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**Individual Records Report for SCM-F-S**
**Garioch Amateur Swimming Club [NGHX]**


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**Female 12-12 100 Free**

<b>1:03.68</b>	<b>Hannah MILEY</b>	<b>04/05/2002</b>	<b>NGHX</b>
1:03.57 **	EMILY B. JONES at North District Age Group Meet 2007	08/12/2007	NGHX

**Female 12-12 400 Free**

<b>4:47.05</b>	<b>PHOEBE L. WHITEHEAD at North District Open</b>	<b>02/06/2007</b>	<b>NGHX</b>
4:39.72 **	EMILY B. JONES at North District Age Group Meet 2007	08/12/2007	NGHX

**Female 12-12 100 Back**

<b>1:13.28</b>	<b>EMILY B. JONES at Aberdeen Dolphin Mitchell Trophy</b>	<b>10/11/2007</b>	<b>NGHX</b>
1:11.45 **	EMILY B. JONES at North District Age Group Meet 2007	08/12/2007	NGHX

**Female 12-12 100 Breast**

<b>1:18.42</b>	<b>ORLA L. ADAMS at GASC Club Championships 2007</b>	<b>16/11/2007</b>	<b>NGHX</b>
1:17.49 **	ORLA L. ADAMS at North District Age Group Meet 2007	08/12/2007	NGHX

**Female 12-12 400 IM**

<b>5:19.64</b>	<b>EMILY B. JONES at Aberdeen Dolphin Mitchell Trophy</b>	<b>10/11/2007</b>	<b>NGHX</b>
5:17.87 **	EMILY B. JONES at North District Age Group Meet 2007	08/12/2007	NGHX