
22/12/2003

Times from Training

Inverurie

Rachael Adam

200m Front Crawl 2:43.44
800m Front Crawl 12:05.00

Claire Brownie

200m Front Crawl 2:27.25

Caroline Esslemont

200m Front Crawl 3:29.40

Hannah Miley

800m Front Crawl 9:45.62

Kimberley Murray

200m Back Crawl 3:06.78
200m Front Crawl 2:52.64

Emma Weir

800m Front Crawl 13:57.61

Mark Adam

200m Back Crawl 3:18.09
200m Front Crawl 2:53.83

Gordon Esslemont

200m Front Crawl 2:30.07

Ben Maher

800m Front Crawl 9:52.40

Scott Walker

200m Front Crawl 2:49.46

Jonas Whitehead

100m Breaststroke 1:40.17
200m Front Crawl 2:47.55
800m Front Crawl 12:41.93