28
		34.19 1:12.70			
		(34.19) (38.51)			
3:00.50S	B	F # 210 Male 13-14 200 Breast	13	4	1.05
		41.41 1:27.78 2:14.24 3:00.50			
		(41.41) (46.37) (46.46) (46.26)			
2:16.22S	A	F # 412 Male 13-14 200 Free	9	9	-0.07
		32.17 1:07.67 1:42.69 2:16.22			
		(32.17) (35.50) (35.02) (33.53)			
9:41.84S	AA	F # 414B Male 13-14 800 Free	5	14	-1.05
		33.96 1:10.47 1:46.93 2:23.73 3:01.11 3:37.79 4:15.26 4:51.52			
		(33.96) (36.51) (36.46) (36.80) (37.38) (36.68) (37.47) (36.26)			
		5:27.94 6:04.46 6:40.74 7:17.41 7:54.16 8:30.98 9:07.41 9:41.84			
		(36.42) (36.52) (36.28) (36.67) (36.75) (36.82) (36.43) (34.43)			

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 36.84
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
2:29.89S	A	F # 509 Male 13-14 200 Back 36.84 1:14.90 1:53.21 2:29.89 (36.84) (38.06) (38.31) (36.68)	7	12	-3.51
5:13.52S	AA	F # 513B Male 13-14 400 IM 34.49 1:12.36 1:52.95 2:32.14 3:17.35 4:04.34 4:39.58 5:13.52 (34.49) (37.87) (40.59) (39.19) (45.21) (46.99) (35.24) (33.94)	6	13	-9.07
Smith, Michael (17) M					
1:10.03S	AA	F # 107 Male 15 & Over 100 Breast 33.25 1:10.03 (33.25) (36.78)	3	16	-1.48
1:10.91S	AA	P # 107 Male 15 & Over 100 Breast 33.66 1:10.91 (33.66) (37.25)	5	---	-0.60
4:16.86S	AA	F # 117C Male 15 & Over 400 Free 29.37 1:00.99 1:32.81 2:05.08 2:37.92 3:11.31 3:44.84 4:16.86 (29.37) (31.62) (31.82) (32.27) (32.84) (33.39) (33.53) (32.02)	4	15	-7.54
2:35.25S	AA	F # 206 Male 15 & Over 200 Breast 35.24 1:15.06 1:55.64 2:35.25 (35.24) (39.82) (40.58) (39.61)	9	9	-0.70
2:01.64S	AA	F # 408 Male 15 & Over 200 Free 29.18 59.56 1:30.74 2:01.64 (29.18) (30.38) (31.18) (30.90)	7	12	-1.67
2:20.69S	AA	P # 505 Male 15 & Over 200 IM 30.75 1:07.70 1:48.50 2:20.69 (30.75) (36.95) (40.80) (32.19)	11	6	1.81
57.44S	A	P # 511 Male 15 & Over 100 Free 27.84 57.44 (27.84) (29.60)	14	3	-0.83
Stewart, Lorna (11) F					
1:16.54S	A	F # 201 Female 10-12 100 Free ---	---	---	-0.68
2:37.06S	A	F # 201 Female 10-12 200 Free 35.87 1:16.54 1:57.83 2:37.06 (35.87) (40.67) (41.29) (39.23)	18	---	0.54
2:49.85S	AA	F # 207 Female 10-12 200 Back 39.89 1:23.62 2:08.07 2:49.85 (39.89) (43.73) (44.45) (41.78)	16	1	-1.75
1:21.66S	A	P # 403 Female 10-12 100 Back 39.44 1:21.66 (39.44) (42.22)	21	---	-1.82
3:08.97S	A	F # 409 Female 10-12 200 Fly 40.59 1:29.46 2:21.00 3:08.97 (40.59) (48.87) (51.54) (47.97)	12	5	-5.98
Weir, Emma (15) F					
1:27.06S	B	P # 108 Female 15 & Over 100 Breast 41.12 1:27.06 (41.12) (45.94)	16	1	-0.15
1:13.88S	A	P # 211 Female 15 & Over 100 Back 35.88 1:13.88 (35.88) (38.00)	17	---	0.34
1:18.77S	B	P # 401 Female 15 & Over 100 Fly 35.55 1:18.77 (35.55) (43.22)	17	---	0.79

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 32.91
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
Whitehead, Jonas (15) M					
1:10.04S	AAA	F # 107 Male 15 & Over 100 Breast 32.91 1:10.04 (32.91) (37.13)	4	15	-0.89
1:10.50S	AA	P # 107 Male 15 & Over 100 Breast 33.13 1:10.50 (33.13) (37.37)	3	---	-0.43
4:20.81S	AA	F # 117C Male 15 & Over 400 Free 30.44 1:03.18 1:36.08 2:09.19 2:41.69 3:14.91 3:48.24 4:20.81 (30.44) (32.74) (32.90) (33.11) (32.50) (33.22) (33.33) (32.57)	10	7	-3.74
2:34.54S	AA	F # 206 Male 15 & Over 200 Breast 34.95 1:14.55 1:54.39 2:34.54 (34.95) (39.60) (39.84) (40.15)	7	12	-1.98
1:06.05S	A	P # 212 Male 15 & Over 100 Back 32.39 1:06.05 (32.39) (33.66)	11	6	-0.05
1:05.14S	A	P # 402 Male 15 & Over 100 Fly 29.67 1:05.14 (29.67) (35.47)	19	---	0.90
2:07.40S	AA	F # 408 Male 15 & Over 200 Free 30.86 1:02.91 1:35.73 2:07.40 (30.86) (32.05) (32.82) (31.67)	22	---	0.05
9:03.30S	AAA	F # 414C Male 15 & Over 800 Free 30.16 1:03.47 1:37.42 2:11.87 2:46.15 3:20.48 3:54.96 4:29.79 (30.16) (33.31) (33.95) (34.45) (34.28) (34.33) (34.48) (34.83) 5:04.50 5:39.36 6:14.01 6:48.54 7:22.76 7:57.26 8:31.72 9:03.30 (34.71) (34.86) (34.65) (34.53) (34.22) (34.50) (34.46) (31.58)	5	14	-9.01
2:18.68S	AA	P # 505 Male 15 & Over 200 IM 30.27 1:06.43 1:45.70 2:18.68 (30.27) (36.16) (39.27) (32.98)	5	---	0.24
2:19.98S	AA	F # 505 Male 15 & Over 200 IM 30.44 1:07.29 1:47.14 2:19.98 (30.44) (36.85) (39.85) (32.84)	6	13	1.54
58.21S	AA	P # 511 Male 15 & Over 100 Free 28.34 58.21 (28.34) (29.87)	21	---	0.71
5:11.35S	A	F # 513C Male 15 & Over 400 IM 33.70 1:14.25 1:57.48 2:38.52 3:15.74 3:55.38 4:34.44 5:11.35 (33.70) (40.55) (43.23) (41.04) (37.22) (39.64) (39.06) (36.91)	10	7	19.08
32.91S	AA	F # 607 Male 15 & Over 50 Breast	---	---	-0.68
29.67S	AA	P # 902 Male 15 & Over 50 Fly	---	---	-1.10
Whitehead, Phoebe (12) F					
1:06.78S	AA	P # 106 Female 10-12 100 Free 31.82 1:06.78 (31.82) (34.96)	8	---	-1.82
1:07.72S	AA	F # 106 Female 10-12 100 Free 32.75 1:07.72 (32.75) (34.97)	7	12	-0.88
3:18.50S	A	F # 112 Female 10-12 200 Breast 46.38 1:36.89 2:27.44 3:18.50 (46.38) (50.51) (50.55) (51.06)	14	3	5.93

Individual Meet Results
ND Age Group Championships 03-Mar-07 to 04-Mar-07 [Ageup: 04/03/2007] SC Meters 33.43
Location: Inverness Aquadome
Garioch Amateur Swimming Club [NGHX]

Time	F/P/S	Event	Place	Points	Improv
2:22.36S	AA	F # 201 Female 10-12 200 Free 33.43 1:09.89 1:46.37 2:22.36 (33.43) (36.46) (36.48) (35.99)	4	15	-0.22
2:41.91S	AA	F # 207 Female 10-12 200 Back 38.93 1:19.88 2:01.00 2:41.91 (38.93) (40.95) (41.12) (40.91)	3	16	0.20
10:06.32S	AA	F # 215A Female 10-12 800 Free 34.63 1:11.82 1:49.62 2:27.83 3:05.90 3:44.08 4:21.61 4:59.58 (34.63) (37.19) (37.80) (38.21) (38.07) (38.18) (37.53) (37.97) 5:37.64 6:15.93 6:53.95 7:32.33 8:10.81 8:49.38 9:28.10 10:06.32 (38.06) (38.29) (38.02) (38.38) (38.48) (38.57) (38.72) (38.22)	2	17	4.90
1:16.28S	AA	P # 403 Female 10-12 100 Back 37.39 1:16.28 (37.39) (38.89)	4	---	-3.03
1:16.58S	A	F # 403 Female 10-12 100 Back 37.60 1:16.58 (37.60) (38.98)	4	15	-2.73
5:43.38S	AA	F # 413A Female 10-12 400 IM 39.08 1:25.62 2:07.56 2:48.95 3:38.63 4:28.67 5:06.74 5:43.38 (39.08) (46.54) (41.94) (41.39) (49.68) (50.04) (38.07) (36.64)	6	13	2.64
2:58.13S	A	P # 502 Female 10-12 200 IM 40.11 1:24.78 2:18.35 2:58.13 (40.11) (44.67) (53.57) (39.78)	16	1	16.69
19:17.31S	AAA	F # 514A Female 10-12 1500 Free 34.95 1:13.22 1:51.46 2:29.36 3:07.04 3:44.78 4:23.19 5:01.27 (34.95) (38.27) (38.24) (37.90) (37.68) (37.74) (38.41) (38.08) 5:39.54 6:18.22 6:57.14 7:35.38 8:13.99 8:52.40 9:31.51 10:10.45 (38.27) (38.68) (38.92) (38.24) (38.61) (38.41) (39.11) (38.94) 10:49.64 11:28.70 12:08.08 12:47.35 13:26.80 14:06.33 14:45.63 15:24.77 (39.19) (39.06) (39.38) (39.27) (39.45) (39.53) (39.30) (39.14) 16:04.01 16:43.25 17:22.07 18:00.92 18:39.50 19:17.31 (39.24) (39.24) (38.82) (38.85) (38.58) (37.81)	2	17	-17.37
4:51.73S	AA	F # 603A Female 10-12 400 Free 33.52 1:09.69 1:46.60 2:23.61 3:01.17 3:38.55 4:15.63 4:51.73 (33.52) (36.17) (36.91) (37.01) (37.56) (37.38) (37.08) (36.10)	2	17	-1.75
31.82S	AA	P # 606 Female 10-12 50 Free	---	---	-0.48
37.39S	A	P # 903 Female 10-12 50 Back	---	---	-0.80
37.60S	A	F # 903 Female 10-12 50 Back	---	---	-0.59